

Arunachal IAS Officer Talo Potom surrenders after two-day manhunt in youth suicide case

Itanagar, Oct 27: Senior IAS officer Talo Potom surrendered to the police early Monday morning after a two-day manhunt that had gripped Arunachal Pradesh. The officer, who had been missing since Saturday, turned himself in at around 7:30 am, bringing a temporary end to the tense search operation launched by the state police. Potom is currently in police custody and being questioned in connection with the alleged suicide of a 19-year-old youth, Gomchu Yekar. The Superintendent of Police, Naharlagun, confirmed the surrender, saying that Potom's appearance before the authorities has provided some relief to the ongoing investigation.

The case, however, remains sensitive, having triggered widespread anger, protests, and calls for accountability across the state. Shortly after the surrender, a video statement from Potom surfaced on social media. In the statement, the IAS officer strongly denied all allegations mentioned in Yekar's suicide note, calling them "false and baseless." Potom explained that he had known Yekar during his

time as the Deputy Commissioner of Itanagar Capital Region, when the young man volunteered to help the administration in its anti-drug and youth outreach programmes. According to Potom, Yekar was later appointed as a Multi-Tasking Staff (MTS) to assist in social and administrative work.

The officer said that after he was transferred to New Delhi as Secretary, Public Works Department (PWD), he came to know that Yekar had been involved in a case related to a fake magistrate scam, in which money was allegedly collected from vendors in the name of the administration. Potom said he refused to intervene or offer help when Yekar's wife sought financial assistance and support for his release, insisting that "the law will take its own course." Potom said he was shocked to see his name mentioned in the suicide note and maintained that he had no connection with Likweng Lowang, an Executive Engineer in the Rural Works Department, who also died by suicide recently. He added that his surrender was voluntary and intended to allow a fair and transparent investigation. "I



have full faith in the law and the judiciary," he said in the video. Police sources said that Potom had been absconding since October 25, following the registration of Case No. 92/2025 at the Nirjuli Police Station under sections 108/271/272/3(5) of the Bharatiya Nyaya Sanhita (BNS), 2023. A Look Out Notice had been issued against him the same day. During the search, police traced his

mobile phone signal to his residence, but later found the device in possession of a domestic helper. Investigators suspect Potom had swapped his SIM card to avoid detection. The case has its roots in a suicide note allegedly left behind by Yekar, in which he accused Potom and Lowang of sexual exploitation and mental harassment. The allegations have caused deep outrage in

• *Arunachal Pradesh police officer Talo Potom has surrendered after a two-day manhunt, bringing a temporary end to the ongoing investigation into the alleged suicide of 19-year-old Gomchu Yekar.*
• *Potom denied all allegations in Yekar's suicide note, stating he had known him since his time as Deputy Commissioner of Itanagar Capital Region.*

Arunachal Pradesh, with civil society groups, student bodies, and the youth community demanding immediate justice for the victim. The All Tagin Students' Union (ATSU), led by its General Secretary Vijay Domin, has been at the forefront of the protests. The group joined Yekar's family in seeking swift government action and warned that they would bury Yekar's body at Potom's residence if authorities failed to respond within 24 hours. Speaking outside the TRIHMS mortuary, Domin also claimed that Yekar had contracted HIV/AIDS as a result of the alleged exploitation and appealed to others who might have faced similar abuse to come forward and undergo medical tests.

Nijut Moina 2.0: 3.5 lakh girls receive cheques from the Assam government

Guwahati, Oct 27: In August 2024, the Mukhya Mantri Nijut Moina Asoni plan was first introduced to encourage approximately 10 lakh girls to pursue higher education. At 11 AM, the Arjun Bhogeswar Baruah Sports Complex in Sarusajai will host the central check distribution for the second phase of the program. Dr. Himanta Biswa Sarma, the Chief Minister, will grace the occasion.

This effort was organized by the Department of Higher and School Education. The event's main goal is to empower and encourage ladies to pursue their aspirations of being educated. Among the distinguished attendees will be Education Minister Dr. Ranoj Pegu, as well as several MPs and MLAs, including Smti Bijuli Klita Medhi, Shri Siddhartha Bhattacharjee, Shri Atul Bora, Shri Hemanga Thakuria, and Shri Diganta Kalita. According to sources, this phase will provide financial aid to 3.5 lakh pupils. It will keep highlighting the government's initiatives to support girls' education at



SCERT institutes, secondary schools, and higher education. In the past, 1.6 lakh girls received Rs 133 cr in grants. According to district-level data, the areas with the largest numbers of beneficiaries include Kamrup Metro, Nagaon, Barpeta,

and Cachar. The Assam government is implementing a program aimed at preventing child marriage, promoting emotional maturity, and increasing girls' enrollment in higher education, aiming to safeguard children's rights.

According to IMD, Arunachal will see moderate rainfall on October 29 and 30



Itanagar, Oct 27: On October 29 and 30, Arunachal Pradesh is expected to see thunderstorms and moderate rainfall, according to the India Meteorological Department (IMD). It stated that only light, sporadic rain or thundershowers are anticipated in a few areas, with the weather remaining mostly dry to partly cloudy. Similar conditions are expected on Tuesday, with mostly dry skies and sporadic, light rainy patches.

There are no warnings for either day. Rainfall is predicted to increase starting on Wednesday, with thunderstorms and moderate rainfall anticipated throughout a larger area. Due to the likelihood of scattered to very widespread rain, thunderstorms, and lightning, the IMD has issued a "yellow alert" (be aware) for a number of places. On Wednes-

day, the Tawang, West Kameng, East Kameng, Kurung Kumey, Kra Daadi, Upper Subansiri, West Siang, Lower Siang, Lepa Rada, Pakke-Kessang, and Lower Dibang Valley districts were placed under a yellow alert by the weather service. It is anticipated that Thursday will see widespread rainfall in several areas of the state. The IMD issued a "yellow alert" for many regions, predicting heavy rain in certain areas.

Residents have been warned to be cautious during this time due to the likelihood of thunderstorms and lightning. Tawang, West Kameng, East Kameng, Upper Subansiri, Kra Daadi, West Siang, Lepa Rada, Lower Siang, Pakke-Kessang, Lower Dibang Valley, East Siang, Changlang, Tirap, and Longding are the areas where the IMD has forecasted rainfall on Thursday.

Assam Booths Host Mann Ki Baat Listening Sessions: Assam CM

Guwahati, Oct 27: Assam's Chief Minister, Himanta Biswa Sarma, attended Prime Minister Narendra Modi's Mann Ki Baat episode, broadcast at 26,000 polling places in the state. The program emphasized sustainable habits and the "Ek Ped Maa Ke Naam" tree planting campaign. Modi also highlighted grassroots solutions like the Garbage Cafe initiative in Ambikapur, Chattisgarh.

Oil India to fund construction of 47 girls' toilets in Ri Bhoi schools to boost sanitation and attendance

• *Oil India Limited will fund the construction of 47 toilets for girls in schools in Ri Bhoi district of Meghalaya, as part of its Corporate Social Responsibility (CSR) programme.*

Shillong, Oct 27: In a move aimed at improving sanitation facilities and promoting education for girls, Oil India Limited (OIL) has announced that it will fund the construction of 47 toilets for girl students in schools across Ri Bhoi district of Meghalaya. The initiative is part of the company's Corporate Social Responsibility (CSR) programme and is expected to address the shortage of dedicated toilets for female students in several government schools. According to officials, a Memorandum of Understanding (MoU) was signed on October 24 between representatives of Oil India Limited and Ri Bhoi Deputy Commissioner Abhilash Baranwal. As per the agreement, the state-run energy major will

provide around ₹72 lakh to finance the construction of the toilets in selected schools that currently lack proper sanitation facilities for girls. Speaking on the occasion, Deputy Commissioner Abhilash Baranwal said that the project was inspired by a visit earlier this year by Union Petroleum and Natural Gas Minister Hardeep Singh Puri, who had drawn attention to the poor toilet infrastructure in some schools in the district. Baranwal said the new initiative would help create a healthier and more comfortable environment for girl students and encourage them to attend school regularly. "The lack of proper sanitation has been one of the main reasons for absenteeism among female students, especially in rural areas," Baranwal noted. "With this project, we are hopeful that the attendance and participation of girls in schools will see a positive rise." The construction of the toilet facilities will be jointly monitored by the



Ri Bhoi District Administration and Oil India Limited to ensure that the work is completed on time and meets

quality standards. Officials have stated that the project is expected to be completed by December 2025.

In Brief

Seize huge arms cache in Mizoram

Aizawl: Assam Rifles have retrieved a large cache of weapons and ammunition from Mizoram, following a search operation in Saikhumpai villages in the Champhai District. The operation, based on intelligence inputs, led to the discovery of a hidden cache of weapons, including Myanmar-made assault rifles, shotguns, point 22 rifles, hand grenades, and mortar tubes. The cache also contained 45 live rounds, 15 rounds of mortar, anti-personnel mines, radio sets, and a charger. The confiscated firearms and ammunition were handed over to Mizoram Police for further examination and legal action.

Manipur Police arrest six militants

Imphal: Manipur Police arrested six militants from banned outfits in coordinated operations across Thoubal, Imphal West, Bishnupur, and Kakching districts on October 26. The operations were conducted based on intelligence inputs and recovered incriminating materials such as mobile phones, SIM cards, demand letters, seals, and other communication devices. The raids aimed to dismantle insurgent networks and curb extortion activities.

Accident

Agartala: Two motorcycles collided in Tripura, killing three people, including a girl, and injuring another. The accident caused a traffic jam and led to multiple fatalities in the area. Locals are calling for speed-control measures and warning signs to prevent further fatalities.

Ravi Sarma Calls for Justice for Zubeen Garg

Guwahati, Oct 27: Assam's famous music legend Zubeen Garg, whose untimely death has caused tremendous grief and indignation throughout Assam and even beyond, was honored on Sunday with a huge condolence meet at Amranga Barihat Mini Stadium in South Kamrup. Hundreds of people came to light candles and say prayers at the event, which was organized by the Brihator Amranga Barihat Nagarik Mancha and neighborhood organizations. Zubeen's close friend, renowned actor Ravi Sarma, made a strong speech denouncing political meddling and calling for justice. "No one should use political power to get away," Sarma stated, "I am not afraid of death, and we want justice for Zubeen." Let them kill me if they want to because I said the truth. He clarified that he has no personal political ambitions and criticized attempts to politicize Zubeen's murder while defending his family's right to political freedom. "This is the land of Sankardeva and Ajan Fakir," Sarma remarked, calling for harmony and peace. In Assam, Hindu-Muslim politics would not be permitted. Residents yelled anti-injustice and anti-truth slogans during the evening's silent candlelight march, vowing to keep up the struggle for justice for "Pranor Xilpi" Zubeen Garg.

NATIONAL

INDIA bloc not significantly involved in Prashant Kishor race

NDA vs Jan Suraj dominates

Patna, Oct 27: Prashant Kishor has criticized Rashtriya Janata Dal (RJD) leader Tejashwi Yadav's poll promises in the upcoming Bihar assembly election, stating that they have no sense and are only making announcements to become relevant.

He claimed that voters are moving beyond fear-driven choices between Nitish Kumar-BJP and Lalu Yadav-RJD, offering a leaderless, caste-neutral alternative focused on Bihar's youth. Kishor argued that a new political history awaits in Bihar, and that the era of fear-driven choices is coming to an end.



Kishor also criticized Yadav for being called "nayak of Bihar" on social media by his supporters, stating that the people of Bihar know which people have brought Bihar to this state.

He also argued that if the INDIA bloc is voted to power in Bihar, the Waqf (Amendment) Act would

be "thrown into the dustbin" and that allowances of the representatives of the state's Panchayati Raj system would be doubled if the alliance comes to power.

Bihar assembly election voting is taking place in two phases, with counting of votes scheduled for November 14.

Shah will establish the Maharashtra BJP office, but the opposition challenges the land deal

Mumbai, Oct 27: Union Home Minister Amit Shah is set to inaugurate a new BJP headquarters in Mumbai's Churchgate, despite opposition questions about land acquisition. UBT lawmaker Sanjay Raut questioned the Mumbai civic body's approvals and claimed the land was reserved for residential purposes in a letter to Shah.

Raut said the Brihanmumbai Municipal Corporation (BMC) leased the land in 1902 during the British era. He added that the Maharashtra State Co-operative Finance Corporation had 54% of the land, and four members of a family had 46%. Raut said the corporation applied for a renewal when the lease ended in



2001, but the family did not. He added that it was later found that the family had mortgaged the land with some banks without BMC's knowledge. In 2017, the BMC took up the matter, and there had been no action since. Raut said the builder Eknath Realtor suddenly applied for 46% of the land in April 2025, and BMC approved it within four days. He added that

the builder applied for the rest of the land from the corporation, and that too was approved. Raut said Eknath Realtors received the land with transfer charges of ₹21.35 crore.

Raut said the application to transfer the land for the state BJP headquarters was made on May 21, and it was approved a day later. "On May 31, the process to transfer the land to the BJP

was completed," said Raut.

State BJP leader Raut has accused the party of approving the state headquarters land at a rapid pace, despite public interest decisions still pending. Nationalist Congress Party lawmaker Rohit Pawar echoed Raut's concerns, stating the land was leased for 99 years and was allegedly unsafe. BJP state media wing chief Navnath Ban denied the allegations, stating the party paid over ₹80 crore for the land and followed all legal processes. He referred to the Matoshree 2.0 project as a five-star home, referring to Udhav Thackeray's home. Ban urged Raut to recall the approval of the land before making misleading statements.

Pharmacist attack on Kanpur law student

Lucknow, Oct 27: A 22-year-old law student was brutally attacked in Kanpur, Uttar Pradesh, after an argument at a local pharmacy escalated into a violent attack. The attack left the student's stomach split open and two fingers chopped. The pharmacy owner, Amar Singh Chauhan, his brother Vijay Singh, and two associates attacked Chandel. The student was rushed to four hospitals, where he was refused treatment due to his critical condition. After a two-hour surgery, he received 14 stitches on his head and remains critical. Police have arrested three of the accused, including the shop owner, and the search for the fourth is ongoing.

Rajasthan officer fakes wife's job

Jaipur, Oct 27: A controversy has emerged in Rajasthan over a woman, Poonam Dixit, who was allegedly earning a salary of ₹37.5 lakh as an alleged employee without ever working for the firms. Poonam Dixit, the wife of Pradyuman Dixit, a joint director in the state's Department of Information Technology, is posted at RajComp Info Services Ltd, a consulting organization owned by the Rajasthan government. The Anti-Corruption Bureau (ACB) launched an investigation in July this year, revealing that Pradyuman Dixit allegedly accepted illegal money through his wife, who was falsely shown as an employee of two private firms, OrionPro Solutions and Treegen Software Limited, which had secured government tenders. The probe found that both companies sent money to Poonam Dixit's personal bank accounts between January 2019 and September 2020, with one company paying her a regular salary and the other disguised its payments as 'freelancing' work.

The dispute over missing gold and the Sabarimala temple

Kochi, Oct 27: Kerala's high court-constituted special investigation team has arrested at least two individuals in a case involving the misappropriation of gold from gold-plated copper sheets at the Sabarimala Sree Ayyappa temple. The temple, located in the Periyar Tiger Reserve, holds significant significance among Hindus, particularly devotees of Ayyappa from South India. The temple is unique in that it is only open during specific festivals, such as the Mandalam festival, Makaravilakku festival, annual festival in April, and the first five days of every Malayalam month, limiting its 365-day calendar.

Sabarimala Temple in Kerala is known for its tradition of prohibiting women of menstruating age between 10 and 50 from entering the temple. The Supreme Court overturned this ban in 2018, but protests continued in Kerala, with parties like Congress and BJP supporting the ban. The

After undergoing repair work, the gold-plated panels and two 'peedams', originally weighing 42.80 kg, have reverted to a weight of 38.25 kg.

temple's heavy pilgrim rush during the 41-day Mandalam season, which starts on the first day of the Malayalam month of Vrishchikam (mid-November), has led to controversy. The Travancore Devaswom Board (TDB) administers the shrine, which has a significant spiritual significance among Kerala's millions of faithful.

In September, the high court reported that gold-inlaid copper panels covering the 'dwarapalaka' (door guardian) sculptures were taken out of the temple premises and escorted to a private firm named Smart Creations in Chennai for renovation without permission from the court or the Devaswom bench of the high court. This decision was also a violation of the

TDB sub-group manual, which stated that all repair works of that nature must be carried out within the temple premises itself.

The gold-plated panels and two 'peedams' weighed only 38.25 kg when returned from the Chennai-based firm in 2019, when originally they weighed 42.80 kg. The high court found that the gold-plated panels were recorded as mere 'copper sheets' in an official TDB document, another glaring lapse found by the high court.

The high court has ordered separate probes first by the chief vigilance and security officer (CVSO) of Sabarimala and followed by the special investigation team (SIT) of the Kerala police headed by S Sasidharan. The court has observed that the irregularities are "of the gravest nature," striking at the very core of the integrity and transparency that must guide the administration of a temple of such sanctity and public trust.

Justice Surya Kant to be India's next Chief Justice

Chandigarh, Oct 27: Justice Surya Kant is set to become the next Chief Justice of India, following Chief Justice Bhushan R Gavai's recommendation. Kant, born on February 10, 1962, in Hisar, Haryana, has a strong academic background and administrative acumen. He graduated from Government Post Graduate College, Hisar, and earned his law degree from Maharishi Dayanand University, Rohtak.

Kant began his career at the Hisar district court before moving to the Punjab and Haryana High Court in 1985. He specialized in constitutional, service, and civil matters and represented several major public institutions. In 2000, Kant became the youngest Advocate General



of Haryana at 38 and was designated a Senior Advocate the following year. He served as a judge of the Punjab and Haryana High Court for over 14 years, known for his rigorous work ethic and judgments that combined constitutional precision with social awareness. In 2018, he took over as Chief Justice of the Himachal Pradesh High Court and

was elevated to the Supreme Court of India in May 2019.

Kant has been part of several constitution benches and contributed to landmark rulings, including the 2023 verdict upholding the abrogation of Article 370. He has participated in over 1,000 judgments spanning constitutional law, human rights, and administrative issues. Kant serves as the Chairman of the Supreme Court Legal Services Committee and as Visitor of the National University of Study and Research in Law, Ranchi. His appointment will also mark continuity in the seniority-based system of succession under the Memorandum of Procedure (MoP) that governs judicial appointments.

Massive hotel fire in Moradabad

Moradabad, Oct 27: A massive fire broke out in a Clarks Inn Hotel restaurant in Moradabad, involving four gas cylinders that exploded. Around 16 people were rescued, including four women and two children, and a dog. The cause of the fire remains unknown. Seven patients were brought to the hospital.



Supreme Court criticizes states for stray dog inaction

New Delhi, Oct 27: The Supreme Court has criticized state governments and Union Territories for failing to file compliance affidavits in the ongoing stray dog case, warning that their apathy is tarnishing India's global image amid ongoing attacks.

A three-judge special bench, comprising Justices Vikram Nath, Sandeep Mehta, and NV Anjaria, directed the chief secretaries of all states and Union Territories, except West Bengal and Telangana, to personally appear before the court on November 3 to explain the non-compliance. The court will not hesitate to

impose costs for the continuing non-compliance. The case has expanded from Delhi-NCR to the entire country, directing states and Union Territories to catch, sterilise, vaccinate, and release stray dogs as part of a humane population control programme.

However, with only three compliance affidavits filed so far, the bench noted widespread non-compliance and a failure of representation from most states and UTs. The matter will next be heard on November 3, when the Court will decide further action based on the explanations from the state and UT chief secretaries.

Bhojpuri Singer-Actor Khesari Lal Yadav's stance on Religion and Voting

Patna, Oct 27: Bhojpuri singer-actor and Rashtriya Janata Dal (RJD) candidate Khesari Lal Yadav has stated that he is not against any religion but is opposed to those who instigate people in the name of religion. This comes after indirect criticism from Bhojpuri star and Bharatiya Janata Party (BJP) MP Ravi Kishan, who accused Khesari of speaking against Sanatan Dharma. Khesari Lal Yadav defended his views, stating that while a temple is important, college, education, hospitals, and people's livelihood are also important. He questioned the impact of just building a temple on employment and the Bhojpuri industry. Ravi Kishan later criti-



Yadav emphasized that Ravi Kishan is like an elder brother to him, capable of saying anything.

cized Khesari for selling the Bhojpuri industry and claiming that the opposition has sold the Bhojpuri industry. He criticized Khesari for not raising his voice against the Ram Temple and the upcoming temple of Mother Janaki, stating that he had worked in the Bhojpuri cinema and

earned money. Khesari Lal Yadav, who is a member of the Rashtriya Janata Dal, joined the party just ahead of the Bihar Assembly polls. Bihar will go to the polls in two phases on November 6 and 11, with the counting of votes set to take place on November 14.

"No autopsy until 6 am": The case of a Maharashtra doctor who committed suicide is complicated

Mumbai, Oct 27: The death of a 29-year-old doctor in Maharashtra's Satara is a complex case with multiple allegations and counterclaims. The doctor, a medical officer in a government hospital in Phaltan, was found hanging in a hotel room last week. A suicide note was found on her palm, alleging that Phaltan City police station sub-inspector Gopal Badane had raped her four times and her landlord's son, Prashant Bankar, physically and mentally harassed her for five months.

The doctor's cousin claims that no one was present to perform her postmortem until 6 am when she died, and the family suspects another suicide note, claiming that the deceased had been keeping distress and complaint notes in writing. The victim's family has demanded a special investigation team (SIT) probe, with a woman officer from outside the state.

Satara Police have arrested both the alleged accused, sub-inspector Gopal Badane and Prashant Bankar, in connection with the



case. Police officials claim that the doctor did not cooperate with them in these procedures and that she often declared accused persons unfit without sufficient grounds. The doctor's relationship with Prashant Bankar had turned sour in recent weeks, and Bankar's sister alleged that the doctor had proposed marriage to him after they grew closer in the last month.

DMK leader's jibe at karur victim families meeting

Chennai, Oct 27: Dravida Munnetra Kazhagam spokesperson TKS Elangovan has criticised Tamilaga Vettri Kazhagam (TVK) Chief Vijay for holding a meeting with families of victims of the Karur stampede at a hotel in Mahabalipuram. The incident occurred at Velusamy-puram on the Karur-Erode Highway after a large crowd gathered for a political rally. Elangovan said that Vijay lacks the courtesy to visit and console the affected people at their residences and instead wants to do "politics from home." The 41 people who died in the Karur stampede included 18 women, 15 men, five girls, and five boys.

The Supreme Court of In-



dia has ordered a Central Bureau of Investigation (CBI) to investigate the case, and a three-member committee, headed by former Supreme Court judge Justice Ajay Rastogi, has been ordered to monitor the CBI probe and ensure an independent and impartial investigation into the tragedy.

Police in the Delhi riots conspiracy case are asked by the SC to consider granting bail

New Delhi, Oct 27: The Supreme Court has asked the Delhi Police to consider whether the accused in the 2020 riots conspiracy case could be released on bail, pointing out that most of them have already spent nearly five years in custody. The bench of Justices Aravind Kumar and NV Anjaria told Additional Solicitor General (ASG) SV Raju that the consideration of bail is only about the consideration of bail. The court directed the police to submit their reply by this week and listed the matter for hearing on Friday (October 31).

Declining the request of Raju, the bench said enough time had already been granted. The court urged the Delhi Police to also "examine if you can think of coming out with something..." an implicit nudge to consider granting bail



on concession, especially in view of the long incarceration and delay in the trial. Senior advocates Kapil Sibal, Abhishek Manu Singhvi, Siddharth Dave, and Siddharth Agarwal, appearing for the accused, stressed that the petitioners had been behind bars for over four to five years, with the trial proceeding at a glacial pace.

The Delhi High Court rejected nine persons' bail pleas on September 2, describing their roles in the alleged conspiracy as "prima facie grave". The high court observed that both Khalid and Imam were among the first to mobilise protests against the Citizenship Amendment Act (CAA) in December 2019 through speeches,

pamphlets, and WhatsApp groups, which later morphed into a conspiracy to trigger violence. The Delhi Police, represented by Solicitor General Tushar Mehta and special public prosecutor Amit Prasad, termed them "intellectual architects" of the conspiracy. They have consistently maintained that they were exercising their constitutional right to protest and had no role in fomenting violence. They have argued that their prolonged incarceration amounts to punishment without trial, with multiple supplementary charge sheets filed and dozens of witnesses still to be examined. They have also sought parity with student activists Natasha Narwal, Devangana Kalita, and Asif Iqbal Tanha, who were granted bail by the Delhi High Court in 2021.

Delhi hospital staff alleges raped by delivery boy

New Delhi, Oct 27: A 27-year-old woman from Delhi has accused a delivery boy, Aarav Malik, of raping her after he befriended her on Instagram. The delivery boy, who allegedly acted as an Army Lieutenant, allegedly stayed in regular contact with the woman between April 30 and September 27, falsely claiming to be stationed in Kashmir.

Aarav then visited the woman at her home, offered her food, and allegedly sexually assaulted her. The woman, an employee at Safdarjung Hospital, is seeking justice for her alleged abuse. Aarav Malik is under arrest and a case under relevant sections of rape, criminal intimidation,

•A woman, an employee at Delhi's Safdarjung Hospital, filed a complaint against Aarav Malik, whom she met on Instagram.

cheating by personation and fraud was registered against him on October 16. While he deceived the woman by posing as an Army Lieutenant, Aarav actually worked as a delivery boy for a popular e-commerce website.

According to police, he revealed during questioning that he had purchased an Army uniform online from a shop in Delhi Cantt. In a separate incident, a teen MBBS student was allegedly raped by a 20-year-old man at a ho-

tel in Delhi. The 18-year-old student hailed from Haryana's Jind and was studying in the city. She alleged that she was invited to a hotel by the accused in Adarsh Nagar under the pretext of attending a party, and was allegedly administered intoxicants, wrongfully confined sexually assaulted.

The accused, along with his associates, took obscene photos and videos and blackmailed her by threatening to make them public, she alleged in her complaint. The accused also forced the woman to accompany him multiple times and committed repeated acts of sexual assault, intimidation, and harassment.

Tripura Police suspends constable over bribery allegations, launches departmental inquiry

Agartala, Oct 27: A constable of the Tripura Police has been suspended from duty following serious allegations of bribery and misconduct. The constable, identified as Amir Khan Bhuiya, was posted in West Tripura district when the allegations surfaced, officials said on Sunday. According to an official statement issued by the Tripura Police, a criminal case has been registered against Constable Bhuiya and four other individuals.

The case has been filed under Am-tali Police Station Case No. 2025/AMT/111, dated October 26, 2025,

under various sections of the Bharatiya Nyaya Sanhita (BNS) Act, 2023, including Sections 329(3), 324(3), 117(2), 351(2), and 3(5). Police said that investigations are ongoing, and further details will be made public once the inquiry progresses. The statement from the police headquarters further mentioned that, apart from the criminal proceedings, a departmental inquiry has been initiated against the suspended constable. The inquiry aims to examine his alleged involvement in illegal activities and misuse of position during his posting

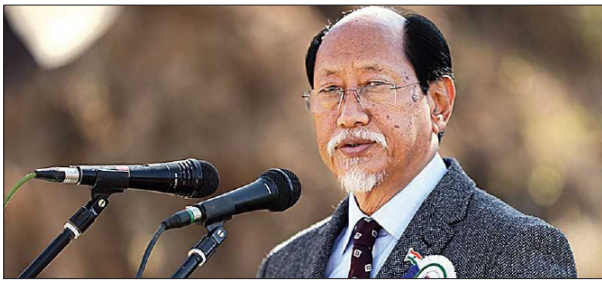
at the office of the Superintendent of Police, West Tripura.

The suspension order was formally issued by West District Superintendent of Police, Namit Pathak, who stated that during the suspension period, Constable Bhuiya's headquarters will remain at the A.D. Nagar Police Lines, under the control of the Assistant Commandant, District Armed Reserve (DAR), West Tripura. The order also directs the constable to maintain strict discipline and comply with departmental rules and regulations during his suspension.

Nagaland CM Urges Sustainable, Naga-Inspired Architecture

Kohima, Oct 27: Nagaland Chief Minister Neiphiu Rio has called on architects in the state to design buildings and spaces that combine safety, sustainability, and Naga cultural identity. Speaking at the 25th anniversary celebration of the Association of Nagaland Architects (ANA) in Chümoukedima, Rio said that architecture should not only focus on modern development but must also reflect the spirit and traditions of the people of Nagaland. The event, held under the theme “Celebrating Community, Nurturing Creativity,” brought together architects, engineers, students, and design professionals from across the state. Rio, who attended as the Guest of Honour, said that architecture plays a key role in shaping not just buildings but also communities. He

reminded the gathering that architects are “not just designers of structures but custodians of heritage and interpreters of culture.” Rio urged architects to give equal importance to safety standards and eco-friendly methods in all construction projects. He pointed out that Nagaland falls under Earthquake Zone 5, which makes safety a non-negotiable aspect of design and construction. “Safety cannot be compromised in a state so prone to natural disasters,” he said, calling for stronger disaster-resilient infrastructure. The Chief Minister also encouraged architects to empower local youth, masons, and artisans by training them in new building techniques that are both modern and environmentally responsible. “By empowering our local workforce, you are



not just constructing buildings; you are constructing careers and strengthening our economy,” he said. Before addressing the audience, Rio inaugurated an exhibition of home and décor materials organized by ANA as part of the celebration.

He recalled the early efforts of the association in developing building by-laws and development control regulations, which helped Nagaland move toward more organized and safer urban growth. Rio lauded ANA's journey

from a small group of professionals to a respected organization with over 120 registered architects now working in government, private, and entrepreneurial sectors. He described the construction industry as one of the biggest employment generators in Nagaland and stressed the need to align growth with sustainability and cultural respect. “Architects must innovate responsibly and design structures that honor our roots while using the best of modern technology,” Rio added.

Kalita Community Rallies in Nalbari for Land, Education Rights

Nalbari, Oct 27: Hundreds of people from the Kalita community gathered in Nalbari on Sunday to take part in a large protest demanding land rights, better access to education, and recognition as a Scheduled Tribe under the Indian Constitution. The protest, which was peaceful but strong in message, was organized by the Kalita Janagosthi Sanmilan. The rally started from the Government Higher Secondary School playground and moved through the main streets of Nalbari town. Many men, women, and students carried banners and placards with messages such as “Land for Kalitas, Justice for Kalitas” and “Education is Our Right.” The slogans echoed through the town as people voiced their long-standing frustrations over what they described as decades of neglect by the authorities. Leaders of the Kalita Janagosthi Sanmilan said that the protest was not meant to serve any political purpose but was an appeal



for justice and equality. They stressed that the Kalita community has been struggling for years to be recognized as a Scheduled Tribe so that its members can benefit from constitutional safeguards meant for indigenous and underprivileged groups. One of the speakers at the rally said, “Our demand is simple — we want the government to hear our voice and give us our rights. We have waited for years, but nothing has moved forward.” The

leaders also warned that if the government does not take action soon, the movement will spread to other parts of Assam. The protest comes a day after the Sanmilan submitted a memorandum to Assam Chief Minister Himanta Biswa Sarma on October 25. The document once again asked the state government to take immediate steps to recognize the Kalita community as a Scheduled Tribe. The memorandum mentioned that the demand is not new and that the

community has been raising this issue for decades. It also pointed out that earlier representations were made to the President of India in 1988, and later to the Union Ministry of Tribal Affairs and the Union Ministry of Home Affairs in 2015. In 2016, community leaders had also met senior national leaders, including Rajnath Singh, to discuss the matter. However, despite all these efforts, no significant progress has been made till now. According to the Sanmi-

lan, the state government has still not formed the expert committee that is required to examine their case and recommend action. The group has urged the Chief Minister to create this committee at the earliest, study all the supporting documents, and pass a resolution in the Assam Legislative Assembly to forward the proposal to the Central Government. Speakers at the event said that the Kalita community's demand is based on fairness and survival. They said that without recognition and proper land rights, many families face difficulties in education, employment, and development. Community leaders also thanked the youth and students who joined the march, saying that their participation shows growing awareness and unity within the Kalita community. They expressed hope that the government will take their concerns seriously this time and start the necessary steps to bring justice.

Girl among three killed in Tripura bike collision

Agartala, Oct 27: Two fast motorcycles collided head-on in Tripura on Sunday, killing three people—including a girl—and badly injuring another, according to authorities.

According to a police official, two fast-moving motorcycles crashed head-on late on Saturday night near Charilam along National Highway-8 in the Sepahijala district.

There were two riders on each two-wheeler. “The impact of the collision was so severe that the loud crash brought people rushing out of their homes,” the police officer added, quoting local residents.

They discovered the dead of three young people, including a tribal girl, strewn about the area, along with two damaged motorcycles on the road. The Bishramganj and Bishalgarh fire departments were promptly notified by the locals. After racing to the scene, Bishalgarh firefighters transported the corpses and injured to the Bishalgarh Sub-Divisional Hospital.

Locals in a private vehicle drove one of the injured to the hospital. A police squad from Bishalgarh Police Station, under the command of Sub-Inspector Rammohan Debbarma, arrived at the scene shortly after the accident.

Three youths have died in a traffic accident on the national highway in Agartala, India. Indrajit Das, Rakesh Debbarma, and Risha Debbarma were killed, while Titon Das sustained serious injuries. The accident caused a traffic jam and has led to multiple fatal accidents in the area. Local residents are calling for speed-control measures and warning signs along the accident-prone highway to prevent further fatalities.

GNRC NephroCon 2025 unites experts to advance kidney care in Northeast India

Guwahati, Oct 27: GNRC Hospitals successfully hosted GNRC NephroCon 2025, a premier multispecialty academic convention dedicated to the future of nephrology, at the NEDFi Convention Centre in Guwahati on Saturday, October 25. The day-long event witnessed the participation of over a hundred leading nephrologists, urologists, and internal medicine specialists from across India, with a strong focus on innovations and collaborative approaches to kidney care in the Northeast. The conference brought together some of the most distinguished names in the field, including Dr Sanjiv Saxena (Chairman & Head, PSRI Institute of Renal Sciences, New Delhi), Professor Dr Dilip Kumar Pahari (Senior Consultant Nephrologist, Manipal Hospital E.M. By-pass), and Dr Sreeharsha Harinatha (Robotic & Transplant Urologist, Kauvery Hospital, Bangalore), among several other renowned experts. Organized under the leadership of Dr Neeraj Nirala, Consultant Nephrologist, GNRC Hospitals – Dispur, who also served as the Organising Secretary, the convention acted as a vibrant academic platform for sharing insights on the latest advances in kidney disease management, dialysis, and transplantation. In



his address, Dr Nirala delivered a special session on the “Journey of Nephrology in GNRC and Northeast India”, emphasizing GNRC's pioneering role in making quality renal care accessible and affordable. “Our mission has always been to ensure that no individual in the Northeast is deprived of quality renal care because of cost or distance. Through GNRC NephroCon 2025, we sought to build stronger collaborations among nephrologists to further that mission,” said Dr. Nirala. The scientific sessions covered a diverse range of topics including robotic kidney transplantation, antibody-mediated rejection, peritoneal dialysis, anaemia management in CKD, and arteriovenous fistula creation by nephrologists. Two high-level panel discussions delved into “Acute Kidney Injury in Different Specialties” and “Chronic Kidney Disease – Managing from Primary Level to Specialist Level.”

Manipur Police arrest six militants in major crackdown across four districts

Imphal, Oct 27: In a major crackdown against insurgent activities, Manipur Police arrested six militants belonging to banned outfits in a series of coordinated operations carried out across Thoubal, Imphal West, Bishnupur, and Kakching districts on October 26. The raids were part of an ongoing effort to dismantle insurgent networks and curb extortion activities that have been troubling civilians and officials in the valley region. According to police officials, the operations were conducted simultaneously based on specific intelligence inputs about the movement of militants and their illegal activities. Security personnel recovered a range of incriminating materials, including mobile phones, SIM cards, demand letters, seals, and other communication devices during the arrests.

In the first operation at Heirok Part-II, Khangarok, in Thoubal district, police arrested Bhramahacharimayum Ratankumar Sharma, also known as Mangal, aged 43. He was identified as an active member of the Revolutionary People's Front/People's Liberation Army (RPF/PLA). Officers recovered two mobile phones and two SIM cards from his residence. In another operation in Wangjing, also in Thoubal district, police detained Haobijam Thoibi Devi, 35, also known as Chanu, who was identified as an active woman cadre of the Kangleipak Communist Party (Progressive Wing Group) or KCP (PWG). According to police, she was actively involved in extortion activities targeting business owners and government staff in the district. During the search, officers seized 59 demand letters, two official seals, two stamp pads, a mobile phone with SIM card, and several documents linked to the banned group. In Imphal West district, two militants from the People's Rev-



Manipur Police arrested six militants from banned outfits in coordinated operations across Thoubal, Imphal West, Bishnupur, and Kakching districts on October 26.

olutionary Party of Kangleipak (PREPAK) were arrested at Thongkhong Luxmi Bazar. The arrested individuals were identified as Longjam Yaiphaba Angom, aged 30, also called Nanao, and Oinam Henba Singh, aged 37. Police said the duo had been threatening government officials, medical staff, and college employees to extort money in the name of the group. During the raid, officers seized a white Hyundai Verna (registration MN05A 6564), two mobile phones, and an Aadhaar card. Meanwhile, in Kakching district, police detained two suspected members of the Kangleipak Communist Party (MFL) from the Hiyanglam Terapishak Sekmajin area. The arrested individuals were identified as Elangbam Lamyamba Meitei, 29, also known as Abungcha, and Laishram Indrakumar Singh, 25. They were reportedly engaged in collecting money from local traders and transporters on behalf of their outfit. Police recovered two mobile phones and an Aadhaar card from them.

Gauhati HC Orders Report on Mizoram Highway Repairs

Aizawl, Oct 27: The Aizawl bench of the Gauhati High Court has directed the contractor in charge of repairing the Sairang-Kawnpui stretch of National Highway-306/06 to submit a detailed report on the progress of the ongoing work. The court's directive came after reviewing a public interest litigation (PIL) filed by the Mizoram Truck Driver Association, which raised serious concerns about the poor condition of the road and its impact on commuters, transporters, and the general public. The two-judge bench, during the hearing held on October 24, instructed the contractor, MSJ Infotech, to file an affidavit by October 31 outlining the exact status of the repairs and a clear timeline for completion.

The bench observed that despite repeated assurances and allocated funds, the highway remains in a dilapidated state, causing inconvenience and posing safety risks to both heavy and light vehicle users. The Sairang-Kawnpui stretch, which forms a vital link between Aizawl and other parts of Mizoram, has long been a source of frustration for truck drivers and travelers due to its deteriorating surface, frequent landslides, and pothole-ridden stretches. The Mizoram Truck Driver Association, in its PIL, pointed out that the damaged road not only hampers transportation but also leads to increased vehicle maintenance costs, delays in goods delivery, and road accidents. During the hearing, the court noted that if MSJ Infotech fails to submit the required affidavit within the stipulated deadline, officials from the National Highways and Infrastructure Development Corporation Limited (NHIDCL) would be required to appear before the court in person at the next hearing scheduled for November 6.

The bench made it clear that accountability would be enforced if delays continue without valid justification.

Tezpur Univ Stands for Environment Protection

Tezpur, Oct 27: Tezpur University held a cultural procession against deforestation and environmental destruction. The Tezpur University Teachers' Association (TUTA), Tezpur University Non-Teaching Employees' Association (TUNTEA), and the student fraternity united to raise their voices against the situation. The university, known for its biodiversity and lush greenery, has undergone significant ecological



destruction under the absconding Vice Chancellor, Prof. Sambhu Nath Singh's leadership. Singh ordered the removal of important trees and bamboo patches, and the administration's large-scale grass-planting, which was criticized for being superficial and lacking a long-term vision. The rally highlighted the acts of negligence and environmental mismanagement, with participants invoking the philosophy of Jadav Payeng, the ‘Forest Man of India’, and celebrating his message of afforestation and ecological balance. Namami Sarma, an active member of TUTA, stated that cutting down trees around the campus is an insult to the university's foundation and heritage. The protestors reaffirmed their commitment to restore integrity, justice, and ecological consciousness within the institution, urging action against the VC's alleged wrongdoings and ensuring the institution's integrity and foundational ethos remains protected for generations to come.

By November, SpiceJet plans to treble its capacity and run 250 daily flights

New Delhi: Low-cost airline SpiceJet said on Monday that it will operate 250 daily flights during the Winter Schedule 2025, doubling it from 125 daily flights in the preceding Summer Schedule, and 150 daily flights during the last winter season. The airline expects to reach this peak of 250 daily flights once all 19 leased aircraft have been inducted into its fleet and joined operations in the coming weeks. The expanded schedule will be rolled out in a phased manner starting October 26, 2025, said the airline in a statement. By November 2025, SpiceJet also aims to more than double its operational fleet and triple its available seat kilometres (ASKMs) to strengthen its presence across new domestic and international destinations. The aggressive expansion plan at SpiceJet comes as the carrier's market share in the domestic aviation market declined to just 2% in August, reflecting ongoing challenges for the airline.



"The new schedule makes international leisure travel easier with the launch of non-stop daily flights to Phuket from Delhi and Mumbai, two of India's busiest metros. Domestically, metro connectivity sees a major boost with Mumbai-Bengaluru go-

ing twice daily starting November 1 and November 15, and the launch of Chennai-Bengaluru flights beginning November 8," said SpiceJet. The airline added that it is also strengthening connectivity to Rajasthan's top winter destinations – Jaipur, Udaipur,

SpiceJet's aggressive expansion plan comes as the carrier's market share in the domestic aviation market declined to just 2% in August.

and Jaisalmer. Kolkata gains new connections to Jaipur (from October 31) and Udaipur. Jaipur will also be connected to Guwahati and Mumbai from November 7, with Mumbai seeing twice-daily services. Udaipur will be connected to Mumbai and Delhi from November 7, and Jaisalmer will connect to Delhi starting November 15. Debojo Maharshi, Chief Business Officer, SpiceJet, said, "Doubling our daily flights is a clear reflection of SpiceJet's renewed momentum and growth strategy. The steady expansion of our fleet will allow us to enhance frequency on key routes and launch new destinations, delivering more choice, capacity, and value to our passengers."

Tide introduces NCMC-enabled expense card to simplify commute and business payments for SMEs

Guwahati: Tide, India's leading financial management platform for SMEs, has announced the integration of the National Common Mobility Card (NCMC) with its RuPay-powered Expense Card, revolutionising how small businesses and freelancers manage their travel and expenses. The move brings metro, bus, toll, and parking payments under one digital solution, allowing members to tap, travel, and transact seamlessly. Backed by the Government of India, the NCMC



integration enables users to pay for public transport and business-related travel using one card, eliminating the need for multiple payment tools. Through the Tide app, members can top up their cards instantly, check balances in real-time, and access queue-free travel across major

Indian cities.

Commenting on the launch, Kumar Shekhar, Deputy Country Manager, Tide India, said, "With NCMC support, we're making business travel and expense management effortless for SMEs and freelancers. This is a game-changing way for

entrepreneurs to manage mobility and cash flow efficiently."

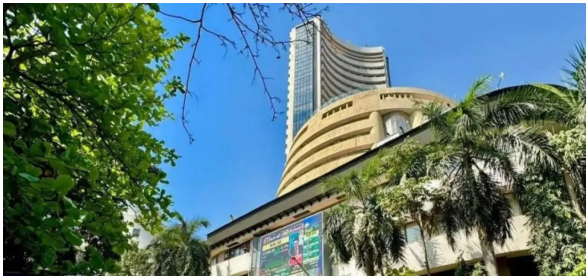
In Guwahati, where small businesses and start-ups are increasingly adopting digital tools for operations, Tide's innovation is expected to simplify daily commutes and financial workflows, fostering greater productivity and cost efficiency.

Since launching in late 2022, Tide India has grown rapidly, serving over 800,000 SMEs — a majority of its 1.6 million global member base.

Nifty, Sensex open in green ahead of key global events like Fed meeting, Trump-Xi Meet, and Mag 7 earnings

New Delhi: The stock markets started the week on a positive note on Monday, rising ahead of major global events including the U.S. Federal Reserve's rate decision, the meeting between U.S. President Donald Trump and Chinese President Xi Jinping, and quarterly results from the "Magnificent 7" technology giants.

The Nifty 50 index opened at 25,843.20, up 48.05 points or 0.19 per cent, while the BSE Sensex began the day at 84,297.39, gaining 85.51 points or 0.10 per cent. Experts said that a combination of central bank action, the Trump-Xi meeting, and results from five of the Magnificent 7 companies make this the most eventful week of October. Ajay Bagga, Banking and Market Expert, told ANI, "Indian markets are pointing to a positive open. FPI positioning moved to a lower net short position over the last week. However, with the Indian commerce minister hinting that India is not in a hurry to close out a trade deal with the U.S., there was a brief selling spree on the Indian bourses. The good news is that the



net move downwards was quite moderate." He added, "As markets position for the big global events, we expect a positive open followed by a slight move downwards. However, given the monthly expiry for key index futures on Tuesday, volatility can be expected as both put and call writers push to end in the green." In the broader market on NSE, all major indices, Nifty 100, Nifty Midcap 100, and Nifty Smallcap, opened with gains.

Indian Oil, HPCL, BPCL OMCs fall up 6% 3 days RIL manages to hold grounds

New Delhi: Shares of oil marketing companies (OMCs) have been on a downtrend lately since the US president Donald Trump has warned and imposed sanctions on Russian oil. India, in the recent times, has been heavily dependent on Russian imports for its energy needs, accounting nearly for 35 per cent for its crude imports in the recent times. Leading the laggards, Corporation (IOCL) dropped 3.35 per cent during the given period under review. However, Reliance Industries (RIL) has been the only



standout performer from the space rising nearly 2.5 per cent to Rs 1450.60 on Friday, after announcing its results a week ago. In the recent developments, US imposed fresh sanctions on Russia's two biggest oil companies- Rosneft

and Lukoil- over the war in Ukraine fueled supply concerns. However, Russian President Vladimir Putin remained defiant on Thursday with sanctions to pressure the Kremlin leader to end the war in Ukraine. According to the reports from Reuters, the US sanctions prompted Chinese state oil majors to suspend Russian oil purchases in the short term. Refiners in India, the largest buyer of seaborne Russian oil, are set to sharply cut their crude imports, said the news agency citing industry sources.

Apraava Energy's solar investments spark economic and social uplift in Northeast India

Mumbai: Apraava Energy, a leading integrated energy solutions provider, has expanded its sustainable energy portfolio in Northeast India through a strategic collaboration with the SELCO Foundation. The initiative, focused on solar installations in Assam and Nagaland, is projected to benefit over 21,000 people and save around 57 tonnes of CO₂ annually—an environmental gain equivalent to planting about 2,580 trees per year.

In Assam's Chirang district, a 27.5 kW solar-powered community facility is driving socio-economic inclusion by supporting women artisans, health services, and youth programmes. Similarly, Nagaland's Jhakama and Zhadima villages are witnessing improved



educational infrastructure and community safety through 22.32 kW solar installations.

Economically, these interventions are expected to reduce energy

dependency, enhance productivity, and promote rural entrepreneurship.

Dr. Priyesh Modi, Head-CSR, Apraava Energy, emphasized that

the initiative reflects the company's long-term commitment to inclusive, low-carbon growth and sustainable development across the Northeast.

Mohombi Live Concert sparks tourism and hospitality surge in Shillong

Shillong: Courtyard by Marriott Shillong, in collaboration with Meghalaya Tourism and Meghalayan Age, proudly hosted international pop icon Mohombi for his India debut concert at Lariti, Mawkasiang on October 25. The event, attended by nearly 3,500 guests,



transformed Shillong into a vibrant global stage, highlighting the region's growing prominence in international entertainment and hospitality.

The Swedish-Congolese artist, known for global hits like "Bumpy Ride" and "Coconut Tree", delivered a captivating performance alongside Meghalaya's home-grown talents — Jessie Lyngdoh, Gary Daniel, Quills, Sev, and Meban. The celebration continued with an exclusive after-party at Tavern Club, Courtyard by Marriott Shillong, featuring live sets by Brainy, Meban, Quills, Sev, and Gary Daniel.

TanujArora, General Manager of Courtyard by Marriott Shillong, said, "Hosting Mohombi was about celebrating culture and community while showcasing Meghalaya's spirit and hospitality."

Supreme Court allows Centre to Vodafone Idea's plea against DoT's AGR demands

New Delhi: The Supreme Court has allowed the Centre to consider Vodafone Idea Ltd's plea for quashing the Department of Telecommunication's additional adjusted gross revenue (AGR) demands for the period up to 2016-17, observing that the issue falls within the policy domain of the government. A Bench comprising Chief Justice B R Gavai and Justice K Vinod Chandran passed the order while hearing a writ petition filed by Vodafone Idea challenging fresh AGR-related demands raised by the Department of Telecommunication (DoT). The company contended that these additional claims were unsustainable as the liabilities had already been crystallised by the apex court's 2019 judgment on AGR dues.

Solicitor General Tushar Mehta, appearing for the Centre, informed the court that the government now holds 49% equity in Vodafone Idea and that around 20 crore consumers depend on



its services. He submitted that given these circumstances, the Centre was willing to examine the issues raised by the company to ensure consumer interests are safeguarded.

The Bench clarified that the issue fell under the policy domain of the Union and said, "There is no reason as to why that Union should be prevented from doing, with that view of the matter, we dispose of the writ petition."

Senior advocate Mukul Rohatgi, appearing for Vodafone Idea, argued that the DoT's additional demand of Rs 5,606 crore for FY 2016-17 was unsustainable since the dues had already been determined following the Supreme Court's 2019 verdict. The dispute over AGR, particularly its inclusion of non-telecom income, led to massive liabilities on telecom operators, with Vodafone Idea and Bharti Airtel being among the hardest hit.

Hatsun Agro Product shares hit 20% upper circuit limit

New Delhi: Shares of Hatsun Agro Product Ltd surged 20 per cent in Monday's trade to touch their upper circuit limit of Rs 1,081.35 on BSE after the company announced its second quarter (Q2 FY26) results. The stock surged following strong year-on-year (YoY) growth in profit and revenue. On a consolidated basis, the dairy major reported a profit after tax (PAT) of Rs 109.54 crore, marking a 70.31 per cent rise from Rs 64.32 crore in the same quarter last year. In Q2 FY25, on a quarter-on-quarter basis, revenue fell 6.3 per cent from Rs 2,590.28 crore in Q1 FY26. Total expenses rose 14.7 per cent YoY to Rs 2,284.32 crore, while sequentially they declined 5.2 per cent from the previous quarter.

Bristol Myers Squibb unveils Kopozgo® in India, ushering in a new era in cardiac care

Mumbai: Bristol Myers Squibb (BMS) has launched Kopozgo® (Mavacamten) in India, marking a major milestone in cardiac care. Kopozgo® is the first and only oral, selective cardiac myosin inhibitor approved in India for adults with symptomatic obstructive hypertrophic cardiomyopathy (oHCM), a chronic and often debilitating heart disease affecting an estimated 2.8 million Indians, most of whom remain undiagnosed.

Unlike traditional treatments such as beta blockers or surgical options that only manage symptoms, Kopozgo® specifically targets the underlying cause of oHCM, offering patients improved heart function and relief from symptoms like shortness



of breath, dizziness, and fatigue. The Central Drugs Standard Control Organisation (CDSCO) approved the drug on March 6, 2025, based on strong efficacy and safety results from the EXPLORER-HCM and VALOR-HCM Phase III trials.

Sanjay Sharma, Managing Director of BMS India, said, "With the launch of Kopozgo, patients now have a first-in-class treatment option. This breakthrough brings hope to individuals and families facing this condition."

An RBI economist accuses Ghosh his SBI colleagues

New Delhi: Soumya Kanti Ghosh, the chief economic advisor at the nation's largest lender State Bank and also the head of the bank's research wing, who normally has a different take on most of the macro and monetary economic developments and issues, has been given a different take this time—getting accused of lifting the data and charts straight from the central bank's reports or to put it pithily plagiarizing for long. And the unprecedentedly scurrilous spat started playing out in the full social media glare when an economist in the Reserve Bank, Sarthak Gulati, decided to lock horns with the egghead of SBI Research in the middle of the Deepavali celebrations and fireworks and call out the alleged plagiarism. In a post on the professional networking platform LinkedIn, Gulati, an assistant general manager in the monetary policy department of the Reserve Bank, headed by deputy governor Poonam Gupta, has detailed



how the SBI Research team led by Ghosh, who is a well-known macro and monetary economist and a member of the PM's Economic Advisory Council and the 16th Finance Commission, had "verbatim replicated" all the key data including graphs and charts from his department's work. The plagiarism allegations are particularly aimed at the two Ecowrap reports published in the name of Ghosh himself in July and October, which allegedly mirrored RBI's monetary policy documents of April and October, respectively. Gulati, who did not personally call out Ghosh, has alleged that two recent Ecowrap reports verbatim replicated some sec-

tions of the monetary policy reports "paragraph-by-paragraph, including key charts and narratives". Citing specific examples, Gulati said the July 2025 Ecowrap copied parts of the April 2025 monetary policy report, including "boxed items" that are typically reserved for original research. He also claimed that the October 2025 Ecowrap mirrored the language and structure of the October monetary policy report. Gulati's central complaint is that in none of these reports, Ghosh financial and economic research community, RBI's monetary policy reports, without any attribution," Gulati wrote on LinkedIn.

Alia Bhatt's Infidelity View Slammed by Reddit: 'Physical Cheating Is Okay?'

Mumbai: As the internet continues to debate Too Much With Kajol & Twinkle, a throwback clip of Alia Bhatt has reignited conversations about infidelity and modern relationships. Twinkle Khanna and Kajol recently shocked audiences when they downplayed physical infidelity as a deal breaker on their celebrity talk show. The duo's remarks sparked massive backlash, and now, Alia's old confession from Koffee With Karan has resurfaced online, adding new fuel to the discussion.

During the chat show, host Karan Johar asked Alia what would qualify as a deal breaker for her in a relationship. Without hesitation, Alia replied, "Emotional infidelity." Soon after the clip began circulating, Reddit users jumped into the conversation, questioning whether Alia's response implied she would be more accepting of physical infidelity. One user wrote, "I wasn't even aware of the distinction between emotional and physical infidelity, had it not been for KWK. Middle-class morality says cheating means Dhum tananana (Zooming in on everyone's shocked faces!)."

Another quipped, "So physical one is fine! Wow. I feel sad because how we as a society have accepted cheating as normal." The debate mirrors the reactions Twinkle Khanna and Kajol faced earlier this week, when they suggested that phys-



ical infidelity might not necessarily end a relationship. Adding more context, an old 2019 interview of Alia Bhatt has also gone viral. While promoting Kalank, the actress reflected on her parents' marriage and her father Mahesh Bhatt's extramarital affair that led him to meet her mother, Soni Razdan. In a conversation with The Asian Age, Alia said, "My father met my mother because he had an extramarital affair. I am not as black and white about life; sometimes things happen for a reason. Of course, you would not want to propagate infidelity and I don't propagate it, but I understand the nature of human, it's not always that easy." Despite the renewed attention on her remarks, Alia remains happily married to Ranbir Kapoor. The couple tied the knot in 2022 and are proud parents to their daughter, Raha Kapoor.

Shehnaaz Gill: Expensive Black Water Tastes Normal; Nothing Happened



Mumbai: Shehnaaz Gill is the latest celebrity to have jumped on the black alkaline water bandwagon. Celebrities like Virat Kohli, Tiger Shroff, Malaika Arora, Karan Johar, and Karisma Kapoor are known to swear by black alkaline water. And now,

Shehnaaz Gill has joined the trend. However, she isn't sure if this concoction truly has any health benefits.

"I only drink this during my shoots. It is not expensive as such. It is alkaline water, it has minerals, that's what I have heard. I drink very less

amount of water, but if it were expensive, then I would think that something expensive is going inside me, so I need to drink it," she said in a chat with Curly Tales. Shehnaaz added, "It is available for Rs 100, Rs 200, and even Rs 600. Nothing happens from drinking it. It is just water. I see something black, so I drink it, thinking of it as black coffee. The taste is the same as normal water." "A filter is also placed at home for alkaline water. I haven't gotten it fixed yet, but I will get it done soon. I have also heard that if you wash your hair using this water, it enhances them.

A Final Farewell: Vivaan Shah Shares Fond, Everlasting Memories of Satish Kaushik

Mumbai: Satish Shah, the veteran actor who was known for his comic timing and effortless performances, died on October 25. From Yeh Jo Hai Zindagi to Sarabhai vs Sarabhai, his performances were not only humorous, but also heartfelt, making viewers remember him long after his shows were over. His sudden demise left the entire industry in shock and among others, Vivaan Shah, son of the late actor's Sarabhai vs Sarabhai co-star Ratna Pathak Shah, shared a special note.

Vivaan Shah shared an old picture of Satish Shah on social media and wrote, "RIP Satish Uncle, I don't have words to describe what a loss this is for all of



us... He brought sooooo much warmth and cheer and joy into all the lives that he touched. His spirit, his wisdom, and his genius will live on forever! He was a great wit, a Bumbaiya Oscar Wilde. Baba often told him 'I want to write a role for you of an introverted poet!'" Moreover, Vivaan Shah hinted at the strong bond his

parents shared with the late actor. Vivaan wrote, "My parents would quote him and his one-liners about life and about our profession. He was a glorious presence! A rockstar! Someone who could light up a gathering like a Diwali fireworks celebration!" Many of Vivaan's followers also expressed their grief over the loss of the actor. One

of them said, "Such a brilliant actor. Above all a gem of a human being. Really sad as they don't make angels like him anymore. May his soul rest in peace." Satish Shah's funeral was held on Sunday at Mumbai's Pawan Hans Crematorium, where friends, relatives and coworkers gathered solemnly. On October 27, his loved ones will gather again for a prayer meeting. In a career spanning over four decades, the actor appeared in popular films such as Jaane Bhi Do Yaaro, Kabhi Haan Kabhi Naa, Main Hoon Na, Kal Ho Na Ho and Om Shanti Om, among others. But his career was not limited to Hindi films. He appeared in numerous plays and television shows.

Mannara Chopra Shares Sweet Bhai Dooj Moments with Siddharth Chopra

Mumbai: Mannara Chopra celebrated Bhai Dooj with her cousin brother, Siddharth Chopra. Siddharth Chopra is Priyanka Chopra's brother and Mannara's cousin. Days after the occasion, Madhu Chopra released images from the happy celebration on her social media account. The post showed Manara Chopra placing a tilak on Siddharth's forehead as per the ritual.

In the photo, Manara is dressed in a traditional salwar suit, while Siddharth is wearing a nice kurta pyjama. In the caption, Madhu Chopra wrote, "Nothing compares to the bond of a brother and sister." It has been a hard year for Mannara since losing her father. Last month, Man-



nara Chopra remembered her late father, Raman Rai Handa, on his birthday, saying she hopes he is smiling and at peace wherever he is. Mannara took to Instagram to offer a lovely and meaningful collection of memories from her parents' wedding, her childhood days with her father, and snapshots of her family's journey into the entertainment world.

"Happy Birthday Papa... Wherever you are, I pray you're smiling and at peace. Your blessings stay with us always. Miss you deeply, today and forever," she wrote as the caption. Mannara's father, an advocate at the Delhi High Court, died in Mumbai on June 16 at the age of 72.

Mannara made her Bollywood debut with Zid. Her popularity skyrocketed af-

Kartik Aaryan Begins Naagzilla Journey, Film Shoot Date Revealed

Mumbai: Kartik Aaryan has an exciting lineup of projects ahead, and one of the most anticipated is Naagzilla: Naag Lok Ka Pehla Kaand, a creature comedy-drama backed by Dharma Productions and Mahavir Jain. The actor will reportedly play the role of a shape-shifting serpent, marking one of the most unique characters of his career.

According to reports, Kartik Aaryan has already wrapped up the film's poster shoot, with principal photography scheduled to begin on November 1. As per a report in Pinkvilla, the actor recently shot the promotional material at a Mumbai studio, kicking off his journey into the creature-comedy genre. A source close to the project mentioned that Kartik is very excited about this unusual and intriguing role in Naagzilla. Officially announced in April 2025, the film is set to release on August 14, 2026, coinciding with Independence Day weekend and Naag Panchami. According to the report, Kartik Aaryan will play Preyambadeshwar Pyare Chand, an Ichadaari Naag, in the film. Mrigdeep Singh Lamba will helm the film, having previously entertained audiences with his directorial skills in the Fukrey franchise. Interestingly, the Kartik Aaryan picture has

franchise potential, depending on how well the first film performs. While the casting for Naagzilla has been kept under wraps, sources indicate that Ravi Kishan has joined the cast. Although an official confirmation is awaited, Naagzilla will be Kartik Aaryan's second collaboration with Karan Johar, following Tu Meri Main Tera Tu Meri. Kartik Aaryan is also gearing up for Tu Meri Main Tera Tu Meri, which also stars Ananya Panday. The actor is also working on a musical romance drama alongside Sreeleela and Anurag Basu that is currently in development. Furthermore, he is collaborating with Shimit Amin and Vishnuvardhan on two intriguing projects.



Kiran Rao and Son Enjoy Quiet Weekend Retreat, Skip Lavish Diwali Celebrations

Agency: Filmmaker Kiran Rao's Diwali getaway was all about spending quality time with friends and family. The Laapataa Ladies director ditched B-Town's glamorous Diwali parties to spend a tranquil weekend in Goa. Kiran was accompanied by son Azad and a few close friends as she shared glimpses from the trip on social media.

Taking to Instagram, Kiran shared a series of pictures, giving fans a glimpse into her dreamy weekend getaway. The first picture featured a serene seascape and a vast cloudy sky. Kiran was seen wearing a swimsuit and posing at a distance. The filmmaker also shared an adorable selfie with son Azad, who she shares with ex-husband Aamir Khan. Other pictures in the thread showed beautiful sunsets, birds, large sea waves and candid pictures of Azad and his friends enjoying the trip. Sharing the glimpses, Kiran wrote, "The Diwali break in Goa was dreamy, spent soaking up the sea, bird-song, quietude (and rain) with people I love... Exactly what the doctor ordered." Kiran and Aamir Khan tied the knot in 2005 and welcomed their son Azad in 2011. However, the couple parted ways in 2021 and continue to co-parent him.



Previously, during her appearance in Kareena Kapoor's talk show, What Women Want, Kiran Rao spoke about co-parenting Azad with Aamir and shared, "Now, it's much smoother, and Aamir is more involved in it. Luckily, right now, we are upstairs and downstairs, but whenever we move, we won't be far away." She further added, "Azad is enjoying his time with his dad a lot more as he's now older. It has reached a place where it is really nice."

Tejasswi and Bharti Match in Purple to Begin Laughter Chefs Season 3 Shoot

Mumbai: Laughter chefs, the comedy-culinary show, has aired successfully for two seasons. Now it is set to come back with another laughter filled season. This one-of-a-kind culinary comedy, which quickly became a fan favourite, revolutionised entertainment with its chaotic mix of celebrities and fun. The show is back with a new cast of stars, promising even more excitement. On the first day of the shoot, Tejasswi Prakash and Karan Kundrra were seen gracing the show and their camaraderie with host Bharti Singh won hearts.

As per the new lineup of Laughter Chefs 3, Tejasswi Prakash, who was earlier seen as a guest on the show, is joining as a participant. Karan has already been part



of the show for two seasons. In the clip shot outside the venue, both Tejasswi and Karan were seen inviting Bharti to pose with them. Coincidentally, Tejasswi and Bharti were seen twinning in purple outfits. Bharti Singh, who is expecting her second child, also expressed her enthusiasm for hosting the show again.

Fans of Laughter Chefs

are in for a treat as the show returns for a third season, with Bharti Singh and Chef Harpal Singh Sokhi reprising their roles as hosts. Bigg Boss 18 fame Vivian Dsena, who has been absent from the small screen since the reality show went off-air, will appear in Laughter Chefs season 3. Vivian is expected to team up with his Sirl Tum co-star Eisha Singh.

Bieber, Cyrus, Paltrow: Power Trio Photo



Agency: Hailey Bieber just had a sweet moment with Miley Cyrus and Gwyneth Paltrow. The Rhode founder was among the many A-list celebrities who sat in the front row at Vogue World 2025: Hollywood. The event, which celebrated fashion and film, took place at Los Angeles' Paramount Studios.

The highlight of the event turned out to be the moment when Hailey walked in at the event and sat next to the Hannah Montana star. As seen in a video shared by Vogue, the model was having a hearty conversation with Miley as she sat beside her. They exchanged pleasantries, and then Hailey greeted a man on the other side. Soon, she spotted Gwyneth next to the man. She then greeted her with a bright smile, and the actress reciprocated the feelings.

For the event, both Hailey and Miley were seen wearing leather outfits, although of very different styles. While the 32-year-old actress-singer opted for an oversized leather trench coat paired with a button-up shirt, sheer tights, black gloves, a biker cap, sunflashes, and slingback pumps, Hailey, on the other hand, wore an off-the-shoulder dress, featuring open sides and a rose, which she paired with diamond studs and black heels. Meanwhile, the Iron Man actress was seen in a white outfit.

Nick Surprises Malti, Priyanka Beams

Agency: Priyanka Chopra and Nick Jonas' daughter, Malti Marie Chopra Jonas, just lived her Disney dream. At the Jonas Brothers' recent concert in Orlando, Nick earned the title of "Best Dad Ever" after inviting Moana star Auli'i Cravalho on stage. Viral videos from the event show the couple's three-year-old daughter gleefully watching her father perform alongside the voice behind her favourite Disney princess.

In one clip, Nick gives a shoutout to his wife Priyanka, daughter Malti, and brother Franklin before bringing Auli'i on stage. As the crowd cheered, little Malti climbed a few steps near the stage and was completely captivated by her dad's performance. Moments later, she adorably leapt into her mother's arms, leaving fans swooning. Priyanka Chopra previously revealed her daughter's adorable Disney obsession during her appearance on Good Morning America. The Citadel actress shared that Malti has fully embraced her love for Moana — so much so that she's added the name to her own! "She introduces herself as Malti Marie Moana Chopra Jonas," Priyanka said, laughing. "She insists she's Moana. She insists it's her name, like officially her name in school. She says, 'I'm Malti Marie Moana.'" The proud mom also revealed that Malti enjoys dressing up in her closet, especially when Priyanka is preparing for red-carpet events. "She was with us when we were getting dressed for the Met Gala, and she put on my gloves and hat and said, 'Mama and Gaga are going to a ball, just like Cinderella.'"

TRAVEL & HEALTH

Explore true Icelandic culture in the country’s less-travelled north

Iceland wasn’t always the blockbuster travel destination it is today; in the early 1990s, the country saw just a little more than 130,000 visitors a year. By 2023, however that number had surged to 2.21 million, far outpacing Iceland’s tiny population of around 380,000. Experts chalk it up to a mix of savvy marketing, social media virality and sheer natural spectacle. The 2014 #MyStopover campaign turned layovers into week-long adventures, flooding Instagram with images of steaming hot springs, glacier lagoons and volcanic black-sand beaches. Soon, Iceland was no longer just a niche destination for intrepid explorers; it was on every traveller’s bucket list. But with soaring popularity came new challenges, pushing the country to grapple with the pressures of overtourism. Most visitors touch down in the capital city of Reykjavik and make a beeline for the Blue Lagoon or the well-trodden Golden Circle. But as Iceland’s tourism boom shows no signs of slowing, the country is looking for ways to ease the strain on its most popular spots. The conversation around overtourism has become impossible to ignore, and one solution is clear: encouraging travellers to venture beyond the usual highlights. The country’s north, with its dramatic fjords and geothermal hotspots, offers a quieter yet equally spectacular alternative to the capital, with idyllic towns like Akureyri and Húsavík providing a gateway to breathtaking landscapes without the crowds. Húsavík is the country’s oldest settlement as well as its whale capital. The small coastal town was once known for its whaling industry, and indeed Iceland is still one of only three countries that allows commercial whaling. However, many former whale hunting boats are now being converted to whale watching vessels in an effort to attract more visitors. “I’ve been told there’s a 97% chance of seeing a whale on any trip you take here,” said BBC Travel Show presenter Roma Wells. “Depending on what time of year you visit, you can see all sorts of different species.” That’s because a variety of whales, including humpbacks, orcas and minke, migrate through this area. In addition, many whale-watching vessels use electric rather than diesel engines, creating a quieter, more relaxing experience for both passengers and sealife. The northern part of the country is also a great place to get a glimpse of Icelandic history and culture. Start in the town of Sauðárkrúkur, around 200km west of Húsavík, visitors can explore 1238: The Battle of Iceland – a museum and virtual-reality experience that allows visitors to be a part of the renowned battle of Örylgstaðir, which is recounted in one of the country’s most famous Icelandic sagas. The exhibition also includes historical items from the 11th Century that provide tangible proof of the country’s Viking past. “Every generation has the responsibility to preserve history and to mediate it in a way that can be understood,” said museum manager Freyja Rut. “I think we’ve come to the next step. We need to use technology to kind of make it more interesting.” Another piece of Iceland’s history is its iconic turf houses. These grass-covered dwellings, inspired by Viking longhouses, blend seamlessly into the landscape like something out of a fairy tale. Built with wood and stone and insulated with thick layers of turf, they stand as a testament to the resilience of Icelanders who found ingenious ways to survive in an unforgiving climate. The north is home to some of the country’s finest examples, including the Glaumbær turf farm, a cluster



of beautifully preserved homes, and the striking Viðmýri Turf Church. Sheep farming and knitting are also central to Icelandic heritage. The region’s hardy, free-roaming sheep – believed to be direct descendants of those brought by Viking settlers – produce the wool used for Iceland’s famous lopapeysa sweaters. Recognised worldwide for their warmth and distinctive circular yoke patterns, these sweaters are a living connection to Iceland’s pastoral traditions that remain a cornerstone of rural life. “Icelandic people only survived here because of the sheep,” quipped Hélène Magnússonis, one of the country’s leading knit designers. Visitors interested in purchasing an authentic lopapeysa sweater should look for a label that says “Hand-knitted in Iceland” – a mark of quality that according to

Magnússonis, often includes the knitter’s name. Operators such as Green EdVentures offer tours where travellers can learn more about Icelandic life and practice their knitting skills with a local lopapeysa expert. Along with the boost in tourism, Iceland has had to wrestle with environmental degradation and unsafe behaviours from visitors, such as taking selfies too close to active volcanic sites. In 2017, the country proposed the Icelandic pledge, which encourages responsible and considerate behaviour in visitors. The hope is that the combination of this pledge and the push to encourage visitors to explore more of the country will help Iceland remain on the top of everyone’s visitor list, without further damage to the local ecosystem or culture.



Could yogurt help protect against colorectal cancer?

Colorectal cancer is the third most common cancer worldwide, with the World Health Organization (WHO) reporting Trusted Source that it makes up more than 10% of all cancer diagnoses. Lifestyle factors, such as being sedentary, smoking, obesity and excessive alcohol consumption, as well as high intake of processed meats and low intake of fruits and vegetables, can all increase a person’s risk of developing colorectal cancer. Eating a healthy, high-fiber diet, with plenty of fresh fruits and vegetables, whole grains, calcium and dairy products is associated with a lower colorectal cancer risk. A study led by researchers from Mass General Brigham — and published in the journal Gut Microbes — has now found that yogurt could also decrease the risk of some types of colorectal cancer. The researchers found that people who ate 2 or more servings of yogurt containing live bacteria each week had a 20% lower risk of developing colorectal tumors that were positive for Bifidobacterium, a strain of bacteria that is common in the gut microbiome. “While this study has shown a correlation between long-term consumption of yogurt and lower rates of proximal colorectal cancer positive for Bifidobacterium, more work is required to understand any causative role of Bifidobacterium and the mechanisms involved if so,” she added. “Live” yogurt contains several strains of bacteria. Lactobacillus bulgaricus and Streptococcus thermophilus are commonly used to ferment milk to form yogurt, but many other bacterial strains, or probiotics, may also be added. Research has suggested that probiotics may boost the immune system, improve gut health, reduce the risk of osteoporosis, type 2 diabetes and cardiovascular disease, and could even reduce the risk of some cancers Trusted Source. To investigate whether yogurt consumption affects colorectal cancer risk, the researchers in this study used data from the Nurses’ Health Study and the Health Professionals Follow-up Study Trusted



Source, which have followed more than 100,000 female nurses since 1976 and 51,000 male health workers since 1986. Participants in both studies answer frequent lifestyle, diet and health questionnaires, which include questions about intake of both plain and flavoured yogurts, as well as other dairy products. For those people diagnosed with colorectal cancer, researchers assessed tissue samples for Bifidobacterium DNA. Of the cohort, 3,079 people developed colorectal cancer and, of these, the researchers could access Bifidobacterium data for 1,121. A total of 775 people had Bifidobacterium negative colorectal cancer, and 346 were Bifidobacterium positive. Although researchers did not see a significant difference between long-term yogurt intake and overall incidence of colorectal cancer, they found a 20% lower rate of incidence of Bifidobacterium-positive tumors in those who ate more yogurt. Kelsey Costa, MS, RDN, a registered dietitian nutritionist and owner of Impactful Nutrition, not involved in this study,

explained for MNT how Bifidobacterium might affect colorectal cancer risk. “This study does not suggest that yogurt reduces Bifidobacterium in the gut; just the opposite. In fact, it highlights that Bifidobacterium is an important bacterial strain in yogurt that produces short-chain fatty acids (SCFA) in the gut and has anti-cancer properties through antioxidant, anti-inflammatory, and immune-boosting effects,” she

pointed out. According to her: “The research suggests that the Bifidobacterium found in Bifidobacterium-positive tumor tissue could reflect impaired intestinal barrier function. And cited studies show that Bifidobacterium may improve the intestinal barrier by reducing harmful inflammatory proteins like tumor necrosis factor and interleukin 6.” “Yogurt may help strengthen the gut barrier and support Bifidobacterium’s beneficial role in suppressing Bifidobacterium-positive tumor growth, rather than suppressing Bifidobacterium itself,” she added. “There are different subtypes of Bifidobacterium in the human gut and different strains have different functions, including the metabolism of dietary carbohydrates, for example. This study did not explore whether there is a causative role for the microbiome, or Bifidobacterium, or any potential mechanisms involved,” she told MNT. While live, natural yogurts are a good addition to a balanced diet, not all yogurt is good for you. Flavoured and fruit yogurts often contain high quantities of added sugar, and other added ingredients that are not healthful. However, natural, live yogurts contain plenty of nutrients, including calcium, phosphorus, potassium, vitamin A, vitamin B2, and vitamin B12, protein and essential fatty acids. They are also a good source of probiotics — live microorganisms which, when consumed in adequate amounts as part of food, confer a health benefit on the host.



New test may predict which IBD patients have higher colorectal cancer risk

Previous research shows that people with inflammatory bowel disease (IBD) — including ulcerative colitis and Crohn’s disease — are at an increased risk of developing colorectal cancer compared to people who do not have IBD. People with IBD are at a higher risk of developing colorectal cancer, also known as bowel cancer, due to the chronic inflammation associated with IBD, which can cause the growth of abnormal cells — known as dysplasia — and cause the development of precancerous polyps in the intestinal tract. Currently, people with IBD are screened for colorectal cancer every one to three years Trusted Source through a colonoscopy. However, past studies show that detecting pre-cancerous cells in people with IBD can be difficult. Now, researchers from The Institute of Cancer Research in London have developed a new test that they report can predict bowel cancer risk in people with IBD with more than 90% accuracy. According to Trevor Graham, PhD, professor of genomics and evolution and director of the Centre for Evolution and Cancer at The Institute of Cancer Research in London and senior author of the study, although people with IBD have an increased risk of developing bowel cancer, there is no good way to predict that risk at the moment. “For people who are thought to be imminently at risk of developing cancer, the only effective treatment is surgery to remove some or all of the large bowel Trusted Source,” Graham explained to Medical News Today. “This surgery can be lifesaving. But because we cannot, currently, be sure if someone really does need the surgery, people are having unnecessary surgery which has life changing consequences.” “On the other hand, for people whose risk of bowel cancer we think is low and for whom we don’t operate, these people continue to have anxiety about the uncertainty of their cancer risk,” he added. During the study, researchers found that people with IBD who had pre-cancerous cells that lost or gained multiple copies of DNA had an increased risk of developing bowel cancer. From there, the scientists created an algorithm to calculate future colorectal cancer risk by using the exact pattern of the changed DNA in the pre-cancerous cells. “In the UK, people with IBD have regular colonoscopies — a camera pushed up their bottom — to look for early signs of cancer,” Graham explained. “If something unusual is spotted, a biopsy — small tissue sample — is collected.” “Our test is a genetic test that we perform on the biopsy. We compared the genetic signals from people who did go on to develop cancer to those who did not, and we have created a test to predict someone’s risk based on the genetic signals in their biopsy,” he said. During the study, Graham and his team found that their new test was able to predict which study participants with IBD who developed pre-cancerous cells would go on to develop colorectal cancer within five years with more than 90% accuracy. “We hope that the accuracy with which we can predict who really is at risk of cancer will mean that we can give treatment appropriately,” Graham said. “For those at high risk of developing cancer, they can have surgery to remove their bowel and their risk of cancer. For those at low risk, we can spare them unnecessary worry and unnecessary treatment. For patients to be able to benefit from this, we need to show that our predictions hold true in clinical trials that we hope to run in the future,” he explained. MNT also spoke with Rudolph Bedford, MD, a board certified gastroenterologist at Providence Saint John’s Health Center in Santa Monica, CA, about this study, who praised the study as “wonderful, great, and amazing.” “The fact of the matter is that our patients who have IBD, we’re doing frequent colonoscopies, biopsies looking for dysplasia or cells or tissue that can lead to cancer. Then we have to have these discussions with them. If they do have these low-grade dysplastic cells, do we take out your colon, or do we do more frequent surveillance? What do we do?” Bedford explained. “If somebody is going to give me a test that has a 90% accuracy as to those patients with inflammatory bowel disease that might develop cancer, then that’s a wonderful study,” he continued.

Shehnaaz Gill Sparkles In Statement Gold Sequins For A Glam Fashion Moment

Draped in unapologetic glam and oozing confidence, Shehnaaz Gill just served a look that’s not just fashion, it’s a whole moment. Channeling the energy of a modern-day disco queen, Shehnaaz took to Instagram with a series of smouldering shots captioned, “Not just a look... it’s a whole mومن” and we couldn’t agree more. The actor wore a dazzling gold mini dress drenched in oversized sequins that caught the light from every angle, creating a mirror-ball effect that screamed main-character energy. The sculpted silhouette hugged her curves just right, with the sleeveless cut and square neckline adding a touch of clean minimalism to an otherwise maximalist moment. The key to pulling off a sequin dress is confidence and Shehnaaz wears it like second skin. Her choice of gold, a universally flattering metallic, adds drama without overwhelming her natural glow. With such a statement piece, Shehnaaz kept her accessories pared back and polished.



Sparkling drop earrings and silver strappy heels brought just the right touch of bling, harmonizing with the dress without stealing the spotlight. Her luscious waves, full of volume and movement, added an element of carefree glamour. Whether she was in motion or holding a power pose, her hair flowed like a mood, untamed, confident, and feminine. With her signature glowing skin, bold brows, and a soft smokey eye, Shehnaaz struck a balance between sultry and sophisticated. The subtle nude lip ensured the focus stayed on her outfit and eyes. Set against a hot pink backdrop, the contrast only amplified her golden goddess aura. Every frame from this shoot feels like a freeze-frame from a pop anthem, electric, fierce, and fabulous. Shehnaaz Gill isn’t just stepping into fashion territory; she’s owning the damn runway with her vibe. So next time you’re dressing for a moment, take a cue from her: be bold, be bright, and never dim your shine.

Urban Sanctuaries: How Organic Cafes Are Redefining Conscious Dining in Mumbai

In a city that never stops, where the rhythm is fast and the noise constant, two thoughtful spaces have emerged to offer Mumbai a breath of calm, one nourishing meal at a time. Café Saar and Paashh are not just cafés—they are sanctuaries that nurture the soul, celebrate sustainability, and honour slow living in the most conscious ways. Tucked amidst the green heart of Bandra, Café Saar feels like an oasis of peace. A place where lush foliage wraps around you and every corner whispers serenity, it redefines vegetarian dining through its focus on nutritious, calming meals served in harmony with nature. Designed to dissolve the boundary between indoors and out, Café Saar invites patrons into open seating under trees, with sunlight filtering through leaves and tables surrounded by flourishing plants. From its coffee menu to its soul-nourishing food, everything at Café Saar is curated with intention. Think: velvety cinnamon-vanilla lattes with oat or almond milk, raw mango rasam soup that tingles your senses, and Truffle Khichdi that comforts like a hug. Every bite and sip is a celebration of balance, health, and joy. Signature offerings like the Overnight Oat Bowl, All About Nuts

Panjiri, and vegan-friendly small plates showcase a dedication to fresh, plant-based ingredients. “At Café Saar, we strive to create soul food that nourishes both the heart and the body,” says Chef Vinit. “Our dishes are crafted with love and care, using the freshest ingredients to provide a wholesome and fulfilling dining experience.” Meanwhile, Paashh, already a beloved name in Pune for its slow living philosophy has opened its tranquil doors

a café; it’s a pause. It’s the long exhale in a world that breathes too fast. At its core lies the vision of founder Vaishali Karad, a wellness-focused marathoner who believes true luxury is living intentionally. “Paashh was born from a personal journey,” shares Vaishali. “I wanted to create a space where slow, conscious living isn’t a luxury; it’s a way of life.” From handcrafted brassware to seasonal, local produce, every element of Paashh is rooted in care.



in Mumbai. This isn’t just Their vegetarian menu is not only organic and predominantly vegan but also

driven by the principles of traditional Indian food wisdom. Dishes like the Terrain salad, Soil to Soul raw mango curry with ragi bhakri, and Kothimbir Wadi with shakarkandi labneh echo regional flavours with contemporary consciousness. Chef Vinod Warade, who leads the kitchen, treats food as ritual. Minimal sugar, zero artificial additives, and slow cooking methods preserve the life force of ingredients. Every dish is deeply nourishing, in taste and intention. Paashh also houses an in-house fashion label working with handloom artisans and natural textiles, and its curated pantry offers ethically sourced lifestyle products, from A2

ghee to saffron honey. All of this is set against an aesthetic backdrop of earthy tones, botanical textiles, and sunlight-washed interiors that invite quiet reflection. What Café Saar and Paashh represent is a shift in how urban India consumes. No longer are cafes just places to eat. They are becoming ecosystems of intention—where wellness, sustainability, aesthetics, and community meet. Whether you’re sipping an Orange Zest Mocha in the greenery of Bandra or indulging in a mindful meal at Paashh’s serene retreat, these spaces are not just feeding the body. They’re nurturing a lifestyle, gently asking us to pause, breathe, and return to ourselves.

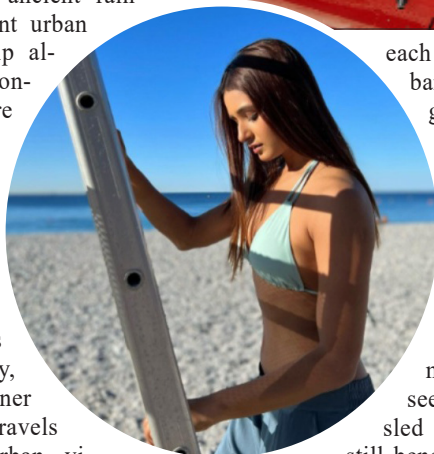
Why Millennials And Gen Z Prefer Cafés Over Traditional Restaurants

The café culture in India is brewing hotter than ever, and it’s not just about coffee anymore. For Millennials and Gen Z, cafés have become the new cultural hubs, spaces where lifestyle, work, creativity, and connection seamlessly blend. From aesthetically pleasing interiors to flexible workspaces and innovative menus, cafés are replacing the formality of traditional restaurants with an experience-first approach that resonates deeply with today’s youth. “Millennials and Gen Z have redefined dining culture, increasingly favoring cafés over traditional restaurants,” says Rajat Jaiswal, Pilot and Co-founder, WAB Cafe and Keydroid. “This shift is driven by lifestyle choices, social habits, and evolving work patterns that align more with the casual and versatile nature of cafés.” He highlights that the informal, flexible vibe of cafés makes them ideal for everything from solo productivity to social catch-ups. With simpler, more affordable menus and photogenic spaces that suit their social media habits, cafés are exactly what younger consumers are looking for. “It’s more than just food, it’s an experience,” he adds. Rajan Sethi, Managing Director, Bright Hospitality Pvt. Ltd., echoes this sentiment, having witnessed the evolution firsthand. “Over the past decade, we have seen a clear shift in how Millennials and Gen Z approach dining, and cafés have naturally become the spaces they gravitate toward,” he says. Sethi’s brands, like Espressos Anyday and OMO – Soul Food Community, are built around this café-first mindset. “With Espressos Anyday, we’ve created an everyday café that feels like your own corner in the city,” he explains. “Whether you’re working solo or brainstorming with friends, the vibe is intentionally casual yet inspiring.” Meanwhile, OMO takes it a step further by merging food and philosophy. “OMO is for people who want their dining spaces to align with their values—offering grounding meals, seasonal ingredients, and a calm, conscious atmosphere,” Sethi says. The rise of the “laptop and latte” work culture, particularly in metros like Delhi and Gurgaon, has made cafés a modern-day second home and office. What’s also redefining this space is the experiential element. According to Rajat Agarwal, CEO of Barista Coffee, “At Barista, coffee is more than just a beverage, it’s a lifestyle and cultural experience, especially for Millennials and Gen Z.” He points out that these generations crave connection, ambiance, and self-expression. Barista caters to this demand with curated offerings like Coffee Bubble Tea, Iced Tiramisu Latte, and live brewing sessions, trendy, flavorful, and highly Instagrammable. “Through experiential marketing, playful menus, and community-driven spaces, we’ve made Barista a go-to destination where coffee culture meets contemporary lifestyle,” Agarwal says. It’s not about fancy dining, but about engaging environments that balance affordability with innovation. Shreya Ghai, owner, Bean & Coffee Kitchen, beautifully sums up the emotional value cafés offer: “For Millennials and Gen Z, a café isn’t just a place to eat or drink, it’s an extension of their lifestyle. It’s where work happens, friendships grow, passions are explored, and everyday moments become memorable.” She emphasizes that what people seek today is comfort without formality, creativity without judgment, and connection without pressure. “It’s about being surrounded by warm lights, familiar faces, and the quiet hum of inspiration,” Ghai shares. “At Bean & Coffee Kitchen, the stories shared at every table are as important as the food on it.” What we’re witnessing is not just a shift in dining preferences but a broader cultural evolution. Cafés have emerged as the modern-day living rooms, creative studios, and informal workspaces for younger generations. They combine aesthetics, affordability, flexibility, and community, qualities that traditional restaurants often lack. In short, Millennials and Gen Z don’t just want to eat out, they want to belong somewhere. And cafés, with their warm lights, good brews, and open vibes, offer just that.



Where Movement Meets Mindfulness

For Shakti Mohan, movement has always been a form of expression, but her recent journey to Queensland, Australia, revealed a new rhythm entirely. Away from the spotlight and studio mirrors, the celebrated dancer and choreographer found herself immersed in something far more elemental: the quiet pulse of the rainforest, the salty breeze of untouched beaches, and the golden hush of a Queensland sunset. “Queensland, Australia offers such a compelling mix, from peaceful coastal retreats and ancient rainforests to vibrant urban energy. This trip allowed me to reconnect with nature and experience Australia in a truly fresh and soulful way,” Shakti shared, reflecting on a journey that blurred the lines between luxury, nature, and inner stillness. Her travels spanned the urban vitality of Brisbane, the golden expanse of the Gold Coast, the laid-back charm of the Sunshine Coast, the marine wonder of the Great Barrier Reef, and the grounding calm of ancient rainforests. But it wasn’t just the geography that made an impact; it was the emotional texture of



each place. With every barefoot walk, silent gaze, and cultural encounter, Shakti’s posts unfolded not as a travel diary but as a personal unravelling. In images and video captured mid-journey, she’s seen with wind-tousled hair by the sea, still beneath the rainforest canopy, or laughing quietly with locals. It’s a softer, more intimate portrait of the artist, one that reveals a side rarely seen on screen. What began as a collaboration with travel company JourneyLabel and Tourism and Events Queensland soon evolved into something more personal: a

chance to pause, breathe, and move at nature’s pace. “At JourneyLabel, we are drawn to destinations that leave a lasting impression. Queensland, Australia’s stunning beauty, diversity, and warm spirit align perfectly with what today’s Indian traveller seeks,” said Sufail Husain, Co-Founder, JourneyLabel. “It’s a privilege to partner with TEQ and collaborate with Shakti Mohan, who brings such grace and sincerity to the storytelling. We believe this journey will inspire others to travel deeper and dream bigger.” As Shakti continues to share her journey on social media, her audience is tuning in not just for the scenic beauty, but for the feeling of presence, of peace, of purposeful travel. Through Shakti’s eyes, Queensland becomes more than a destination. It becomes a mirror, a muse, and a moment of renewal.

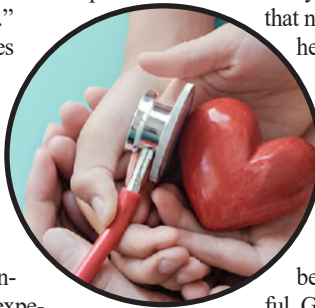
Cardiologists Explain The Hidden Cardiac Risk

Heartburn, nausea, or breathlessness is usually associated with an unsettled stomach or a stressful day. Maybe it’s the late-night meal, a skipped breakfast, or just a little anxiety. But cardiologists are sounding a quiet, critical alarm: these symptoms might be telling a different story, one about your heart. “When symptoms like a hyper feeling in the mind, nausea, or breathlessness appear, they should never be brushed off,” says Dr. Sunil Dwivedi, Consultant, Cardiology at Manipal Hospital, Millers Road, Bengaluru. “No matter which part of the body they seem to arise from, they often signal something significant. These symptoms are commonly linked to the digestive system, and sometimes to the heart.” That’s what makes these symptoms particularly tricky. According to experts, cardiac and gastrointestinal symptoms can mimic each other so closely, they’re often

mistaken for one another, especially when the signs are subtle. It’s a common misconception that heart problems always announce themselves with crushing chest pain or dramatic collapses. In reality, the signs can be whisper-soft and dangerously easy to miss. “Light heartburn, nausea, and shortness of breath may be easily overlooked as either a mild digestive issue or stress reaction,” explains Dr. Jajati Keshari Padhi, Senior Consultant Interventional Cardiologist at Manipal Hospital, Bhubaneswar. “Especially when these feelings of discomfort occur soon after eating or during exercise.” But for certain individuals, especially older adults, diabetics, and people with multiple health conditions, heart trouble may not present with textbook symptoms at all. “Heart attacks in these groups often begin with something as subtle as mild heartburn, or sometimes just vomiting. In many elderly

or immunocompromised patients, vomiting can be the only symptom,” adds Dr. Dwivedi. One particularly deceptive symptom? Breathlessness. It’s easy to chalk it up to poor fitness, anxiety, or even the weather, but in the context of heart disease, it can be a serious sign. “Shortness of breath, often attributed to anxiety, can actually indicate congestive heart failure or coronary artery disease,” warns Dr. Padhi. “It may reflect the heart’s reduced ability to pump blood, leading to fluid backup in the lungs.” So, how does one tell the difference between a harmless bout of acidity and a potential cardiac warning? Even experienced professionals can struggle with that,” Dr. Dwivedi admits. “But what patients must understand

is that these are not usual symptoms. If the discomfort feels different, if your regular acidity meds don’t work, or the nausea seems unusual, don’t wait. Seek help immediately.” As Dr. Padhi puts it, “Being famous and fabulous won’t provide answers. Many cardiac patients don’t show any signs until the condition becomes critical. By then, time becomes the enemy.” Early detection is key. Appropriate tests and evaluations can dramatically alter the course of treatment and recovery. While it’s true that not every case of heartburn or nausea is heart-related, the risk of ignoring the early, quieter signs can be life-threatening. “It’s always better to be careful. Getting checked early can help prevent serious heart problems,” Dr. Padhi stresses. The advice is consistent: listen to your body.



SPORTS

Coach Kanitkar confident India for historic Billie Jean King Cup

Bengaluru: Top performer Ankita Raina, alongside rising stars Shrivalli Bhamidipaty, Sahaja Yamalapalli, and Riya Bhatia, will be dreaming of success as India is set to make history by hosting the Billie Jean King Cup Play-Offs for the first time at the S.M. Krishna Tennis Stadium, Bengaluru, from November 14 to 16, 2025. Head coach Radhika Kanitkar is confident her players will put their best foot forward and help the country advance further in the mega event for the first time. The event marks a significant milestone for Indian tennis and offers the national side a golden opportunity to advance to the 2026 Billie Jean King Cup Qualifiers. Team India secured its place in the Play-Offs after finishing second in the Asia-Oceania Group I earlier in April and will now take on formidable opponents in the Netherlands and Slovenia, as it seeks to make a decisive mark on the global stage.

Radhika Kanitkar, who is at the forefront of India's campaign, is hoping to make the most of this opportunity. A former professional player with six ITF singles titles and six ITF doubles titles, Radhika has been associated with the Billie Jean King Cup (formerly the Fed Cup) both as a player and now in her fourth year as the coach. "When we qualified in Pune, it was very special for me since I was born and brought up there. But to now host a Play-Off tie in India is truly a chance of a lifetime. For me, for the players and for Indian tennis as



a whole, this is a moment we will cherish," said Radhika. She highlighted the importance of fan support, recalling the energy of the Pune tie: "That match was played on a weekend and the stadium was full. The noise and the support really lifted the girls and made all the difference. We are confident that Bengaluru, with its rich tennis culture, will rally behind the team in even greater numbers." Radhika has been working closely with team captain Vishal Uppal to design an extended training camp in Bengaluru. "Tennis is an individual sport, but the Billie Jean King Cup is about unity and playing as one team. This camp is not only about getting used to the conditions but also about bonding, coming together, and building the mindset of Team India. The girls did it beautifully in Pune, and here in Bengaluru, we want to take it a step further," she explained.

India's squad reflects a strong balance of experience and youth. Leading the team is Ankita, one of India's most consistent performers, along-

side rising stars such as Shrivalli Bhamidipaty, Sahaja Yamalapalli, and Riya Bhatia. "This mix of experience and youth is one of our greatest strengths," Radhika noted. "Many of the girls are strong in both singles and doubles, which gives us flexibility and keeps our opponents guessing. Earlier, the line-ups were predictable, but now we have options and that's a real advantage." Reflecting on the growth of Indian women's tennis, Radhika credited Sania Mirza for inspiring the current generation. "Sania showed young girls that they could dream big and have a career in professional tennis. Today's players are fitter, stronger athletes, and they play with a fearless mindset. That attitude, which we see across Indian sport, has now become part of women's tennis too," she said. The Billie Jean King Cup, with over 130 nations participating, is the world's largest annual international team competition in women's sport. Often described as the women's equivalent of the Davis Cup.

In Ro-Ko's Australian farewell, India worries about the bowling assault

New Delhi: While Rohit Sharma has rightfully earned some breathing space with a fighting 73 off 97 balls albeit in a lost cause, Kohli's back-to-back ducks, his first ever in international cricket, has definitely made his die-hard fans contemplate whether this is the beginning of the end. Rohit first came here for the CB Series in 2007-08 while Kohli's first tour with the senior team was in the 2011-12 season when he made an instant impact with a Test century at Adelaide. Rohit first came here for the CB Series in 2007-08 while Kohli's first tour with the senior team was in the 2011-12 season when

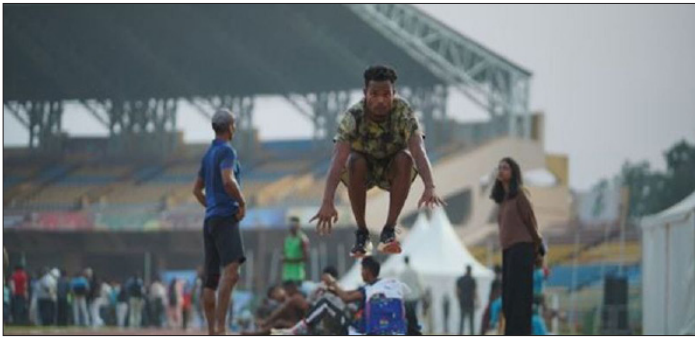
he made an instant impact with a Test century at Adelaide. With no ODI series in Australia in the next two years, it is impossible to think that the duo will again be seen Down Under in India blues. Whether Kohli, in particular, continues to play post Australia series is a matter of conjecture but the final ODI at the iconic SCG will be more than a mere "dead rubber". However at SCG, the fans would want those punchy cover drives to come out of the closet and a few of those on-drives and the inside-out lofted shot over extra cover from the modern-day legend. The match is of consequence

as the Gautam Gambhir-coached Indian team looks to avoid a 0-3 whitewash, which will certainly not look great even though the ODI World Cup is a good two years away. To make matters worse, in the last five ODIs between India and Australia at the SCG, the 'Men in Blue' have won only once. Skipper Shubman Gill and Kohli are both due for a big knock and Gambhir will expect both to fire in the final game. The current Indian team has been bullish about playing multi-skilled cricketers but most of them are bordering on being bits-and-pieces players.

India eye history as it hosts 4th South Asian Senior Athletics Championships 2025

Jharkhand: India is all set to make history as it hosts the 4th South Asian Senior Athletics Championships 2025 from October 24 to 26 at the Birsa Munda Football Stadium, Morabadi, Ranchi. India has been the traditional powerhouse in the South Asian circuit, having topped the 2008 Kochi edition with 57 medals (24 gold, 19 silver, and 14 bronze). The Ranchi championship marks the return of this prestigious event after more than a decade, and India will look to build on its rich legacy with a strong, balanced squad combining experience and emerging talent, as per a press release. Among men, Sandeep Singh (200m National Champion, Punjab 20.95s) and Prakash Gadade (800m National Champion, Personal Best (PB) 1:47.14s) will spearhead the track events, supported by middle- and long-distance specialists Sunil Dawar (1500m) and Prince Kumar

● Ranchi (Jharkhand) [India], October 22 (ANI): India is all set to make history as it hosts the 4th South Asian Senior Athletics Championships 2025 from October 24 to 26 at the Birsa Munda Football Stadium, Morabadi, Ranchi.



(5000m). In the field, Mohd Atta Sazid (2024 Asian Junior Bronze - Long Jump 7.79m), Samardeep Gill (Shot Put - 19.82m), and Damneet Singh (Hammer Throw - 69.87m) will be key contenders. The women's contingent is equally formidable, led by Sakshi Chavan (200m - 23.78s) and Amandeep Kaur (800m - 2:03.69s), alongside distance runner Seema (5000m - 15:30.70s), who recently won silver at the 2025 World University Games. Young prospects Reet Rathor (High Jump - 1.81m) and Bhavani Yadav (Long Jump - 6.44m) bring added promise, while throw-

ers Yogita (Shot Put - 16.52m) and Seema (Discus - 58.32m) are strong medal favourites. 'India Ready to Lead Once Again' - JOA General Secretary Expressing confidence ahead of the championship, of winning over 25 gold medals this year." He further added:-- including district-level players -- India's athletics foundation is robust. Olympic champion Neeraj Chopra is a testament to this ecosystem." Organised jointly by the Athletics Federation

of India (AFI) and the Jharkhand Olympic Association (JOA), the continental meet will feature top athletes from six South Asian nations -- India, Bangladesh, Bhutan, Nepal, Maldives, and Sri Lanka. Over 80 Indian athletes will compete across 37 medal events, as the host nation looks to reaffirm its dominance in regional athletics. With state-of-the-art facilities, enthusiastic crowds, and athlete-friendly arrangements, Ranchi is well-equipped to host the event.

Kylian Mbappe's Real Madrid To End Barcelona Clasico

New Delhi: Last season Barcelona romped to four Clasico victories over Real Madrid but led by in-form striker Kylian Mbappe, Los Blancos are aiming to redress the balance on Sunday in La Liga. Hansi Flick's side won a domestic treble, beating Madrid twice in La Liga and in the Copa del Rey and Spanish Super Cup finals, precipitating the end of Carlo Ancelotti's reign. The Italian's replacement Xabi Alonso has started well, with Madrid leading Barcelona by two points at the top of the table going into the clash at the Santiago Bernabeu. Madrid have some doubts around them regarding their performance in big matches, having lost against Paris Saint-Germain in the Club World Cup semi-finals this summer and then suffering a 5-2 thrashing by Atletico Madrid in a derby in September. Madrid have some doubts around them regarding their performance in big matches, having lost against Paris Saint-Germain in the Club World Cup semi-finals this summer and then suffering a 5-2 thrashing by Atletico Madrid in a derby in September. A victory in the Clasico would open up a five-point gap on their rivals and ease those concerns, while Flick's Barca



are yet to reach the same level they managed last season. Madrid striker Mbappe, however, has hit new heights in the current campaign after finishing the previous campaign strongly. Mbappe scored in his 11 previous consecutive matches for club and country before Wednesday's Champions League win over Juventus, in which Jude Bellingham netted the only goal. The 26-year-old has scored 10 of Madrid's 20 La Liga goals, leading Spain's scoring charts, and has 15 for his club across all competitions, totalling 54 percent of their goals. "We're not dependent on him," said Madrid coach Alonso last week, although the statistics hint otherwise.

Pratika Rawal Becomes Joint-fastest Batter To Reach 1000 Runs In WODIs

New Delhi: Young Indian opener Pratika Rawal made history on Thursday, equaling the World Record for being the fastest to score 1000 runs in Women's ODI cricket, reaching the mark during Match 24 of the Women's World Cup against New Zealand at the DY Patil Stadium in Navi Mumbai on Thursday. Pratika reached the four-figure mark with a boundary off New Zealand medium pacer Lea Tahuu in the 11th over, standing up on her toes and hammering it over mid-wicket. This took her total to 1004 runs, reaching the 1000-run mark in 23 innings, making her the joint-fastest player to complete 1000 runs in ODIs, equalling Australia's Lindsay Reeler's 37-year-old record, who reached the milestone in just 23 innings of her career. Pratika had an opportunity to break the record in India's last Women's 1world



Cup match against England but fell short by 12 runs. On Thursday, she equalled the record while going past the likes of Meg Lanning, Laura Wolvaardt and Mithali Raj among many others. This made her the fastest Indian woman batter to reach 1000 runs in ODI, improving on

the mark held by Deepti Sharma, who achieved the feat in 29 innings. She is now the 13th Indian batter to score 1000 or more runs in Women's ODIs, joining the likes of Richa Ghosh, Smriti Mandhana, Harmanpreet Kaur, and Mithali Raj. Richa Ghosh is the fastest In-

dian and third fastest in the World to reach the 1000-run mark in the 50-over game in terms of balls, achieving the feat in 1010 balls, following behind Australia's Ashleigh Gardner (917) and England's Nat Sciver-Brunt (943). India opener Pratika Rawal became the joint-fastest player to 1000 ODI runs in the women's game, getting past the milestone mark in 23 innings during the Women's ODI World Cup 2025 encounter between India and New Zealand. She struck a century in the previous game against New Zealand, which helped India secure a semi-final spot. With that knock, Rawal became the joint-fastest player to reach 1,000 ODI runs. She is currently the second-highest run-scorer in the ongoing World Cup, behind her opening partner Mandhana.

Alyssa's injury in focus as Australia face South Africa in Women's World Cup

New Delhi: Australia would be hoping their "three-in-one" skipper Alyssa Healy is fit and raring to go in the top-of-the-table Women's World Cup clash here on Saturday against South Africa, who have displayed remarkable resilience and fortitude to emerge as strong contenders for the prestigious trophy. Healy, who performs the triple role of captain, opener, and wicketkeeper, had suffered a calf injury during training ahead of the match against England here on Wednesday with Tahlia McGrath leading the seven-time champions to a big win against the arch-rivals. With the Proteas showing the intent to go the distance this time around by winning five consecutive games after the 10-wicket humiliation by England in the opener, 35-year-old Healy's fitness becomes all the more important to counter the threat as she has been in great touch with the bat in the tournament. Healy scored back-to-back centuries, against India and Bangladesh, which puts her third in the list of highest run-getters in the ongoing tournament behind India's Smriti Mandhana and Pratika Rawal despite playing two fewer games. Healy's absence against England forced quite a bit of juggling in the batting order but the team still won the contest with ease, with Annabel Sutherland and Ashleigh Gardner, who pushed themselves down the order, stitching together an unbeaten 180-run partnership. The kind of depth in Australia's batting, complemented by their array of pace and spin bowlers, makes them the team to beat, and it would require a huge effort from South Africa to stop the juggernaut. The game against England



gave an insight into the Southern Stars' fighting qualities where despite losing the top four—Phoebe Litchfield, Georgia Voll, Ellyse Perry and Beth Mooney—cheaply to be reduced to 68/4, the team dug deep into its reserves of experience to still score a facile win with Sutherland and Gardner scoring unbeaten 98 and 104 respectively. South African skipper Laura Wolvaardt would be well aware of the great depth in Australian batting and

would be banking on her fiery pace-bowling stalwart Marizanne Kapp to deliver a memorable performance. Having started sedately, Kapp has seamlessly slipped into her allrounders' role by taking six wickets and scoring two half centuries. But it's the trio of openers Wolvaardt, and Tazmin Brits and top-order batter Sune Luus who will have to do the bulk of the scoring, as the Proteas do not have the same batting depth as their opponents.

From ACC headquarters to different location Asia Cup trophy relocated

New Delhi: The Asia Cup trophy drama continues to take new turns weeks after the conclusion of the final between India and Pakistan on September 28 in Dubai. According to sources, the trophy has been removed from the Asian Cricket Council (ACC) headquarters and relocated to a different location in Abu Dhabi. Soon after the famed success, pandemonium ensued, with the post-match presentation delayed by 90 minutes. In response to India's decision, an official removed the Asia Cup trophy from its place on a raised dais and carried it off the ground without explanation. As India awaits the trophy's return, the entire story has now taken a new turn. A BCCI official visited the ACC headquarters last week and asked about the silverware. The staff informed the official that the trophy was moved to a different location in Abu Dhabi. "A BCCI official visited ACC headquarters a few days back. When he inquired about the trophy in the ACC office, the staff told him that it has been removed from here and is in the custody of Moshin Naqvi in some place in Abu Dhabi," the sources said. At the beginning of this month, Naqvi had set the condition for its return saying that if India "truly" wanted it, they could



come to the ACC office to collect it from him. Recently, Naqvi proposed hosting a ceremony to present the Asia Cup 2025 trophy to India, according to Geo News. Naqvi's reaction followed Indian player to attend a ceremony and collect the trophy from him. An ACC meeting took place at the end of September. After the meeting concluded, various reports claimed that Naqvi had apologised to the BCCI for the chaos that unfolded after the final. However, a day later, Naqvi categorically denied the reports. The reports also stated that no formal decision was made during the ACC meeting regarding the handing over of the trophy to India.