

Assam empowers 4,673 tribal families with forest land titles, securing rights and heritage

Guwahati, Nov 12: In a landmark initiative to strengthen land rights for indigenous communities, the Assam government handed over forest land title deeds to 4,673 tribal families on Monday. The event, held at Pantan High School playground in Chaygaon, Kamrup district, was organized jointly by the Kamrup District Administration and the Department of Tribal Affairs (Plain). The distribution coincided with the ongoing “Jatiya Gaurav Varsh Fort-night”, celebrating tribal heritage and the 150th birth anniversary of freedom fighter Birsu Munda. Beneficiaries from the Garo, Rabha, Bodo, and Karbi communities, residing across forest ranges such as Lokhara, Bondapara, Kulshi, Loharghat, Bamunigaon, Boko, and Singra, received legal recognition of the lands they have traditionally occupied for generations. Chief Minister Himanta Biswa Sarma described the initiative as a major step toward granting permanent land rights to tribal populations. “Our goal is to ensure land ownership for every tribal person living in forest areas. This effort has pro-



In a significant move to enhance land rights for indigenous communities, the Assam government allocated forest land title deeds to 4,673 tribal families in Chaygaon on Monday.

vided relief to thousands of families and helped reduce disputes over land,” he said.

The Chief Minister highlighted that the government has been implementing provisions of the Forest Rights Act, 2005, since 2021, benefiting families across Sonitpur, Nagaon, Karbi Anglong, and the Bodoland Territorial Region. Another 5,000 families in

Sonitpur and Biswanath are expected to receive land pattas soon. Under the first phase of the Basundhara scheme, over 1.5 lakh tribal households received ownership documents, and the permissible landholding limit was raised from seven to fifty bighas after consultations with tribal organizations. Sarma further noted that 600 villages have transitioned from non-ca-

dastral to cadastral areas, enabling thousands to claim legal ownership for the first time. “After almost 78 years of independence, tribal people of East and West Kamrup forest divisions are finally landowners. This is a proud moment,” he said. On curbing encroachments, the Chief Minister mentioned that 1.45 lakh bighas of forest land had been cleared, with further opera-

tions planned in Goalpara district. He also emphasized the political empowerment of tribal communities, noting that the Boko, Goalpara West, and Dudhnaï constituencies have been reserved for them. Sarma urged communities to preserve their language and traditions, invoking Birsu Munda’s vision of cultural preservation. The ceremony included floral tributes to Birsu Munda and other tribal leaders like Jaya Thausen, Bashimoni Hajong, Kamala Miri, Kati-ram Rabha, Hemram Patar, Maghiram Kachari, Bhimbar Deuri, and Bir Sambhudhan Phonglocha. The programme was attended by ministers Ranoj Pegu, Ashok Singhal, Pijush Hazarika, MP Bijuli Kalita Medhi, MLAs Suman Haripriya, Hemanga Thakuria, Nandita Das, and RHAC chief executive member Tankeswar Rabha, among others.

In Haflong, preparatory meeting held for upcoming unity march

Haflong, Nov 12: A thorough preparatory meeting was held at the District Commissioner’s Conference Hall in Haflong in advance of the much awaited Unity March (Padyatra). Superintendent of Police (SSP) Dima Hasao Ripunjoy Kakati (APS), senior officials, department heads, and representatives from all relevant line departments attended the meeting, which was presided over by District Commissioner Munindranath Ngatey (ACS). In order to guarantee the successful and seamless execution of the forthcoming Unity March, the District Commissioner examined a number of plans pertaining to logistics, security, traffic control, and public engagement at the meeting. In order to preserve the genuine spirit of harmony, peace, and unity in Dima Hasao, he underlined the significance of interdepartmental collaboration and community cooperation.



People from all walks of life are anticipated to participate in the Unity March (Padyatra), which is set to be ceremoniously begun on November 13, 2025, at Lal Field, Haflong, as a sign of togetherness among the varied cultures of the hill area. SSP Ripunjoy Kakati urged all residents to fully cooperate with the district administration and law enforcement agencies while highlighting the security measures being implemented to enable a peaceful celebration. In order to make the Unity March a significant and unforgettable occasion that upholds the message of communal harmony and collective progress across Dima Hasao, the meeting ended with a joint resolution.

Nagaland Police to host first regional anti-narcotics conference under Nasha Mukh Bharat mission

Kohima, Nov 12: The Nagaland Police, in collaboration with the Narcotics Control Bureau (NCB), will host a two-day Regional Anti-Narcotics Task Force Conference on November 13–14 at Chumoukedima.

The event will see participation from police representatives across all Northeastern states and West Bengal, aiming to address the rising concerns of drug trafficking in the region. Nagaland Director General of Police (DGP) Rupin Sharma, speaking at a press conference on Monday, said senior officials from the central government are expected to attend. “The conference will focus on the challenges posed by narcotics trafficking in and from the Northeast and work toward recommendations for better cooperation among states,” he stated. This is the first regional conference of its kind under the Nasha Mukh Bharat mission, emphasising en-



forcement, supply reduction, rehabilitation, and de-addiction strategies. Turning to administrative updates, Sharma highlighted the ongoing Nagaland Police recruitment drive, noting that the last date for online applications has been extended by 15 days to accommodate candidates facing delays in securing documents like indigenous certificates. Clari-

fying concerns about the Rs 300 examination fee, Sharma explained that online registration is free, and the fee is only required for sitting in the exam.

He emphasised that the system saves applicants between Rs 5,000 and Rs 6,000 by reducing travel and accommodation costs. On forensic capabilities, Sharma said Nagaland’s Di-

mapur forensic laboratory is equipped to handle around 1,200–1,300 cases annually, with ongoing efforts to improve district-level response. Additional DGP (Law & Order) Sandeep Tamgadge noted that mobile forensic vans will be deployed across all districts, and new posts for scientific officers and assistants are being created to strengthen forensic services.

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Assam CM condemns Delhi blast, warns action against online supporters of terrorism

Guwahati, Nov 12: Assam Chief Minister Himanta Biswa Sarma on today condemned the deadly blast in Delhi that killed at least 12 people and injured several others. Speaking to reporters during a programme at Raha in Nagaon district, Sarma called for unity among citizens and warned that any attempt to glorify or celebrate acts of terror would not be tolerated. “The blast in Delhi is highly condemnable. As we all know, in the last two days, a huge quantity of explosives was seized from specific individuals. Clearly, there was a major plan behind this. Hopefully, by this evening, we will have a clearer picture of the people involved,” the Chief Minister said. The powerful explosion took place near the

Red Fort metro station on Monday evening, creating panic and raising concerns about urban security and the possible resurgence of terror networks. In response to recent terrorist acts, Assam has enhanced security measures statewide. Chief Minister Sarma directed state police and intelligence to monitor social media for posts expressing support for terrorism, highlighting that favorable reactions to such events could indicate support for extremist actions. Furthermore, a thorough search and background check initiative has been initiated to pinpoint individuals promoting extremist ideologies online, with a warning that local offenders will face arrest.

ASF outbreak detected in Tinsukia

Tinsukia, Nov 12: In certain areas of Assam’s Tinsukia district, the outbreak of African Swine Fever (ASF) has been formally confirmed. Following the virus’s discovery, the district administration designated a 1-kilometer radius of the Makum Development Block as an Infected Zone.

In order to stop the disease from spreading further, the local Veterinary and Animal Husbandry Department immediately began culling pigs inside the designated

zone using the state’s preparedness, control, and containment action plan.

In addition to the contaminated area, the Makum block’s Gobindapur hamlet has been designated as a bigger monitoring zone with a 10-kilometer radius. There, the authorities will strengthen surveillance and take preventative measures. As a precaution for the protection of human and animal health, residents and pig owners are strongly advised not to eat pork or any prod-

uct made from it until further notice. In order to follow the containment directives, the District Commissioner has urged farmers, owners, and the community to fully cooperate.

Additionally, by functioning as a significant threat to the pig population and the livelihoods of individuals engaged in the pig-farming industry in the area, it seeks to stop the spread of ASF by quickly identifying risk areas and initiating culling operations.

In Brief

Army carries out military exercises in Arunachal

Itanagar: The Indian Army’s Dao Division conducted coordinated training exercises aimed at enhancing joint preparedness and mission efficiency in high-altitude terrains. The exercises focused on operational proficiency, inter-agency coordination, and adaptability, including tactical responses and validation of Standard Operating Procedures (SOPs) through realistic drills. Key elements tested included integrated planning, logistics management, and communication systems. The drills emphasized operational precision, resilience, and rapid response capabilities. This initiative underscores the Army’s commitment to maintaining readiness and professionalism in the strategically important frontier region, further embodying its ethos of preparedness and excellence.

Drug bust at ISBT Mawiong

Shillong: In a late-night operation on November 10, 2025, the Anti-Narcotics Task Force (ANTF) of Meghalaya intercepted a significant drug trafficking attempt at ISBT Junction, Mawiong. Acting on a tip-off, the ANTF stopped a motorcycle coming from Guwahati, ridden by Ajit Kumar Rai with Gulshan Singh as the pillion. A search revealed a soap box containing suspected heroin and 39 Nitrazepam tablets, with preliminary tests confirming 17.22 grams of heroin. Both individuals were arrested, and an NDPS case was registered. This action is part of the ongoing efforts by Meghalaya Police to combat narcotics trafficking in the region, with investigations to trace the broader supply network.

High alert in Guwahati

Guwahati: Following a bomb blast near Delhi’s Red Fort that resulted in 13 fatalities, security in Assam, particularly at Guwahati Railway Station, has been heightened. The Railway Protection Force (RPF) and Railway Police are conducting thorough searches using sniffer dogs and systematic checks of luggage and passenger belongings. Additionally, drone cameras have been deployed for aerial surveillance of the station and its surroundings, with operations continuing until further notice as part of the increased security measures.

Cyber crime is Assam down by 81 per cent

Guwahati: Assam has achieved a remarkable milestone in cyber security, witnessing an 81.2% decline in cyber crime cases over the past two years — a feat officials are hailing as a “digital reset” in the fight against online fraud and cyber offences. According to official data, cybercrime cases in Assam dropped from 4,846 in 2021 to just 909 in 2023, marking one of the steepest declines recorded by any Indian state in recent years. The figures reflect the success of a series of targeted operations and awareness campaigns led by the Assam Police Cyber Crime Wing and its district-level units. The steep fall comes after the government introduced a multi-pronged approach involving digital literacy drives, swift investigation mechanisms, and improved co-ordination between police and financial institutions to curb online fraud. The Cyber Forensic Lab in Guwahati also played a crucial role in real-time tracking and data recovery, enabling quicker arrests and deterrence. Chief Minister Himanta Biswa Sarma highlighted Assam’s advancements in cyber safety, noting that technology can pose challenges and offer protection. He emphasized the importance of ongoing citizen awareness for sustaining these achievements. With Assam’s efforts termed “CTRL + ALT + DELETE” on cybercrime, the state is becoming a model for proactive digital governance in the Northeast and beyond.

Assam CM aids women entrepreneurs in Dhubri

Dhubri: Chief Minister Dr. Himanta Biswa Sarma distributed cheques under the Chief Minister’s Women Entrepreneurship Scheme to approximately 23,000 women at Halakura Higher Secondary School. While ten women received cheques ceremonially, the rest received Rs 10,000 directly in their bank accounts. Dr. Sarma highlighted that this initiative aims to empower women from self-help groups to start businesses and achieve self-sufficiency. Additionally, each woman received Rs 100 as a travel subsidy and a signed invitation letter from the Chief Minister, with attendance from party officials including Guardian Minister Ranjeet Kumar Dass and former BJP Legislator Aswani Roy Sarkar.

2 arrested for robbing jewellery in Lucknow

Lucknow, Nov 12: Two individuals, Imran alias Munna and Kallu alias Raju, both aged 25, were arrested by the Krishna Nagar police for allegedly deceiving elderly women into giving up their jewelry under the pretense of a “police-check.” They employed a handkerchief-swap technique to steal the ornaments and escape before the victims realized they had been deceived. The duo posed as scrap dealers on a scooter, targeting solitary elderly women. They advised the victims to remove their



jewelry for safety due to a purported police check and instructed them to wrap it in a handkerchief for protection. The scam involved swapping their handkerchief with a similar one before fleeing with the stolen jewelry. To evade detection, they changed outfits multiple times around the crime scene, as noted by ADCP South Vasanth Rallapalli.

Delhi blast: How T-shirts and tattoos helped victims’ families validate their worst fears

New Delhi, Nov 12: The explosion at the Red Fort in Delhi on Monday resulted in the tragic loss of ten lives and numerous injuries, leading to widespread chaos as families struggled to identify their loved ones amid the devastation. The blast, caused by a Hyundai i20 car, was so intense that it shattered windows of nearby vehicles and was audible from considerable distances. In the aftermath, families relied on identifying details like tattoos and clothing

to confirm their fears. One victim, Amar Kataria, a 34-year-old pharmaceutical businessman from Chandni Chowk, was recognized by his family through tattoos dedicated to his parents inscribed on his arms. His family received the news of his death via a phone call where a woman informed them about the blast. Another heartbreaking account involved Jumman, who was living in Shastri Park and served as the primary provider for his disabled wife and children.



His body was identified by his family, despite significant injuries, through a T-shirt he was wearing, after they searched for him for twenty hours. The explosion occurred near the

Subhash Marg traffic signal, resulting in substantial damage to surrounding vehicles. In response to the incident, Union home minister Amit Shah indicated that

all potential avenues were under investigation as various agencies collaborated to determine the cause and motive behind the explosion. The Delhi Police lodged a case citing multiple offenses under the Unlawful Activities (Prevention) Act (UAPA), the Explosives Act, and other pertinent legal sections. Prime Minister Narendra Modi also addressed the situation, asserting that those responsible for the tragedy would face justice.

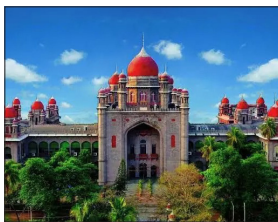
A Pune techie is detained due to “terror” connections

Mumbai, Nov 12: The Maharashtra Anti-Terrorism Squad (ATS) has questioned a teacher in Thane regarding the arrest of Zubair Hangargekar, a Pune-based software engineer alleged to have links with Al Qaeda and other banned organizations. Hangargekar was arrested on October 27 for suspected radicalization activities, and it was discovered that he conducted meetings at the teacher’s residence in Mumbai. During their investigation, the ATS located a Pakistani contact number on Hangargekar’s old phone and identified his visit to Mumbai for meetings. The teacher, while not a suspect or witness, was questioned to gather further information. ATS reports indicated that Hangargekar delivered aggressive religious discourses in Kondhwa, Pune. In related searches, the ATS seized mobile phones that included deleted PDF files titled ‘Al Qaeda in the Indian Subcontinent and All Its Manifestations’ and an Urdu translation of Osama bin Laden’s Eid-ul-Fitr speech. Additionally, a magazine called ‘Inspire’, containing photographs of AK-47 training and IED construction details from a bomb school, was recovered. Further analysis of Hangargekar’s contact list revealed international numbers from Pakistan, Saudi Arabia, Kuwait, and Oman; however, the call records showed no communication with these contacts.

Kaleshwaram project investigation

Telangana HC provides KCR with temporary protection, Rao Harish

Hyderabad, Nov 12: The Telangana High Court extended its interim order until January, preventing the state government from taking adverse actions against BRS chief K Chandrasekhar Rao (KCR) and several others based on a judicial commission’s findings concerning alleged irregularities in the Kaleshwaram irrigation project. This hearing involved a batch of writ petitions submitted by KCR, former minister Harish Rao, former Chief Secretary Shailendra Kumar Joshi, and senior IAS officer Smrita Sabharwal, with the state’s counsel requesting additional time to file counter affidavits. The case, presided over by



Chief Justice Aparesh Kumar Singh and Justice G M Mohiuddin, has now been postponed to January 2026, concurrently extending the interim protection previously granted to the applicants. A commission led by retired Supreme Court judge Justice P C Ghose investigated the alleged irregularities during the project’s construction under the former BRS administration and presented its report to

the government. This report was tabled in the state assembly in August, after which Chief Minister A Revanth Reddy announced the decision to transfer the investigation to the CBI. The commission’s report implicated KCR in the irregularities and also highlighted faults regarding Harish Rao, who served as the irrigation minister during the BRS’s tenure. In response, KCR, Harish Rao, and others sought legal redress in the High Court, challenging the report’s findings. Previously, the High Court had granted temporary relief to them, prohibiting any governmental actions pending the final resolution of the case.

The Delhi High Court denounces CJI Gavai’s shoe-hurling attempt, calling it an insult to the dignity of the judiciary

New Delhi, Nov 12: The Delhi High Court condemned an incident where an advocate attempted to throw a shoe at Chief Justice of India (CJI) Bhushan R. Gavai, emphasizing that such actions undermine the dignity of the judiciary. A bench comprising Chief Justice D.K. Upadhyay and Justice Tushar Rao Gedela highlighted that this incident affects not just individual members but the institutions themselves, necessitating serious response measures. The court was hearing a petition by advocate Tejasvi Mohan, who sought the removal of videos from social media following the incident. Additional Solicitor General Chetan Sharma in-



dictated the case may be better suited for the Supreme Court, where related contempt proceedings are ongoing against Rakesh Kishore, the advocate involved, who has since been suspended. The Delhi High Court expressed willingness to intervene if the Supreme Court denies Mohan’s request to participate in its ongoing proceedings. The shoe-throwing inci-

dent occurred on October 6 when Kishore approached the CJI’s bench and allegedly attempted to remove his shoe, shouting phrases related to a perceived insult to “Sanatan.” CJI Gavai resumed court proceedings undeterred and decided not to pursue charges, labeling the episode “a forgotten chapter.” However, the act has drawn significant criticism

●The court reviewed a plea by advocate Tejasvi Mohan requesting the information and broadcasting ministry to delete videos of the incident from social media.

from several Bar members, prompting calls for contempt proceedings and leading to Kishore’s suspension by the Bar Council of India and revocation of his membership with the Supreme Court Bar Association. CJI Gavai later stated he did not wish to escalate the incident, but Justice Bhuyan insisted the matter should not be overlooked, reaffirming the seriousness of such affronts to the judiciary. The court has set the next hearing for December 4.

With exit polls indicating a landslide victory, the BJP is confident that the NDA will win

Patna, Nov 12: Bihar BJP President Dilip Jaiswal expressed confidence in the National Democratic Alliance (NDA) forming the government again, attributing this to public trust in Prime Minister Narendra Modi and Chief Minister Nitish Kumar’s development initiatives. He remarked on the positive perception of the NDA following exit polls predicting favorable outcomes, stating that the public believes in the future safety of Bihar under their leadership. Jaiswal also criticized the opposition coalition, Mahagathbandhan, pointing out the strained relations between the RJD and Congress, and declared that the public is favoring the NDA. BJP MP Dinesh Sharma additionally conveyed optimism about the NDA’s pros-



BJP’s Dilip Jaiswal criticized the opposition Mahagathbandhan, pointing out the strained relations between the RJD and Congress.

pects, suggesting a significant “cleanup” of Congress and RJD in Bihar is underway, and forecasting that the NDA would secure a two-thirds majority in the state assembly elections. He highlighted that the exit polls revealed an impressively high turnout in the elections, reflecting strong engagement from voters. Various polls forecast a range of seats for the NDA, with estimates suggesting

they may obtain between 133-159 seats, while the Mahagathbandhan is projected to win between 75-101 seats. Other surveys indicate the NDA could secure between 135-150 seats, with Jan Suraj likely to gain very few seats. The counts from the exit polls are set to be revealed starting November 14, following the completion of polling phases on November 6 and November 11.

Five significant disclosures about Red Fort explosion suspect Umar un-Nabi

New Delhi, Nov 12: Umar un-Nabi, a 35-year-old doctor from Jammu and Kashmir, is a primary suspect in the recent bomb explosion near Red Fort, Delhi, which resulted in at least 10 fatalities. Linked to a significant terror network, Umar allegedly drove the Hyundai i20 involved in the blast and is connected to multiple arrests following raids in Faridabad, where nearly 3,000kg of ammonium nitrate was seized. Investigations reveal his associations with two other doctors, Adeel Ahmed Rather and Muzammil Shakeel Ganaie, who were part of a logistics network connected to the Jaish-e-Mohammed and Ansar Ghazwat-ul-Hind. All three worked together in medical institutions and are believed to have collaborated on terror activities. Evidence suggests that Umar acted hastily after the Faridabad raids intensified, potentially attempting to destroy evidence and transport explosives to Delhi. The bomb utilized in the Red Fort explosion was reportedly a “premature” device, indicating that it was not fully constructed, hence limiting its impact, driven by Umar’s panic during the crackdown. CCTV footage captured Umar minutes before the detonation, and prior foot-



age placed him driving the same vehicle days earlier in Faridabad. Ultimately, investigators conclude that the Red Fort incident is part of a broader sequence of events linked to terror activities and the fallout from recent raids, with Umar’s actions driven by a sense of impending capture.

58 cr case of digital arrest

Mumbai, Nov 12: The Maharashtra Cyber Department is investigating a significant ₹58 crore “digital arrest” fraud case that has revealed an international network linked to locations in Hong Kong, China, and Indonesia. This scam, one of the largest reported in India, involved cyber fraudsters posing as officials from the Central Bureau of Investigation (CBI) and the Enforcement Directorate, managing to deceive a Mumbai businessman between August 19 and October 8 of this year. The fraud’s operations involved intricate cryptocurrency transactions, which enabled the stolen funds to be funneled abroad through various crypto wallets. This revelation came after the businessman complained, detailing how he was contacted by an individual pretending to be a CBI officer, who coerced him into participating in a video call under the pretense of an official inquiry. Over several hours of intimidation, the fraudsters effectively drained ₹58 crore from his bank accounts. During the investigation, the cyber police uncovered that this incident was not an isolated case, but rather part of a broader international syndicate that has been preying on Indian citizens for over a year. Estimates suggest that similar scams could have collectively amassed more than ₹2,000 crore by exploiting victims across India using such “digital arrest” tactics combined with cryptocurrency manipulation. “Digital arrest” scams represent an alarming trend in cybercrime, whereby fraudsters impersonate law enforcement or government agency personnel and leverage psychological tactics through audio and video communication to coerce victims into surrendering funds.

Chhattisgarh woman kills husband stuffs body in bag

Chhattishgarh, Nov 12: A disturbing murder case has emerged from Jashpur, Chhattisgarh, where 43-year-old Santosh Bhagat was allegedly killed by his wife, Mangrita. Following a series of arguments, it is believed Bhagat was murdered on the night of November 8. Mangrita reportedly concealed his body in a trolley bag after covering it with a blanket. The incident was uncovered when their daughter, upon visiting from Korba, informed Bhagat’s brother, leading to a police investigation. Authorities have charged Mangrita with murder under BNS Section 103(1) and are actively searching for her, including dispatching a team to Maharashtra where she is believed to have fled. A preliminary autopsy indicated that Bhagat suffered a fatal injury to his temple caused by a sharp weapon. Mangrita had recently returned from working in Mumbai, and the couple has three adult children living outside the village. In a related case from Ahmedabad, Gujarat, a woman named Ruby, along with two accomplices, was implicated in the murder of her husband, Samir Ansari, who had become aware of her extramarital affair. Following his death, they buried his remains under the kitchen floor, mimicking a plot from the film “Drishyam.” Vaghela, one of the accomplices, detailed how they killed Ansari and disposed of the body, leading to Ruby deceiving others about his whereabouts. This incident highlights issues of domestic violence and the lengths to which individuals may go in desperation or fear.

Case of bonded labor HHRC claims the investigation report is ambiguous

Chandigarh, Nov 12: The Haryana Human Rights Commission (HHRC) has expressed disappointment regarding the investigation of a case involving a 15-year-old boy who was allegedly forced into bonded labor. The Commission criticized the probe as “incomplete, vague, and lacking in vital details,” and has requested explanations from law enforcement and administrative officials about the boy’s abduction and exploitation, while advocating for the arrest of the perpetrators involved. The incident occurred at Bahadurgarh Railway Station in Haryana, where the boy was allegedly abducted by a man, Anil Kumar, and taken to a dairy farm where he was made to work under abusive conditions. The boy suffered significant injuries while working, specifically a severe injury while cutting fodder, and was subsequently abandoned by his employer in a remote area. After managing to reach safety, a teach-

er provided him medical assistance and contacted the police. On August 13, the HHRC demanded an immediate and thorough investigation, prompting the Superintendent of Police in Nuh to submit a report stating an FIR was filed under Sections 75 and 79 of the Juvenile Justice Act, 2015 among other relevant provisions. However, the Commission found this report unsatisfactory, stating that it failed to address critical details of the case, including the exact site of the boy’s injurious treatment and the identity of the offenders. The Commission emphasized that the sequence of events demonstrated a clear pattern of abduction, illegal confinement, and physical abuse, necessitating a more thorough and timely investigation. During a tele-conference, the HHRC communicated directly with Nitika Gahlaut, the Superintendent of Police for Railways, who committed to overseeing the case, ensuring the precise lo-

cation of the crime was identified, and that the perpetrators were traced. The Commission has mandated the submission of a status report by November 27, alongside the complete investigation records. The HHRC has also reached out to various officials for their reports on the status of their own investigations into associated issues such as violations of labor laws and the responsibility of local officials. In light of the serious nature of the accusations, the HHRC has stressed the necessity of identifying and arresting the accused individuals, and examining the bonded labor practices occurring at the dairy farm. Dr. Puneet Arora, the Protocol, Information and Public Relations Officer of HHRC, indicated the need for a comprehensive medical report and rehabilitation plan for the injured child, and for detailed inquiries to enforce accountability regarding the reported labor law violations.

Al Falah University’s initial response to the explosion at Delhi Red Fort

New Delhi, Nov 12: Al Falah University Vice Chancellor Bhopinder Kaur clarified on Wednesday that the institution has no ties to the doctors arrested in relation to the recently uncovered terror module in Faridabad or the Delhi Red Fort blast, aside from their professional roles. This statement follows the arrest of two doctors affiliated with the university in connection with these incidents, which resulted in at least 10 fatalities. Kaur expressed anguish over these developments and condemned them, emphasizing that the university’s connection to the detained individuals is strictly professional. She also addressed allegations



regarding the storage of hazardous materials, stating that no chemicals, including ammonium nitrate, are stored on campus. Kaur categorically denied these accusations, asserting that laboratory facilities are dedicated solely to the educational needs of MBBS students and approved courses. The university commits to cooperating fully with investigative authorities to facilitate a fair resolution related to matters of national security.

Security services are searching for two outfit modules connected to the Red Fort explosion

New Delhi, Nov 12: Security and intelligence agencies are actively pursuing at least two additional modules of an alleged terror network connected to the car blast near Red Fort, which resulted in 10 fatalities on Monday evening. According to anonymous sources from the Delhi Police, these modules may include one or more operatives who have since gone into hiding following law enforcement

operations that led to the arrest of individuals from the group planning widespread terror attacks. In a coordinated effort, agencies are conducting raids across Delhi-NCR and states like Jammu and Kashmir, Haryana, and Uttar Pradesh, focusing on individuals tied to the suspected group, which has links to the terrorist organization Jaish-e-Mohammed (JeM). Over the

past year, this group is believed to have planned multiple explosions and acquired substantial quantities of explosive materials, including nearly 3,000 kg of ammonium nitrate. The officers involved in the investigation expressed concern over the absconding members, noting that it is unclear whether they are still in possession of explosives or have abandoned their vehi-

cles since the attacks. Despite gathering crucial information on some suspects, authorities remain cautious about sharing details as their investigation and associated operations continue. The blast, which originated from a white Hyundai i20, created chaos not only at the blast site but affected vehicles up to 2 km away, resulting in a significant emergency response, including the rapid



deployment of firefighters and medical personnel. While an FIR has been registered under anti-terror statutes, law enforcement has not publicly identified any specific suspects or organizations as responsible for the incident, emphasizing the need for swift progress in apprehending the network’s members to uncover the masterminds behind these planned attacks.

Tripura emerges as Northeast’s next IT and data hub: MeitY Secretary

■ Tripura is emerging as a significant IT and data hub in Northeast India, supported by government initiatives and enhanced infrastructure, as noted by S. Krishnan, Secretary of MeitY, during the launch of the Tripura Cyber Security Policy 2025 and Cyber Security Awareness Month Campaign 2025 in Agartala.

Agartala, Nov 12: Tripura is steadily positioning itself as a major IT and data hub in Northeast India, supported by government initiatives and improving infrastructure, said S. Krishnan, Secretary, Ministry of Electronics and Information Technology (MeitY), during an event in Agartala on Monday. Krishnan made the remarks while launching the Tripura Cyber Security Policy 2025 (TCSP 2.0) and the Tripura Cyber Security Awareness Month Campaign 2025 (TCSAM 2025) at Pragna Bhavan. He highlighted that the

state’s strategic location and expanding infrastructure offer “ideal conditions for setting up data centres,” adding that access to international internet connectivity through Bangladesh, coupled with stable power and water supply, makes Tripura attractive for Global Capability Centres (GCCs) and technology-driven investments. “Tripura, with its border proximity to Bangladesh, already enjoys reliable international connectivity and infrastructure. If this momentum continues, the state can evolve into a global data hub,” Krishnan remarked. He also cited Cyber Bharat Setu, a central initiative fostering collaboration between central and state agencies to strengthen cybersecurity across the country. The Secretary commended the Tripura government’s efforts in launching a comprehensive cyber policy, calling it “a significant step toward protecting citizens from emerging online threats.” He added that MeitY aims to



strengthen regional cyber capabilities, enhance alertness, and build a “cyber-resilient India.” The event included the unveiling of the Tripura Cyber Security Awareness Month 2025 brochure, themed “Cyber Jagriti Tripura”, and featured a two-day workshop designed to raise public awareness and build local capacity for

cyber response and resilience. The programme was attended by Chief Secretary Jitendra Kumar Sinha, DGP Anurag, IT Director Jeya Ragul Geshan, and senior officials from both central and state governments, reflecting strong collaboration to position Tripura as a key digital and technological hub in the Northeast.

Cyber crime is Assam down by 81 per cent

Guwahati, Nov 12: Assam has achieved a remarkable milestone in cyber security, witnessing an 81.2% decline in cyber crime cases over the past two years — a feat officials are hailing as a “digital reset” in the fight against online fraud and cyber offences. According to official data, cybercrime cases in Assam dropped from 4,846 in 2021 to just 909 in 2023, marking one of the steepest declines recorded by any Indian state in recent years. The figures reflect the success of a series of targeted operations and awareness campaigns led by the Assam Police Cyber Crime Wing and its district-level units. The steep fall comes after the government introduced a multi-pronged approach involving digital literacy

drives, swift investigation mechanisms, and improved coordination between police and financial institutions to curb online fraud. The Cyber Forensic Lab in Guwahati also played a crucial role in real-time tracking and data recovery, enabling quicker arrests and deterrence. Chief Minister Himanta Biswa Sarma highlighted Assam’s advancements in cyber safety, noting that technology can pose challenges and offer protection. He emphasized the importance of ongoing citizen awareness for sustaining these achievements. With Assam’s efforts termed “CTRL + ALT + DELETE” on cybercrime, the state is becoming a model for proactive digital governance in the Northeast and beyond.

Assam police arrest five over inflammatory social media posts following Delhi explosion

Guwahati, Nov 12: Five men from Assam were detained for sharing offensive content on social media following a deadly explosion in Delhi on November 10, which resulted in 12 fatalities. The arrested individuals include Mat-

tiur Rahman, Hassan Ali Mondal, Abdul Latif, Wajhul Kamal, and Nur Amin Ahmed. Police conducted the arrests to curb the spread of communal hatred and violence, emphasizing their commitment to monitor social media for terror-

ist-related content. Chief Minister Himanta Biswa Sarma condemned the blast and warned that those in Assam supporting terrorism would be arrested. He highlighted recent explosives seizures, indicating a broader threat.

Brother of murdered Indore businessman deposes as Sohra murder trial begins in Meghalaya

Shillong, Nov 12: The trial in the murder of Indore businessman Raja Raghuvanshi began on November 11, with his brother Vipin Raghuvanshi taking the witness stand as the first prosecution witness before the Court of the Additional Deputy Commissioner (Judicial), Shillong. Raghuvanshi’s wife, Sonam Raghuvanshi, along with her alleged boyfriend Raj Kushwaha and

his friends Vishal Singh Chauhan, Aakash Singh Rajput, and Anand Kurmi, have been charged with conspiring and murdering the 30-year-old businessman at a remote spot near Wei Sawdong Falls in Meghalaya’s Sohra earlier this year. All five pleaded not guilty when charges were formally framed on October 28. Special Public Prosecutor KC

Gautam said the case rests on strong evidence and a “watertight chargesheet,” adding that around 90 witnesses will be examined during the proceedings. “Only Vipin was examined today. His statement remains incomplete and will continue at the next hearing,” he told reporters. The complainant, Vipin Raghuvanshi, confirmed that his full deposi-

tion could not be completed due to time constraints. The next hearing is scheduled for November 26. According to investigators, Raja Raghuvanshi had travelled to Meghalaya with his wife in May for their honeymoon. He was reported missing on May 26, triggering a large-scale search. His body was found a week later, on June 2, inside a deep gorge near the popular

tourist site Wei Sawdong Falls. Police filed a 790-page chargesheet in the case, outlining the alleged conspiracy and roles of each accused. East Khasi Hills Superintendent of Police Vivek Syiem said a second chargesheet is being finalised and is likely to be submitted by the third week of November, before the December deadline.

Assam to get new military station to boost security at ‘Chicken Neck’

Guwahati, Nov 12: Amid apprehensions of increased cross-border crimes, activities by fundamentalist groups and alleged attempts by the Bangladesh caretaker government to create “pressure” on the ‘chicken’s neck’ corridor that connects the North East with the rest of India, the upcoming army base in Assam has assumed special significance, experts said.

Such a facility will boost border security and help the authorities concerned enhance intelligence, they said.

Barely 40 km from the international border with Bangladesh, the Lachit Borphukan Military Station is being set up by the Indian Army at Bamunigaon in Assam’s Dhubri district – the first one in the western sector of the state. Lieutenant General RC Tiwari, General Officer Commanding-in-Chief, Eastern Command, laid the foundation stone for the facility last week during a visit to forward areas.

Late-night drug bust at ISBT Mawiong; two held

Shillong, Nov 12: In a late-night operation on November 10, 2025, the Anti-Narcotics Task Force (ANTF) of Meghalaya intercepted a significant drug trafficking attempt at ISBT Junction, Mawiong. Acting on a tip-off, the ANTF stopped a motorcycle coming from Guwahati, ridden by Ajit Kumar Rai with Gulshan Singh as the pillion. A search revealed

a soap box containing suspected heroin and 39 Nitrazepam tablets, with preliminary tests confirming 17.22 grams of heroin. Both individuals were arrested, and an NDPS case was registered. This action is part of the ongoing efforts by Meghalaya Police to combat narcotics trafficking in the region, with investigations to trace the broader supply network.

Union Minister reviews relief efforts in conflict-hit Churachandpur, assures continued support

● Union Minister of State for Road Transport and Highways, Ajay Tamta, visited Churachandpur district on Monday to assess the delivery of government aid to families displaced by ongoing ethnic violence.

Churachandpur, Nov 12: Union Minister of State for Road Transport and Highways, Ajay Tamta, visited Churachandpur district on Monday to assess the delivery of government aid to families displaced by ongoing ethnic violence. The visit highlighted the central government’s commitment to restoring normalcy and supporting communities affected by unrest in Manipur’s hill districts. During the visit to the district headquarters, Tamta met displaced residents and beneficiaries of welfare schemes alongside Deputy Commissioner Dharun Kumar S and other district officials at the mini secretariat. Officials distributed benefits under several central programmes, including the Pradhan Mantri Formalisation of Micro Food Processing Enterprises (PM FME) scheme,



Rashtriya Krishi Vikas Yojana, Jal Jeevan Mission, and Pradhan Mantri Jan Arogya Yojana health insurance. The minister also recognised the academic achievements of five students from displaced families who excelled in recent board examinations, emphasising the government’s efforts to maintain educational continuity despite prolonged disruption. Special awards were presented to Lalthazam, CEO of the Autonomous District Council Committee, Seiminthang,

Additional Deputy Commissioner, and two fellows from the Aspirational Blocks Programme for their contributions to local development. Tamta reviewed the progress of central and state schemes across various departments and aspirational blocks, interacting with officials to understand ground-level challenges. He assured continued support from the central government to ensure timely and effective implementation of relief measures.

Congress questions student safety in Arunachal

Itanagar, Nov 12: The Arunachal Pradesh Congress Committee (APCC) has criticized the state government for its poor handling of security in educational institutions after a series of violent incidents in schools and colleges. APCC President Bosiram Siram said that recent cases of rape, murder, molestation, and law-and-order lapses have created an atmosphere where “the safety and dignity of children and students are severely at risk.” He argued that these incidents reveal serious gaps in oversight and governance under the current BJP administration. Siram noted that institutions meant for education have become unsafe due to inadequate supervision and administrative negligence, questioning, “Where is the accountability, the monitoring, and the leadership?” The Congress leader urged the state government to take swift action by implementing strict safety measures across educational institutions, setting up accountability systems within school administrations, and reinforcing law-and-order mechanisms at the district and police levels. He also stressed the importance of providing psychological counselling and launching preventive awareness programs for students. The APCC cautioned that further inaction would amount to neglecting the safety of the state’s youth. “Ensuring students’ safety, dignity, and well-being must remain the top priority,” the statement said. The opposition party also pledged its support to students, parents, and educators in advocating for stronger security measures in schools and colleges.

Indian Army conducts high-intensity training on Eastern Arunachal frontier

Itanagar, Nov 12: In a robust display of operational readiness, the Indian Army carried out high-intensity training exercises across Arunachal Pradesh’s eastern frontier, reinforcing combat preparedness and strengthening border security. The large-scale drills, conducted by troops from the Dao Division, focused on tactical manoeuvres, unit coordination, and inter-agency collaboration in challenging terrain. According to official sources, the exercises tested troops under harsh weather and difficult topography, simulating real-world operational scenarios.

Key aspects of the drills included synchronised movement, rapid communication, logistics management, and mission execution under operational stress, aimed at maintaining a high state of readiness to counter any contingency along the sensitive frontier. In a show of integrated capability, attack helicopters of the Spear Corps conducted joint flying operations with infantry units, demonstrating all-weather operational effectiveness for both day and night missions. In a post on X, the Spear Corps described the manoeuvres as a “powerful display of aerial dominance,” highlighting the seamless integra-



tion of air and ground assets in modern combat operations. Meanwhile, on India’s Western seaboard, formations of the Sudarshan Chakra Corps participated in Exercise Trishul, a major tri-service amphibious operation alongside the Indian Navy. The exercise tested multi-domain coordination, combining land, sea, and air elements, and showcased the armed forces’ growing synergy in executing complex missions.

BJP sends central leadership to Manipur to strengthen state party coordination

Imphal, Nov 12: Senior BJP leaders, BL Santosh, General Secretary (Organisation), and Dr Sambit Patra, BJP National Spokesperson and North East In-Charge, arrived in Imphal on a three-day visit to assess the political situation in Manipur and hold key meetings with party members and stakeholders. The leaders were received at Imphal International Airport by BJP Manipur Unit President A. Sharda Devi and General Secretary K Sarat Singh, marking the start of an important round of consultations within the party. According to party sources, Santosh and Patra will meet BJP MLAs from both the hill and valley districts, along with office bearers, district presidents, and prominent intellectuals of the state. The discussions are expected to focus on strengthening party coordination and reviewing ongoing political and administrative developments in Manipur. Sources further indicated that several BJP MLAs are likely to raise the issue of forming a popular government in the state during their meeting with the visiting central leaders. It is learned that BJP legislators have already held internal discussions to pursue the matter collectively.



Assam CM aids women entrepreneurs in Dhubri

Dhubri, Nov 12: In the Dhubri district, Chief Minister Dr. Himanta Biswa Sarma distributed cheques under the Chief Minister’s Women Entrepreneurship Scheme to approximately 23,000 women during a program at Halakura Higher Secondary School’s playground in Golokganj. Ten women received cheques in a ceremonial setting, while the remaining entrepreneurs received Rs 10,000 directly into their bank accounts. Dr. Sarma emphasized that this financial assistance aims to empower these women, who are part of self-help groups, to start businesses and achieve self-sufficiency. Additionally, each woman received Rs 100 as a travel subsidy and an invitation letter signed by the Chief Minister. The event was attended by various party officials, including Guardian Minister Ranjeet Kumar Dass and former Golokganj BJP Legislator Aswani Roy Sarkar, among others.

Real estate sector sees \$4.7 bn inflows in 2025, poised for 2nd highest annual inflow

New Delhi: India's real estate sector attracted \$4.7 billion in institutional investment during the first three quarters of 2025, according to Cushman & Wakefield's India Capital Markets Q3 2025 report. The figure represents a 10% fall compared to the previous year, but the market is expected to conclude the year with a total between \$6 and \$6.5 billion, which would be the second-highest annual inflow on record. Investment activity across major cities showed varied performance, with Mumbai registering the highest growth in inflows at 300% over the period. In Mumbai, institutional interest spanned multiple asset classes. The residential sector led with \$377.6 million in in-



flows, supported by redevelopment projects. The office space segment followed with \$339.71 million, benefiting from resilient occupancy levels and renewed leasing activity. Logistics and industrial assets

attracted \$269.3 million, while mixed-use commercial projects, including offices and hospitality, drew \$155 million. Data centres accounted for \$54.6 million, illustrating rising investor appetite for

alternative segments. Foreign capital comprised 67% of Mumbai's inflows, with United States investors contributing \$500 million and Japanese investors \$297 million; domestic investors provided the remaining \$398 million. Across India, domestic institutional participation has grown to account for 48% of inflows between January and September 2025, up from a smaller share in previous years; foreign investors made up the remaining 52%. This shift has helped stabilise the market despite international volatility. Office assets remained the primary choice, constituting 35% of inflows, followed by residential (26%), retail (12%), and logistics and industrial (9%).

CDSL shares Choice recommends 'Buy', cites positive momentum



New Delhi: Choice Equity Broking has issued a bullish call on Central Depository Services (India) Ltd (CDSL), recommending a 'Buy' at Rs 1,624 level with a stop loss of Rs 1,520 and a target price of Rs 1,832. The domestic brokerage noted that CDSL's stock has shown a strong rebound from its key trendline support, aligning closely with the 200-day exponential moving average (EMA) -- a zone where demand had previously emerged. The stock is currently forming an Ascending Triangle pattern, suggesting the potential for an upside breakout as it consolidates near its upper resistance levels with increasing momentum and volume participation. Choice highlighted that such formations often indicate accumulation phases and renewed bullish sentiment among investors. The firm believes this technical setup offers a

high-probability entry point for investors, supported by a favourable price structure and consistent trading volumes. Technically, CDSL is trading above its 20-, 50-day and 200-day EMAs, which, according to the report, confirms a well-established uptrend. The brokerage added that a decisive breakout and close above Rs 1,650 could further strengthen the stock's positive momentum. On the downside, the 200-day EMA continues to act as a strong support level, underscoring the presence of buying interest at lower prices. Momentum indicators also support this bullish view. The Relative Strength Index (RSI) is currently at 64 and trending upward, reflecting sustained strength and signalling the continuation of the existing bullish phase. Meanwhile, CDSL shares settled 3.32 per cent higher at Rs 1,654 on Wednesday.

Nykaa shares rally 8% after strong Q2 results should you buy, sell or hold

Mumbai: Nykaa shares target price: Following the release of a solid set of results for the quarter that concluded on September 30, 2025, shares of FSN E-Commerce Ventures, the parent company of beauty and fashion omnichannel operator Nykaa, surged by about 6% during Monday's trading session. On the stock, however, brokerage firms continue to disagree. FSN E-Commerce Ventures reported a 243 per cent year-on-year (YoY) surge in the net profit at Rs 34.4 crore, while revenue soared 25.1 per cent YoY to Rs 2,346 crore for the September 2025 quarter. Nykaa's Ebitda came in at Rs 158 crore, up 52 per cent YoY, while its Ebitda margin also expanded to 6.7 per cent for the period. Gross merchandise value (GMV) climbed 30 per cent YoY to Rs 4,744 crore, led by robust 28 percent GMV growth in beauty and a sharp revival in fashion. House of Nykaa portfolio recorded a 54 percent YoY GMV growth, driven by sustained momentum in its owned beauty brands. Following the updates, shares of Nykaa soared nearly 8 per cent to Rs 265.30 on Monday, commanding a total market capitalization more than Rs 75,000 crore. percent Ebitda margin. It expects strong performance in Q3, aided by festive demand and Nykaaland, its flagship beauty event. Morgan Stanley has an 'Overweight' rating on Nykaa with a target price of Rs 271. Another global brokerage firm CLSA also has an 'outperform' rating, while raising its target price to Rs 298. It noted that improved profitability across both verticals, with beauty net sales value rising 27 per cent and fashion margins expand-



ing 550 basis points year-on-year. deliver sharp expansion in consolidated EBITDA margin," it added with a 'buy' and a target price of Rs 310.

Amidst premiumized valuation, any moderation in growth/margins or surge in competition (entry of Flipkart and Amazon in quick commerce) may lead to sharp de-rating. For FY25-28E, our revenue CAGR of 28.1% limits a further rerating, said Elara Capital. "We pare FY26E Ebitda estimates by 8 per cent to factor in flat BPC margin in Q2. Growth acceleration is noteworthy, but elevated valuations may leave limited room for disappointment. We roll forward to FY28E and raise target price to Rs 260 (from Rs 225) -- maintain Accumulate," it said. "losses continue to ebb led by improved operating leverage and marketing efficiency," said HDFC Securities.

Civil Services Main 2025 results are announced by UPSC

New Delhi: The Union Public Service Commission (UPSC) has declared the results of the Civil Services (Main) Examination 2025, held from August 22 to August 31. Candidates whose roll numbers are listed in the notification have qualified for the next stage, the Personality Test (Interview), for recruitment to the Indian Administrative Service (IAS), Indian Foreign Service (IFS), Indian Police Service (IPS), and other Central Services (Group 'A' and 'B'). subject to verification of eligibility criteria and supporting documents. "The candidates will be required to produce the original certificates.

PhysicsWallah vs. Emmvee Photovoltaic vs Tenneco IPO

Mumbai: Three mainboard IPOs- PhysicsWallah, Emmvee Photovoltaic Power and Tenneco Clean Air India- are open for investors for primary market investment, cumulatively raising a total of Rs 9,980 crore, attracting a mixed response from the investors. All the three issues, with different opening and closing dates, are commanding a muted premium in the grey market. The IPO of PhysicsWallah was overall subscribed only 11 per cent as of 2.30 pm. The portion for retail bidders was booked 53 per cent, while the allocation for non-institutional bidders was subscribed only 4 per cent. Employee portion was booked over 1.64 times. However, qualified institutional bidders quota was yet to see any bids as of this time. The ed-tech player PhysicsWallah is selling its shares in the price band of Rs 103-109 apiece, which could be applied for a minimum of 137 shares and its multiples to raise Rs 3,480 crore. Its GMP had re-

mained around to Rs 3, hinting at muted gains of nearly 3 per cent gains for the investors. The issue, which opened on Tuesday, November 11, shall close on Thursday, November 13. PhysicsWallah has established a strong brand and wide reach across India through its affordable, hybrid education model and asset-light expansion strategy. While its scalability and low customer acquisition costs support long-term operating leverage, profitability remains constrained by rising employee expenses and continued investments in offline infrastructure, said Raja KJ, Head of Equity Research at FundsIndia. The IPO market in November 2025 features diverse offerings, including Emmvee Photovoltaic, PhysicsWallah, and Tenneco Clean Air. Analysts predict cautious investor enthusiasm amid varying valuations, with IPO allotments, subscriptions highlighting market interest across sectors.

Nestlé India expands 'Serve Safe Food' project in Tripura, to train 300 more street vendors

Agartala: In a bid to enhance food hygiene and safety standards, Nestlé India, in collaboration with the Food Safety Department, Government of Tripura, and the National Association of Street Vendors of India (NASVI), has expanded its flagship initiative 'Serve Safe Food' across Tripura. The latest phase aims to train over 300 street food vendors in Agartala, Udaipur, and Dharamnagar, taking the total number of trained vendors in the state to over 1,800. Since its inception in 2016, the project has benefited more than 92,800 vendors across 26 states and 4 Union Territories, offering guidance on hygiene, safe food handling, waste disposal, and entrepreneurship, along with modules on COVID-19 safety and digital payments. Dr. Vishal Kumar, IAS, District Magistrate of West Tripura, said the initiative aligns with Tripura's growing tourism and cultural identity, empowering local vendors to maintain high standards of safety and hospitality. In Agartala, the project is seen as a game-changer for the city's bustling street food scene, where hygiene improvements are expected to boost consumer



confidence and attract more tourists, particularly in areas like Battala and Paradise Chowmuhani. Ms. Taruna Saxena, Head of Sustainability,

Nestlé India, said the company aims to strengthen India's food safety ecosystem through consistent skill-building and community engagement.

Private capex boosts India's medium term growth, 25 bps repo cut likely

New Delhi: India's medium-term growth outlook remains constructive, with improving private capital expenditure and resilient consumption, which supported a strong recovery in equities in October, a report said on Monday. "Nifty valuations are modestly above the 10-year average; we remain constructive on Indian equities," the report from HSBC Mutual Fund said. In debt markets, the HSBC fund house said the 2-4 year corporate bond segment offers attractive opportunities, adding that inflation outlook and growth uncertainty

raise the odds of a 25 bps rate cut on December 5. Regarding equities, the report said, "The growth cycle may be bottoming out. Interest rate and liquidity cycles, decline in crude prices and a normal monsoon support a pick-up in growth". The mutual fund said that the GST rate cut and prior income tax cuts should boost private consumption and support private capex amid global uncertainty. Government investment, manufacturing push and a real estate recovery should sustain medium-term investment momentum, it added. Indian equities



recovered strongly in October, with Sensex and Nifty up over 4 per cent, aided by FII inflows and

improved domestic sentiment. The NSE Midcap index rose 4.8 per cent and the BSE Smallcap

index gained 3.2 per cent. Real estate led sectoral performance, while oil & gas, metals, banks and IT outperformed the Nifty, even as healthcare, power, FMCG and autos underperformed. The upcoming macro prints such as November CPI inflation, trade deficit, GDP and GST collections will be closely watched by the central bank for its rate guidance. The report noted tight liquidity despite RBI foreign-exchange interventions, adding that markets expect liquidity infusion via open market purchase (OMO) purchases.

Bajaj General Insurance uncovers Rs 25-crore motor accident fraud; FIR filed after SIT probe

Aizawl: Bajaj General Insurance Limited (formerly Bajaj Allianz General Insurance Company Limited) has exposed a ₹25-crore motor accident insurance fraud, underscoring the growing importance of vigilance and risk management in India's insurance sector. The fraud involved a fabricated FIR and forged documents submitted to the Motor Accident Claims Tribunal (MACT) in Bhub, with the alleged driver claiming a fatal accident in a Mahindra Xylo and seeking ₹25 crore in compensation.

Upon receiving the court summons, Bajaj General Insurance conducted an exhaustive internal investigation, reviewing the FIR, chargesheet, post-mortem report, vehicular documents, and spot and inquest panchamas. Finding clear signs of pre-meditated deception, the company approached the Gujarat High Court, which appointed a Special Investigation Team (SIT) under the CID Crime Branch. The SIT's probe confirmed that the driver had staged the accident, misled witnesses, and submitted fabricated evidence. An FIR was subsequently filed against both the driver and the insured for conspiracy and attempted fraud.

Earnings Profit rises Asian Paints Q2

Mumbai: Shares of Asian Paints Ltd, the country's largest paint manufacturing company, hit their fresh 52 week high after the paints major reported 47 per cent year-on-year (YoY) rise in its consolidated net profit for the September 2025 quarter. During the quarter under review, profit came at Rs 1018 crore from Rs 693.66 crore in the corresponding period last year. The company said its revenue rose 6.4% to Rs 8531 crore in Q2FY26 from Rs 8027.5 crore in the year-ago period. EBITDA climbed 21.3% to Rs 1503 crore in Q2 against Rs 1239.5 in the year ago period.

Manipal Hospitals Kolkata strengthens healthcare outreach in Aizawl with CPR training for journalists

Aizawl: Manipal Hospitals EM Bypass, Kolkata, expanded its healthcare engagement in Mizoram by organizing a Cardiopulmonary Resuscitation (CPR) training and health awareness session for local journalists. Conducted under its flagship initiative 'Anveshana - Medical Education for Media', the program aimed to equip media professionals with lifesaving skills and reliable health knowledge to improve emergency response and reporting. Dr. Raja Mazumder, Attending Consultant, Emergency, Manipal Hospital EM Bypass, led the training, providing hands-on

demonstrations on CPR techniques and explaining how immediate intervention during cardiac arrest can save lives. Highlighting the urgency, Dr. Mazumder noted that without medical help within 18 minutes of a cardiac arrest, damage often becomes irreversible. Around 25-30 journalists participated, receiving CPR certificates and privilege health cards valid across all Manipal Hospitals units in India. In Aizawl, the initiative has been well-received by the media and the local community, reflecting rising awareness about health emergencies in Mizoram's hilly regions. Journalists ap-

preciated the training, noting it empowers them to act in critical situations and disseminate timely health information, a factor increasingly important in markets where access to emergency care can be delayed. This initiative reinforces Manipal Hospitals' broader business strategy of strengthening brand presence, promoting healthcare education, and building customer trust, continuing a legacy of training over 4,000 CPR heroes in Kolkata and earning Guinness World Records recognition for emergency preparedness in Bengaluru.

K-Pop star HyunA collapses on Macau stage, carried off mid-show

Agency: South Korean pop star HyunA, 33, collapsed mid-performance while singing her hit track Bubble Pop! at a music festival in Macau, alarming fans and organizers alike. The incident reportedly followed a rapid weight loss of 10 kilograms in a single month. After being helped offstage by security and backup dancers, HyunA issued an emotional apology on social media, stating, “I’m really sorry I don’t remember anything that happened, and I feel like I wasn’t professional.” The singer cited fatigue and memory loss around the event.HyunA has been diagnosed with vasovagal syncope, a condition that can cause temporary fainting when a person’s heart rate and blood pressure drop suddenly due to stress, pain, or other triggers. The condition, while usually harmless, is often preceded by



dizziness, blurred vision, or nausea. Management includes identifying triggers and lying down with legs elevated to restore blood flow to the brain when feeling faint, according to The Korean Times. Born Kim Hyun-a in 1992, HyunA debuted in 2007 as a member of the iconic girl group Wonder Girls but left shortly after due to health concerns. She returned in 2009 as the main rapper of 4Minute, where she quickly became the group’s central figure and ‘sexy icon.’ She also gained fame as part of the mixed-gender duo Trouble Maker with Hyun-seung, delivering chart-topping hits like Trouble Maker (2011) with provocative performances.

Friendship stays despite Bigg Boss eviction

Mumbai: Chaos is perhaps a permanent resident at the Big Boss house. The latest episode of the reality show was a shock to the audience due to a double eviction. Bhojuri actress Neelam Giri was evicted along with Abhishek Bajaj in the latest episode of the reality show. Giri had captured the audience’s attention due to her honesty and straightforwardness.

Giri, who is friends with Tanya Mittal, recalls her journey in the Bigg Boss and mentions that trolling did not affect her friendship with Mittal in any way. Giri told Zoom TV that her bond with Mittal remains the same even after her eviction. Neelam told Zoom TV that she shares a close bond with Mittal, which transcends the boundaries of the Bigg Boss house. While Giri acknowledges that Mittal has been subjected to trolling, that does not bother her. Giri mentions that she is fond of Mittal and their friendship is an unconditional one. “Meri dosti uske prati bahut nishchal hai day one se aur abhi tak, aur is show ke bahar bhi agar wo jeet kar bhi aati hai tabhi bhi same hi rehne wala hai kyunki mujhe Tanya se bahut pyaar hai. Mujhe wo ladki literally bahut pasand hai. Wo jaisi bhi hai, wo bahut different character hai aur wo show ke liye bahut acchi hai”, Giri tells Zoom TV.

Hema Malini calls Dharmendra a ‘Poet at Heart,’ reveals truth

Mumbai: Hema Malini and Dharmendra were not just an on-screen couple; they were cinematic magic. Whenever they appeared together, the audience knew they were in for something special. From Sholay to Seeta Aur Geeta, their undeniable chemistry made them one of Bollywood’s most iconic pairs.

In an earlier conversation with Filmfare, the Dream Girl fondly reflected on her relationship with Dharmendra, speaking with warmth and admiration for the man behind the star. Hema Malini described him as someone who is a poet at heart. The veteran actress said, “He’s a poet at heart and has a couplet for every occasion. No one can be like him. I’m blessed to have him in my

Actor Govinda Hospitalised After Fainting At Home In Mumbai

Mumbai: Bollywood actor Govinda was hospitalised late Tuesday night after he fainted at his residence in Mumbai. The 61-year-old star was rushed to CritiCare Hospital in Juhu following an episode of disorientation, confirmed his friend and legal advisor Lalit Bindal. “He was given medicine after consulting a doctor and was admitted to the hospital in emergency at 1 am,” Bindal told NDTV. The actor has reportedly undergone several tests and is awaiting the results. No further details about his current condition have been shared yet.Interestingly, Govinda’s hospitalisation comes just a day after he was spotted visiting veteran actor Dharmendra, who is currently being treated at Mumbai’s Breach Candy Hospital. A paparazzi video of Govinda from outside the hospital has gone viral, showing the actor visibly emotional as he drove himself there. Family members, including Hema Malini, Sunny Deol, Bobby Deol, and Esha Deol, were seen visiting Dharmendra as well. Other celebrities such



as Salman Khan, Shah Rukh Khan, and Aryan Khan also visited the veteran star amid ongoing concerns about his health. Reports about Dharmendra’s condition have been circulating for several days. He was admitted earlier this month after complaining of breathing difficulties. While unverified reports claimed he was on life support, both Hema Malini and Esha Deol have since assured fans that he is stable and recovering.

Meanwhile, Govinda’s wife, Sunita

Ahuja, recently made headlines after candidly discussing her marriage in an interview with Pinkvilla. She reflected on the challenges of being a star’s wife and shared that she “wouldn’t want Govinda as her husband in her next life.” The couple, who secretly married in 1987, shares two children – Tina and Yashvardhan Ahuja. While Tina has already made her Bollywood debut, Yashvardhan is set to step into films soon with a project directed by Sai Rajesh Neelam.

“The Raja Saab” Unit Marks Prabhas’ 23rd Cinema Anniversary with Special Celebration

Hyderabad: Prabhas had completed principal shooting for his upcoming horror-comedy The Raja Saab on Wednesday. The development coincides exactly with the superstar’s 23rd anniversary - his debut was in the 2002 film Eeswar. Celebrating the occasion, director Maruthi and the production team released a new still of Prabhas from The Raja Saab.

Much to the delight of the fans, the makers of the film unveiled a new poster of Prabhas. Fans have been constantly demanding updates from the horror comedy, and the makers couldn’t have timed the new release at a better time. Posting the picture of Prabhas, director Maruthi took to his social media handle and recalled

how the actor took his first step into cinema 23 years ago. He shares a coincidence that Prabhas had wrapped up the principal shooting for his part in The Raja Saab on the same day when he completed 23 years in cinema. The director stated that he feels ‘blessed and fortunate’ to be part of the actor’s victorious journey. Exuding confidence that the horror comedy will have a completely different energy altogether, Maruthi assures fans to deliver nothing but the absolute best. While appreciating their love and empathizing their impatience, the filmmaker called for celebrating more such days ahead.

Highlighting Prabhas’ rise from a regional actor to a pan-India superstar through blockbusters like Chatrapati,



Mirchi, Baahubali and Kalki 2898 AD, fans have engaged in several decisions on social media under the hashtag ‘23YearsForREBELwood’. The occasion marked an opportunity for them to interact and recall Prabhas’ box office records and his upcoming films. Meanwhile,

The Raja Saab filmmakers have expedited the post production work and gearing up for release on January 9, 2026. The film is known for having India’s largest horror film set, a sprawling 41,256-square-foot haunted haveli that was designed to be central to the story.

The Global Launch: Rajamouli-Mahesh Babu Teaser Premieres Only on JioHotstar

Hyderabad: The much-awaited Mahesh Babu and SS Rajamouli movie is all set for its grand premiere on Saturday, 15th November. The event will stream exclusively on the popular OTT platform JioHotstar from 7:00 pm. In a first-of-its-kind digital launch, the event promises an unforgettable cinematic celebration with electrifying performances and the global debut of the film’s teaser.

This much-anticipated event will take place at Ramoji Film City, Hyderabad, with over 50,000 audience members expected to witness the grand unveil. Filmmaker SS Rajamou-

li is known for setting new benchmarks with his projects. The movie has high expectations from Rajamouli, and with this grand scale and spectacle, the teaser and first look are poised to shatter records. Reports suggest that the teaser will be unveiled on a massive 130 ft x 100 ft screen, the largest ever in India, offering the audience a breathtaking viewing experience unlike any other.

The evening will also feature a special performance of the movie’s title track by Shruti Haasan and Divine, followed by the much-awaited unveiling of a stunning three-minute teaser introducing Mahesh Babu’s



character, filmed against the breathtaking backdrop of the Masai Mara. The Prince of Tollywood, Mahesh Babu,

is expected to make a grand entry, leading into the teaser reveal, which will culminate in a spectacular fireworks

show lighting up the skies over Ramoji Film City. The teaser will be available in both English and Telugu,

making it accessible to a wider audience across India and beyond. The exclusive live streaming on JioHotstar will give viewers across the country the first opportunity to experience the launch in real time, ahead of its official reveal on social platforms. Fans can tune in live or catch the full celebration later on the platform, ensuring they don’t miss a moment of the excitement. Talking about the one-of-its-kind launch, ace filmmaker SS Rajamouli said, “This event is special – not just for the film, but for how cinema connects with audiences today. Streaming live on JioHotstar lets us bring a shared moment right

into people’s homes, bridging the big screen and digital space. Globetrotter is about exploration, and this launch itself is a step into new ways of storytelling and engagement.”

Talking about the much-anticipated launch, Mahesh Babu said, “Being part of Globetrotter and sharing its first glimpse live on JioHotstar is truly exciting. It’s a moment that beautifully blends tradition and technology, letting fans be part of history in the making.” SS Rajamouli’s upcoming yet-to-be-titled SSMB 29 is headlined by Mahesh Babu along with Priyanka Chopra and Prithviraj Sukumaran.

Mika Singh Cancels Show Amidst Red Fort Blast Terror Fears

New Delhi: In the wake of the tragic car blast near Delhi’s Red Fort metro station on November 10, which claimed 13 lives and injured several others, singer Mika Singh has cancelled his scheduled performance at Soho Club, Delhi.

After reports circulated about the cancellation, Mika Singh confirmed the news via his Instagram story, posting a folded-hand emoji alongside a heart with a bandage, signaling sympathy for the victims. The blast has also impacted Bollywood events. The makers of Ranveer Singh’s upcoming film Dhurandhar announced that the trailer launch, initially planned for November 12 at Mumbai’s Nita Mukesh Ambani Cultural Centre (NMACC), has been postponed. The official statement read, “The Dhurandhar trailer launch scheduled for 12th November has been postponed as a mark of respect to the victims and families affected by yesterday’s Delhi blast. The revised date and details for the trailer launch will be shared soon. Thank you for your understanding. — Jio Studios, B62 Studios & Team



Dhurandhar.”

Directed by Aditya Dhar, Dhurandhar features a star-studded cast including Sanjay Dutt, R Madhavan, Arjun Rampal, and Akshaye Khanna, and is slated for theatrical release on December 5. A deadly blast shook Delhi on Monday evening when a Haryana-registered car parked near Gate No. 1 of the Red Fort Metro Station exploded, killing at least eight people and injuring several others. In response to the incident, the Union Ministry of Home Affairs has ordered heightened security measures across major cities in India. The investiga-

tion has since uncovered possible terror links to Jammu and Kashmir. Three doctors, Dr Adeel Ahmad Rather from Qazigund, Dr Muzammil Ahmad Ganai from Pulwama, and Dr Shaheen Saeed, have been arrested in connection with the Kashmir-Faridabad-Delhi terror network. Additionally, two others, Tariq Ahmed Dar from Samboora (Pulwama) and a man identified as Umar alias Amir, have been detained in Kashmir. Tariq reportedly told investigators that he had handed over the car to Amir.

Officials have traced the car’s ownership history to Pulwama, indicating a possible terror connection. According to CNN-News18 sources, the vehicle was originally registered in Gurugram under the number HR26 and was first owned by Mohammad Salman. It subsequently changed hands multiple times — from Salman to Devendra, then to Sonu, and finally to Tariq from Shambhura village in Pulwama. The Delhi Red Fort blast case has now been handed over to the National Investigation Agency (NIA) for a thorough probe.

Yami Gautam and Emraan Hashmi’s “Haq” Collects Over ₹11 Crore by Day 5 Box Office Collection

Mumbai: Haq, starring Yami Gautam and Emraan Hashmi, has been steadily gaining popularity among audiences. Viewers have responded enthusiastically to its emotionally charged storyline, inspired by a real-life courtroom drama. The film has not only earned praise from fans but has also sparked wide discussion across social media platforms. Its growing buzz is now being reflected in the box office performance as well.

According to trade website Sacnilk, Haq earned an estimated Rs 1.25 crore net in India on Tuesday, bringing its domestic total to Rs 11.25 crore. This marks a significant jump in collections following a strong weekend. The film grossed Rs 3.35 crore on Saturday and Rs



3.85 crore on Sunday, showing considerable growth over its Rs 1.75 crore opening day. On Tuesday, the movie recorded a 21.11% occupancy rate, with night shows attracting the highest footfall at 33.27%, followed by evening shows at 24.69 %, afternoon shows at 17.43%, and morning shows at 9.03%. Speaking about the good box office response, Yami Gautam shared a note. “The pow-

er of ‘Word of mouth’. No foul play or any gimmicks. Straight from our hearts to the audience. Even from a trade & media perspective, I feel a lot of positivity that they want a film like ‘ HAQ’ to be a success. It’s a rarity & I shall cherish this moment for life.”

The story revolves around Shazia (Yami Gautam Dhar), a woman married to rich lawyer Abbas Khan (Emraan

Hashmi). Abbas unexpectedly takes home a second wife and quickly breaks his marriage with Shazia by triple talaq. The video then focuses on Shazia’s legal battle to defend her rights. Sheeba Chaddha and Vartika Singh perform important parts alongside Yami Gautam and Emraan Hashmi. Produced by Jungle Pictures in association with Insomnia Films and Baweja Studios, Haq continues the production house’s tradition of addressing powerful and socially relevant themes. Featuring Yami Gautam and Emraan Hashmi in compelling performances, the film delves into issues of gender and justice while sparking important conversations about India’s evolving socio-legal landscape.

Galloping Through Paradise: Life on America’s Car-Free, Horse-Rich Island



Home to the “Motor City” of Detroit, where companies like Ford, General Motors and Chrysler originated, the US state of Michigan is often called “the car capital of the world”. But off the state’s northern coast in Lake Huron is a serene, scenic island that has been luring travellers for hundreds of years – and has banned cars pretty much since they were invented. Welcome to Mackinac Island: a 3.8-sq-km island home to 600 year-round residents, no motorised vehicles and the only US highway where you’re not allowed to drive a car. Even golf carts are prohibited on the island’s streets, so chances are if you hear a honk or a screech, it’s from one of the island’s geese or owls. But why the absence of autos? Because as Urvana Tracey Morse, who owns a craft store on the island’s main drag, says: “Horse is king here.”

According to local lore, when a car backfired in 1898, scaring horses nearby, village authorities banned internal combustion engines, a move that was extended to the rest of the island two years later. Ever since, locals have leaned into this tranquil, once-upon-a-time way of life. More than a century later,

some 600 horses keep things running here, from the depths of winter to the mad summer rush when roughly 1.2 million people board a 20-minute ferry from Mackinaw City or St Ignace on Michigan’s Upper Peninsula and descend on the small village (also called Mackinac Island) on the island’s southern tip. There, visitors shop for the village’s famous fudge, explore its 70 miles of trails and soak up the clip-clopping sounds of a simpler time. “Horses are used in everything from garbage removal to FedEx deliveries,” says Morse, who has been selling scrimshaw, art, jewellery and other merchandise after first visiting as a college student in 1990. “That’s how our lifestyle has been; that’s how our pace is.”

“Part of us just like the tradition that we get around by bike, or we walk or take the horse taxi,” Morse adds. For hundreds of years, Indigenous communities used the island’s strategic location at the confluence of Lake Huron and Lake Michigan as a fishing and hunting ground. They thought its limestone bluffs and green forests resembled a giant turtle rising from the water, so they named it Michilimackinac, or “place of the

great turtle” in Anishinaabemowin. British forces shortened the name and established a defensive fort on the island in 1780. Today, visitors can still follow costumed interpreters, experience cannon firings and see an officer’s quarters inside the oldest building in Michigan. But more than 200 years after the US took control of Mackinac following the War of 1812, its Indigenous roots remain.

“Mackinac Island is one of the most important [and] prominent places in Anishnaabe history and culture,” says Eric Hemenway, an Anishnaabe member who has been instrumental in reviving Indigenous history on the island. “The Anishnaabeek people have been at the Straits [the waterways connecting Lake Huron and Lake Michigan], some say, since time immemorial. And we are still at the place of our ancestors here at the Straits. The waters were, and continue to be, the highways of the Midwest.” As Hemenway points out, a large number of Indigenous burial sites have been found on the island – some of which go back roughly 3,000 years. “[Mackinac] is one of our most sacred spots on the Great Lakes,” he says. Hemenway has also worked on the development of the Biddle House, which is home to the Mackinac Island Native American Museum that opened in 2021. “My biggest success [metric] is when I see other Native people come through... this is our story,” says Hemenway. “[The island has] a touristy perception now, but the layers to this place are there.”

By the late 19th Century, Mackinac Island had become a playground for wealthy industrialist families from Chicago, Detroit and other parts of the once-thriving Midwest, who flocked to the island in summer to unwind in its pristine waters. Mackinac’s 138-year-old Grand Hotel has individually decorated rooms and claims to have the world’s longest porch; it’s also one of the last fully functioning hotels from industrial America’s Gilded Age. Such is the Grand Hotel’s unique appeal that Michigan governor Gretchen Whitmer recently took to X to pitch the island as the location for season four of HBO’s *The White Lotus*. While the pitch was playful, Morse is hesitant for Mackinac to become overtouristed. “You’re proud of where you live; but at the same time I kind of don’t want to tell people how cool it is here,” she says. Indeed, this pint-sized island packs a punch. Eighty percent of Mackinac’s land area is comprised of Mackinac Island State Park, where visitors can stroll through old-growth forest, admire towering limestone pillars, and hike, bike or hire a horse-drawn carriage to photograph one of the island’s most famous attractions – the

50ft-wide Arch Rock.

Elsewhere, locals suggest heading north from the island’s one village to ramble the 8.5-mile highway turned bike-and-hiking trail that runs the circumference of the island and offers views of the five-mile-long Mackinac suspension bridge and access to quiet pebble-covered beaches and woodlands. Horses aside, the island’s 1,500 bikes for hire are the main way residents and visitors get around – a self-propelled mode of transport that suggests Mackinac residents are happy to move at a different pace than the rest of the country. Living in a place without cars is one of the main reasons why Morse, who rides her bike nine months of the year, has decided to live year-round on the island, despite the harsh winters. “I just love the idea of getting on my bike and coming down [to the village] through the trees. It sets me for the day,” she says. “You are always greeting and talking to people.” But while cycling is the easiest and most popular mode of transport, bikes clearly play a secondary role in powering the island. “Without the horses, this place wouldn’t be what it is. It’s what makes you feel like you’ve stepped back in time when you get off the boat and you hear that ‘clip-clop,’” says Hunter Hoaglund, who works at Arnold Freight, a company that has run a ferry service to the



island for 140 years and ships in a herd of its horses that overwinter on Michigan’s Upper Peninsula every April. “We have our trucks show up here each day [dropping off the horses], and within the next month we’ll probably see 200 to 300 more show up.” An estimated 20-30 horses remain on the island during the winter to collect garbage, deliver packages and otherwise keep the island running. Surrounded by crystal-clear water, Mackinac can be periodically cut off from the mainland in winter when ice floes can halt ferry services to or from the island. But in spring and summer, Mackinac comes alive.

Paradise: America’s Car-Free, Horse-Rich Island



Bali remains one of the most visited islands in Indonesia, attracting travellers from across the world. While Indonesia is home to several beautiful islands, Bali stands out for its unique mix of culture, natural beauty, and luxury experiences. Over the years, it has become a favourite honeymoon destination among Indian tourists. From everyday travellers to celebrities, many choose Bali to unwind, relax, and indulge in the island’s lifestyle. The beaches, ancient temples, island-hopping options, and adventure sports offer something for every kind of traveller. If a Bali trip is on your radar, here are some top places and experiences worth adding to your itinerary.

Here Are 5 Reasons Why Bali Continues To Be A Favourite Among Indian Travellers:

Because Bali Has Some Of The Most Photographed Temples In The World

Tanah Lot Temple is one of Bali’s most iconic Hindu temples, dramatically perched on a rock formation in the sea. It is especially photogenic at sunset, when the rising tide surrounds the rock, creating a surreal view. To reach the temple, visitors walk from the shoreline to the temple rock itself. The rising water level at high tide makes the scene even more striking. Apart from Tanah Lot, other important temples that reflect Balinese culture include Batu Bolong Temple and Pura Luhur Uluwatu. Bali is well-known for its beaches, but Kuta Beach continues to be the most famous among them. Whether you want to surf, sunbathe or enjoy the nightlife, Kuta has it all. The beach is popular for its golden sand and strong waves, ideal for both beginners and experienced surfers. For those looking to enjoy beachside parties, this is the place to be. The area also has budget-friendly clubs and pubs, mak-

ing it a hotspot for younger travellers. Other scenic beaches nearby include Amed Beach, Seminyak Beach and Jimbaran Beach.

Located in the heart of Ubud, the Sacred Monkey Forest Sanctuary is a major attraction for tourists. Spread across 125 hectares, the sanctuary is home to over 1,200 grey long-tailed macaques. Apart from the wildlife experience, the forest also holds spiritual and cultural significance, with several ancient temples nestled within. The cool, dense forest provides a peaceful escape and a chance to observe Bali’s connection between nature and spirituality. If you are looking for something more adventurous, Bali’s active volcanoes offer a thrilling escape. Mount Batur is a popular spot for sunrise trekking and offers panoramic views once you reach the summit. The 13-hectare Batur Caldera also features a cold-water lake, and nearby natural hot springs offer the perfect reward after a long trek. Mount Agung, the highest point in Bali, is also culturally significant and is considered sacred by locals. Adventure lovers have plenty to look forward to in Bali. From volcano trekking to surfing and scuba diving, the island offers diverse options. Surfing spots like Canggu and Seminyak are suitable for all skill levels. Meanwhile, Bali’s underwater world is equally fascinating. With access to more than 17,000 surrounding islands, scuba diving is one of the most popular water activities. Bali’s coral reefs, shipwreck sites and marine biodiversity draw diving enthusiasts from all over the world. Bali has a tropical climate, making it a year-round destination, but it does have distinct wet and dry seasons. The dry season runs from April to October and is generally the best time to visit for beach holidays, outdoor activities and sightseeing. The wet season,

from November to March, sees more rainfall, but it is still warm and lush. Many travellers prefer the shoulder seasons-April to May and September to October-for fewer crowds and pleasant weather. Bali’s food scene is a big part of its cultural appeal. Local dishes such as Nasi Goreng (fried rice), Babi Guling (suckling pig), Satay Lilit (minced seafood satay), and Lawar (spiced meat and vegetable salad) are worth trying. Ubud is known for its organic cafes and vegan-friendly options, while Seminyak and Canggu are packed with trendy restaurants serving fusion cuisine. Whether it is street food or a fine-dining experience, Balinese cuisine delivers big on flavour. Whether it is a romantic honeymoon, an adventure-packed getaway, or a peaceful wellness retreat, Bali offers experiences that cater to all types of travellers. These are just a few reasons why Bali continues to be one of the top international destinations for Indian tourists.



8 Essential Tips To Avoid Falling Sick On A Long-Haul Flight

Let’s face it — long-haul flights aren’t known for their health benefits. Between bone-dry cabin air, germ-y surfaces, and close quarters with hundreds of other passengers, it’s no wonder many travellers land feeling run-down or sick. From the shared tray tables to that one person coughing non-stop nearby, your immune system is under pressure from take-off to touchdown. The good news? With a few easy, proactive steps, you can reduce your chances of picking up a cold, stomach bug, or worse while flying. Here’s how to stay healthy in the air — and arrive feeling human, not like a congested, jet-lagged mess.

Hydration Is Your Best Mate

Cabin air is dry — like Sahara Desert dry. Humidity levels in the cabin can dip below 20%, compared to the comfortable 40-60% we’re used to on the ground. That dry air can zap moisture from your skin and mucous membranes, weakening your body’s first line of defence against germs. Drink water regularly throughout the flight (at least 250ml every hour). Skip alcohol and caffeine if you can — they’re both dehydrating. Bring a reusable water bottle and ask cabin crew for top-ups. For bonus points, bring a hydrating facial mist or moisturiser to keep your skin from drying out.

Flying doesn’t cause illness — it just makes you more vulnerable to picking something up. A strong immune system gives you a fighting chance. In the days before your flight, load up on nutrient-rich foods (think colourful fruit and veg), get plenty of sleep, and avoid stress as much as possible. Some studies suggest that Vitamin C, zinc, and probiotics may help support immunity, but the key is consistency-not popping a pill right before boarding. Mask-wearing has become second nature post-pandemic, but even now, many travellers ditch them after take-off. If you’re near someone who’s coughing, sneezing, or visibly unwell, a mask can add an extra layer of protection — especially on long-haul flights where you’re exposed for extended periods. Keep a couple of high-quality masks (like N95 or FFP2) in your carry-on. You don’t have to wear one the whole flight, but it’s a smart idea to pop one on if you’re stuck next to someone who’s unwell.

According to multiple studies, tray tables are among the dirtiest surfaces on a plane — often dirtier than the toilet flush button. They’re rarely cleaned between flights, making them prime real estate for bacteria and viruses. Wipe down your tray table, seatbelt buckle, armrests, and touchscreen with antibacterial wipes as soon as you sit down. And please don’t rest your snacks directly on the tray table. That’s just asking for trouble. It’s tempting to remain glued to your seat for the entire flight — especially if you’ve scored a window spot — but long



periods of sitting can slow your circulation and leave you feeling groggy or worse. Get up and stretch your legs every 1-2 hours. Walk the aisle, do a few subtle stretches near the galley, and flex your ankles and calves while seated. Not only does this help prevent deep vein thrombosis (DVT), but it also keeps your body feeling more energised and less sluggish when you land.

Your body repairs itself while you sleep, so skimping on rest can leave you run down and more vulnerable to bugs. But sleeping on a plane isn’t exactly easy. Bring noise-cancelling headphones or earplugs, a sleep mask, and consider using a travel neck pillow that supports your head properly. Avoid caffeine before the flight and aim to sleep in alignment with your destination’s time zone. Melatonin supplements can help some people reset their body clock — though check with a healthcare provider before using.

Touch your face often? You’re not alone. Studies show we do it around 20 times an hour-and every time, you’re giving germs a direct path to your nose, mouth, or eyes. Use hand sanitiser (with at least 60% alcohol) frequently, especially after touching high-traffic surfaces like lavatory handles, seat pockets, or overhead bins. And avoid rubbing your eyes or nibbling your nails mid-flight. Your immune system will thank you. Unless your airline is known for pristine cleanliness, assume those complimentary blankets and pillows are... less than fresh. Many aren’t washed between flights, especially on shorter turnaround routes. Bring your own travel pillow and a large scarf or lightweight blanket. You’ll be warmer, cleaner, and a lot less anxious about what might be lurking in that mystery-fabric airline issue.

Excessive Armpit Sweating: Causes and Effective Solutions

Sweaty armpits can feel embarrassing and uncomfortable. There are different underlying causes, but you can manage most of them with the right approach. If your sweat seems excessive, constant, and hard to control, it may be a sign of a condition called axillary hyperhidrosis. Sweating keeps your body cool. In some cases, your sweat glands (the small organs that make sweat) can go into overdrive when something overstimulates your body. Common causes of sweating include:

- Alcohol
 - Caffeine
 - Heat and humidity
 - Hormonal changes, such as from puberty, pregnancy, or menopause
 - Monosodium glutamate (MSG), a common food additive
 - Nicotine
 - Physical activity
 - Spicy, salty, or sugary foods
 - Stress
- Primary hyperhidrosis is a condition where your body sweats more than it needs to, even without heat or physical activity. It follows a common pattern and typically:
- Affects both underarms
 - Doesn't happen while sleeping
 - Occurs at least once a week
 - Runs in families, in about 30–50% of cases



Starts before age 25
Secondary hyperhidrosis occurs when another medical condition or medication causes your body to sweat more than usual. It often starts later in life and affects larger areas of your body.

Too much alcohol or other substances
Anxiety or panic disorder
Certain cancers, such as Hodgkin's lymphoma
Diabetes or thyroid conditions
Heart or lung conditions
Infections like human immunodeficiency virus (HIV) or tuberculosis
Neurological disorders, like Parkinson's disease

Obesity
Medications that may trigger sweating include
Antibiotics and antivirals
Diabetes treatments
Hormone therapies
Heart and blood pressure medications
Pain relievers
Mental health medications

At-home remedies can help reduce sweating and improve comfort throughout the day. This may include using specific deodorants and lifestyle or grooming habit changes. Combining these remedies with medical treatments prescribed by

your doctor may give you the best results. If you still sweat after using deodorant, it may be because deodorant only masks odor rather than blocking sweat like an antiperspirant. Antiperspirants contain aluminum chloride or aluminum zirconium that block your sweat glands and reduce moisture.⁹ Some also include salicylic acid to improve absorption and speed up drying.¹ If regular-strength options don't help, try clinical-strength antiperspirants.

Keeping your skin clean and dry can help antiperspirants work better and reduce odor. Here are some hygiene tips:

Shower daily and dry your underarms completely
Exfoliate once or twice a week with a soft washcloth, glove, or gentle scrub to help unclog sweat glands and remove buildup.
Let your skin cool before dressing after a hot shower to avoid trapping heat.
Shave or trim your underarm hair to help reduce trapped moisture (if you exfoliate, do that before shaving to avoid irritation)

Doctors may suggest stronger treatments if home remedies aren't working well. This may include oral (by mouth) or topical (on skin) medications, or Botox injections. In some cases, if other options aren't working, they may try surgery.



Is Multiple Myeloma Hereditary?

Multiple myeloma is a type of blood cancer that forms in plasma cells, white blood cells that produce infection-fighting antibodies. Multiple myeloma is not hereditary, meaning it is not passed down through families. Instead, multiple myeloma develops due to genetic mutations (changes) in the DNA of plasma cells. What causes these genetic mutations is not fully understood, but a combination of environmental, lifestyle, and family history factors likely plays a role. Research shows that multiple myeloma develops when genetic mutations occur in the DNA of plasma cells. These mutations cause healthy plasma cells to transform into abnormal cancerous cells that grow and multiply uncontrollably in bone marrow.

While genetic changes to the DNA are what may cause multiple myeloma, abnormal chromosomes may contribute to the cancer development as well. DNA has instructions for nearly all cellular functions, including how and when cells grow and divide. Specific genes control cell growth and death. When the DNA of these gene cells mutate (change), multiple myeloma can form. Proto-oncogenes: One genetic mutation that can lead to multiple myeloma is a change in proto-oncogenes, which control how cells grow and divide. When these genes mutate, they are then called oncogenes. If oncogenes are activated (turned on), they can cause cancer cells to grow and divide out of control. Tumor suppressor genes: Another

genetic mutation that can lead to multiple myeloma is a change to tumor suppressor genes. These genes slow cell growth or trigger cell death at appropriate times. When a mutation causes tumor suppressor genes to deactivate (turn off), cancer can spread to other organs.

These two mutations aren't typically inherited directly (passed from parent to child) but develop over time within the DNA of plasma cells.⁷ Multiple myeloma usually develops due to acquired genetic mutations that can occur in response to various environmental factors, such as exposure to herbicides like glyphosate.

A chromosome is a thread-like structure within a cell that holds the DNA.¹⁰

National Human Genome Research Institute. Chromosome. Changes or errors in chromosomes—such as deletions (missing parts) or translocations (segments that have swapped places)—can disrupt the DNA and, in turn, normal cell function.

Chromosomal abnormalities can contribute to the uncontrolled growth of abnormal plasma cells in multiple myeloma. About 50% of people with multiple myeloma have a chromosome translocation, where parts of different chromosomes switch places. If this happens near an oncogene, it can switch on the oncogene, causing uncontrollable growth of abnormal cells. Some people with multiple myeloma have chromosomal abnormalities that make the disease more aggressive and resistant to treatment. Multiple myeloma is not hereditary, meaning genetic mutations associated with the

disease do not run in families and are not passed down from parent to child. However, a family history is one of the few well-established risk factors for multiple myeloma. People with a first-degree relative, such as a parent or sibling, with multiple myeloma have a 2-4 times higher risk of developing the disease compared to the general population. Researchers are still investigating why people with a family history of multiple myeloma have a higher risk of the disease, but shared environmental or lifestyle factors, such as chemical exposures or dietary habits, may contribute. A family history of certain autoimmune disorders, such as rheumatoid arthritis, is also associated with a higher likelihood of developing multiple myeloma. This suggests that inherited immune system dysfunction may also contribute to this cancer in some cases. In addition to family history, several risk factors are associated with an increased risk of developing multiple myeloma. These include:

Age: Multiple myeloma is most common in people who are 65 and older. The risk increases with age due to age-related changes in immune function and the development of acquired (non-inherited) genetic mutations over time.¹⁸

Urban VS, Cegledi A, Mikala G. Multiple myeloma, a quintessential malignant disease of aging: A geroscience perspective on pathogenesis and treatment. Geroscience. Gender: Men are more likely to develop multiple myeloma than women, though the reasons for this difference are not fully understood.

Yoga, Walking, and Tai Chi Are the Best Exercises for Sleep, Research Finds



It's no secret that regular exercise can help you sleep better—but which types of physical activity are best when you really, really need more shut-eye? According to a new study, several standouts may be especially effective for easing insomnia: yoga, Tai Chi, and walking or jogging. Chronic insomnia affects about 12% of Americans and can significantly impact both health and quality of life.² While cognitive behavioral therapy remains the gold-standard treatment, this new research points to a natural alternative—especially for those who may have limited access to therapy, said Swetha Gogineni, MD, a pulmonologist and sleep medicine physician at UCLA Health. “Previous studies have analyzed the impact of acute exercise versus more consistent exercise on sleep and others have grouped exercise together as a whole,” said Gogineni, who wasn't involved with the research. “This study delineates between the different types of exercise.”

To investigate which types of exercise might improve nighttime sleep, researchers analyzed 22 randomized controlled trials involving 1,348 people with either insomnia symptoms or clinically diagnosed insomnia, based on standard diagnostic criteria. The studies examined 13 strategies, including non-exercise treatments like cognitive behavioral therapy and massage for comparison, as well as:

As expected, cognitive behavioral therapy had “broad-spectrum and durable effects” on sleep, the researchers noted. Among the exercises examined, yoga showed the most promise—it was associated with a nearly two-hour increase in total sleep time, an almost 16% improvement in sleep efficiency, and a roughly 30-minute reduction in sleep onset.

Walking or jogging was linked to an almost 10-point improvement in insomnia severity as measured by the researchers' scoring system, while Tai Chi was associated with a more than 50-minute increase in total sleep time and a roughly 25-minute reduction in the time it took to fall asleep. “The findings of this study further underscore the therapeutic potential of exercise interventions in the treatment of insomnia,” the authors concluded. Still, the study has limitations. The authors noted that 15 of the included trials—about 68%—had design or methodological flaws, and some were small in size.

Michael A. Grandner, PhD, director of the Sleep & Health Research Program and associate professor of psychiatry at the University of Arizona College of Medicine, told Health that it was difficult to assess the new research because it didn't cite or link directly to the studies it reviewed. According to Grandner, exercise “can increase daytime energy levels, mood, cognition, and other effects that may counteract the negative effects of insomnia.” Walking or jogging may improve sleep through a “synergistic effect,” the authors noted, including by lowering cortisol while boosting melatonin. As for yoga, some research suggests that its focus on controlled breathing and body awareness may increase levels of GABA—a neurotransmitter that helps promote sleep. Tai Chi may also support better rest by encouraging relaxation and enhancing emotional regulation, the study authors added.

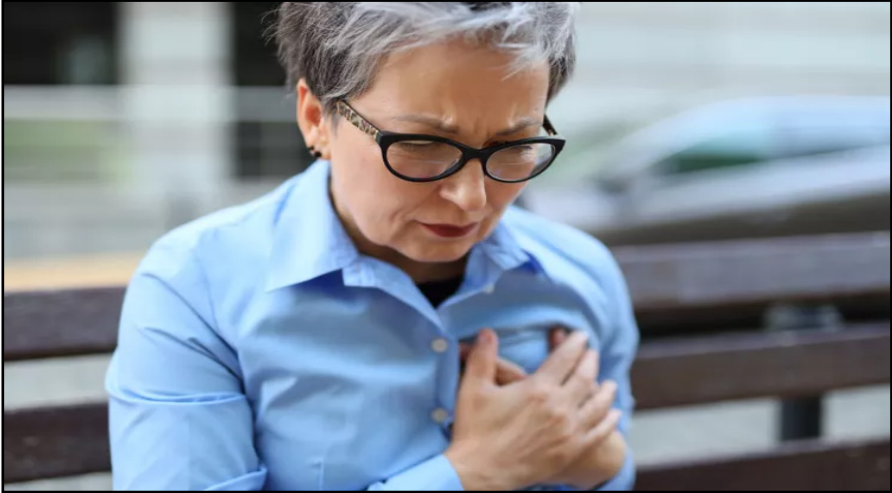
If you're struggling with insomnia, Grandner recommends reaching out to a behavioral sleep medicine expert or a board-certified sleep physician. You can find providers through the websites of the Society of Behavioral Sleep Medicine and

the American Academy of Sleep Medicine. While the study highlighted that certain types of exercise may be especially helpful for improving sleep, Grandner encouraged people to “feel free to explore” what works best for them. “In general, you should pick an activity you enjoy and can stick to,” Gogineni told Health. The American Heart Association recommends that adults aim for at least 150 minutes of moderate physical activity per week.

“Exercise in relation to sleep is not about getting you tired,” Grandner said. “It's about improving your mind and body to better be able to sleep.” The concept of CBT is grounded in the theory that your thoughts and behaviors can affect your emotional well-being and physical health. As a result, the goal of CBT is to identify negative or disruptive thinking patterns and replace them with healthier thoughts and emotions. Cognitive behavioral therapy is based on the premise that your thoughts or perceptions about a situation—rather than just the situation itself—determine the way you feel and behave. These thought or belief patterns are often learned from your past experiences.

For example, this might involve recognizing a thought pattern such as “I can't handle the pain anymore” and changing it to “I've handled pain before and I can handle it again.” The purpose of CBT is not to rid or remove problems or worries from your life. Instead, it's to reframe the outlook on how you manage your life's situations and circumstances, which may then help change your behaviors and overall health and well-being. Your CBT sessions with a mental health professional (e.g., psychologist, social worker, licensed counselor) can vary based on your condition, symptoms, and needs.

Types of Cardiac Arrest



There are different types of cardiac arrest, which include:

Cardiac arrest: The heart abruptly stops working, resulting in a loss of blood flow and circulation.

Sudden cardiac arrest: A cardiac arrest that occurs unexpectedly

Sudden cardiac death: Occurs when a cardiac arrest results in death

Aborted sudden cardiac death: Happens when CPR and medical intervention effectively prevents death caused by a cardiac arrest

Signs and Symptoms

If you witness someone who suddenly collapses, is gasping, or is unable to breathe, err on the side of caution and suspect that they are undergoing a cardiac arrest. At this time, it's paramount to begin CPR. This could be the difference between life and death. It is estimated that immediate CPR can double or triple the chances of survival.

Be on the lookout for the following signs of

cardiac arrest:4

- Sudden collapse
- Loss of consciousness
- Inability to wake up even after shaking them or shouting
- Gasping for air or lack of breathing
- Not having a pulse

Causes

Cardiac arrest occurs when the heart is suddenly unable to deliver blood to the body. Your organs and tissues require a constant supply of oxygen from the blood to survive. The brain is especially vulnerable to periods of low oxygen—a complication known as ischemia. Lack of blood flow to the brain, called cerebral ischemia, leads to collapse and loss of consciousness within seconds during a cardiac arrest. During a cardiac arrest, there is no heartbeat to provide blood flow to the brain and other major organs. Every second counts, so it's essential to recognize cardiac arrest and start immediate cardiopulmonary resuscitation (CPR).

Carlos Alcaraz Beats Taylor Fritz Moves



New Delhi: Carlos Alcaraz is one win away from securing the year-ending No. 1 ranking. Alcaraz rallied past Taylor Fritz 6-7 (2), 7-5, 6-3 on Tuesday at the ATP Finals and now needs to either win his final group match against Lorenzo Musetti or an eventual semifinal to finish a year No. 1 for the second time in his career. Alcaraz, who improved to 2-0 at the season-ending event for the top eight players, could seal a spot in the semifinals if Alex de Minaur beats Musetti later. Alcaraz now tops the Jimmy Connors group ahead of Fritz, who is 1-1. De Minaur and Musetti are both 0-1. The top two finishers in each group advance to the semifinals.

Sinner leads his group after beating Felix Auger-Aliassime in his opener on Monday.

Are Shubman Gill and company prepared for their first serious test against the WTC Champions

New Delhi: After sweeping aside the West Indies in his first home assignment as Test captain, a major challenge now awaits Shubman Gill as Temba Bavuma's South Africa arrive on Indian shores.

Traditionally, the Proteas have always tested India even in subcontinental conditions, but this time they come not merely as fierce competitors but as the reigning World Test Champions. As India prepare to face South Africa, the question of who will anchor the crucial No. 3 position remains unresolved. Sai Sudharsan has held the role since the England tour but is yet to make it his own. With 273 runs from nine innings, his performances have been patchy, showing promise without consistency. He did, however, offer a glimpse of his potential during the second Test against the West Indies, scoring 87 and 39. But the upcoming challenge against South Africa's potent bowling attack will be a far sterner examination.

There have also been discussions about promoting Dhruv Jurel to No. 3 and using him purely as a specialist batter, though whether that plan materialises remains to be seen. The Indian team management fielded Nitish Kumar Reddy in both Tests against the West Indies with an eye on



grooming him for future overseas tours. However, his limited involvement, bowling just four overs and scoring 43 runs in a single innings, has raised questions about the clarity of his role within the side. Given how little his all-round skills were uti-

lised, handing a game to Axar Patel might have been the more pragmatic choice. Axar, who has been awaiting an opportunity in red-ball cricket since 2024, could offer greater balance in home conditions. The management must, therefore, adopt a more

discerning approach when identifying the ideal all-rounder for Indian pitches. South Africa finally ended their 27-year wait for an ICC title earlier this year, defeating defending champions Australia in the World Test Championship final at Lord's. Since February 2023, the Proteas have enjoyed a remarkable run under Bavuma's leadership, remaining unbeaten in Test cricket throughout his tenure.

In the ten matches led by Bavuma, South Africa have won nine Tests, with the only blemish being a rain-affected draw against the West Indies in Port of Spain. His near-flawless captaincy record is bound to concern India, who are still in the process of rebuilding their once-formidable home dominance after being whitewashed 0-3 by New Zealand in 2024.

Adding to India's worries is South Africa A's impressive victory over a near full-strength Indian bowling attack in the second unofficial Test in Bengaluru. Despite setting a daunting target of 417, India's bowlers, Mohammed Siraj, Akash Deep, Prasidh Krishna, and Kuldeep Yadav, failed to defend it as South Africa A chased it down comfortably to register a five-wicket win.

2026 World Cup will be Ronaldo's last, the Portugal forward confirms

New Delhi: Cristiano Ronaldo put a timeline on his cryptic retirement hint on Tuesday, saying he will hang up his boots in "one or two years" after telling the world that he would be retiring soon. The Portugal forward, who has scored over 950 goals for club and country, made his debut as a teenager at Sporting in 2002 and said in an interview that he would retire soon to spend time with his family. Ronaldo extended his contract with Saudi Arabian side Al-Nassr until 2027 in June and the 40-year-old Portuguese is also targeting next year's World Cup, the only major title missing from his trophy cabinet. Soon for me means in 10 years... No, I'm joking," Ronaldo said via video call at a Saudi-hosted global summit on tourism and investment. "I'm really enjoying the moment right now. As you know, in football, when you reach some age, you count the months very quick. "I feel very good in this moment. I score goals, I still feel quick and sharp. I'm enjoying my game in the national team. But of course, let's be honest. What I mean by soon is probably one or two years. With Portugal on the verge of qualifying for the 2026 World Cup, Ronaldo confirmed the tournament in the United States, Canada and Mexico will be his swansong on football's biggest stage.

"I don't want to add pressure to that, because what I want for him is to be happy. It doesn't matter if you want to play football or play another sport. Be happy, be free. Don't be with the pressure of your daddy because that is a lot. "This is a new generation, a different generation. They think different, they live different. But as a father, I'm here to help him to be whatever he wants to be. I will be his support. "Definitely, yes, because I will be 41 years old (at the World Cup)," said Ronaldo, who is also the top scorer in history with 143 international goals. "I gave everything for football. I've been in the game for the last 25 years. I did everything, I have many records in the different scenarios in the clubs and also in the



national teams. "I'm really proud. So let's enjoy the moment, live the moment." Ronaldo said he knows he will go down in history as one of the best players ever. But can his son Cristiano Jr, who is following in his footsteps by playing for the Portugal Under-16 team, be a better player than his father? "As human beings, we always don't want anybody being better than us. But I wish my kids will be better than me. I'm never going to be jealous of him," he said.

Aishwary Tomar equals world record to win silver 50m rifle 3P ISSF World Championships

New Delhi: Olympian Aishwary Pratap Singh Tomar continued his stellar form on the international stage, clinching the silver medal in the men's 50m rifle 3 positions event at the ISSF World Championships in Cairo on Tuesday. The 24-year-old, who has been one of India's most consistent rifle shooters in recent years, shot 466.9 in a tense final to finish second behind China's Yukun Liu (467.1). France's Romain Aufrere took the bronze with 454.8, while India's Niraj Kumar also put up a strong performance, finishing fifth with 432.6. Earlier in the day, Aishwary had already made headlines by equalling the world record in qualification, shooting 597.40x to comfortably advance to the final. His compatriot Niraj also qualified with an impressive 592, underlining India's depth



in rifle shooting. Aishwary maintained his composure in a closely fought final that saw the top three separated by less than two points through most of the contest. He briefly led after the prone series before being edged out by Liu in the final few shots. On Monday, in the men's 10m air pistol event, Samrat Rana delivered a performance for the ages to earn India's first-ever gold in the discipline at the World Championships. Rana shot a total of 243.7, finishing 0.4

points ahead of China's Hu Kai, while Varun Tomar took the bronze with 221.7, ensuring a double podium for India. The 21-year-old Rana's composure in the tense final was remarkable. He trailed early on but produced back-to-back 10.9s in the closing stages to seize the lead. He needed a 10.3 or higher on the last shot to clinch gold — and delivered with a 10.6. Rana had earlier topped the qualification with 586, followed closely by Tomar, also on 586.

Wealth Games will soon be available: PT Usha, IOA

Ahmedabad: Indian Olympic Association (IOA) President PT Usha said that the announcement regarding the 2030 Commonwealth Games will be made soon, with a public declaration expected around November 25-26 during the upcoming AGM in Glasgow. PT Usha was present at DLF Avenue, Saket, where Union Minister of Youth Affairs & Sports Mansukh Mandaviya unveiled the King's Baton for the Glasgow 2026 Commonwealth Games (CWG) in the nation's capital on Tuesday. Speaking on the 2030 Commonwealth Games announcement, PT Usha told the media, "...The announcement of the 2030 Commonwealth Games will come very soon, and the public announcement will come on November 25-26. There is an AGM in Glasgow...It will be a good inspiration for all our players. Last month, the Executive Board of Commonwealth Sport announced that it would recommend Ahmedabad as the host city for the 2030 Centenary edition of the Commonwealth Games.

Ahmedabad will now be put forward for full Commonwealth Sport membership, with the final decision to be made at the Commonwealth Sport General Assembly in Glasgow on 26 November 2025, according to a press release from the official Commonwealth Games website, which is also the official website of Commonwealth Sport. which assessed candidate cities on multiple parameters, including technical delivery, athlete experience, infrastructure, governance, and alignment with Commonwealth values.

Ranji Trophy: Mayank Agarwal adds to his rich record at Pune

New Delhi: Minutes after Shreyas Gopal was named Player of the Match against Maharashtra, Karnataka captain Mayank Agarwal wore a look of quiet satisfaction. Not only had he extended his remarkable batting run in Pune — where he boasted a Test hundred and a Ranji triple hundred before this game's century — Ranji Trophy Group B clash. "V they put us in a spot of bother. We couldn't play the free-flowing cricket needed to set up a result. Still, very happy with how we played." between Abhinav (Manohar) and me really put us in a great space. It allowed us to consolidate and ensured Maharashtra couldn't push for a chase."

Should Mumbai Indians Release Rohit Sharma Ahead Of IPL 2026 Auction

New Delhi: Ahead of the IPL 2026 retention day deadline on November 15, several rumours are doing the rounds. One among them is that former Mumbai Indians skipper Rohit Sharma may be released by the franchise. However, the franchise put an end to the speculation with a social media post. But does retaining Rohit, who is 38, actually make sense for MI in the long run? Former India and Chennai Super Kings star Suresh Raina had an interesting observation. "They should hold him (Rohit Sharma); he has won a lot of trophies for them. Deepak Chahar is just in - it depends on what options they have, so they can either release him or retain him, but they might not get players at the auction. So I think they should retain him. They should retain him (Trent Boult); he is a gun player. The advantage that he has as a left-arm bowler - they should retain him," Raina told Star Sports. Five-time IPL champions Mumbai Indians put an end to rumours suggesting a trade involving former captain Rohit Sharma to Kolkata Knight Riders, responding with a clever social media post that assured fans of the star opener's continued association with the franchise. Despite persistent speculation since his captaincy handover to Hardik Pandya, MI's message made it clear that Rohit will remain a key part of their setup for another season.



MI put a spin on KKR co-owner Shah Rukh Khan's iconic Don movie dialogue and wrote, "Sun will rise tomorrow again ye toh confirm hai, but at (K)night... mushkil hi nahi namumkin hai (it is not only difficult but impossible)."

Rohit enjoyed a solid outing in IPL 2025, scoring 418 runs in 15 matches at a strike rate close to 150 and an average of around 30. His four half-centuries, including a fluent 81, underlined his trademark timing and composure at the top. Though MI had an up-and-down campaign, Rohit's brisk starts were instrumental, reaffirming his enduring value in the league.

Sharma shining right 15-year-old Pranay DDCA U-16 league



New Delhi: Fifteen-year-old Pranay Sharma, a left-arm orthodox spinner and right-handed batsman from Bosco Public School, Paschim Vihar, is emerging as one of Delhi's standout young cricketers. Balancing academics with his passion for the game, Pranay has already built a reputation for consistency and leadership in junior cricket circles. Currently captaining the Pelican U-16 team in the Delhi District Cricket Association (DDCA) U-16 League 2025-26, Pranay has led from the front with strong all-round performances. In three league matches so far, he has scored 295 runs -- including a 159* and a 98 -- while taking six wickets at an impressive economy. His efforts have been instrumental in his team's early success, according to a press release. Pranay's cricketing foundation is equally solid. He was the highest wicket-taker in the Delhi Zonal U-17 Tour-

nament in 2024 and represented the Central Zone at the CBSE Nationals 2025, where his team secured a bronze medal. Over his career to date, he has recorded more than 4,300 runs and 520 wickets in competitive matches. Speaking about his journey, Pranay said as quoted by the press release, "Cricket has always been more than just a game for me -- it's a passion that drives me every day. I try to learn something new from every match and focus on improving both as a player and as a leader. My goal is to represent Delhi at the senior level and eventually wear the India jersey." With inspiration drawn from players like Yuvraj Singh and Ravindra Jadeja, and strong family support, Pranay continues to refine his game with dedication and discipline. His early performances signal a promising journey ahead in Delhi's cricketing landscape.

ATP Finals: Jannik Sinner storms past Felix Auger-Aliassime to begin title defence

New Delhi: Italy's Jannik Sinner began his bid to retain the ATP Finals title with a resounding 7-5, 6-1 win over injury-hit Canadian Felix Auger-Aliassime in their round-robin clash at a packed Inalpi Arena on Monday. The pair were meeting for the fourth time since August, and eight days after their last clash, with the outcome the same as Sinner eased into the match before overpowering Auger-Aliassime, who needed medical attention during the second set. Sinner extended his incredible

indoor hardcourt winning streak to 27 matches, his last defeat on the surface coming against Novak Djokovic in the 2023 ATP Finals decider. The Italian is also in a battle with Carlos Alcaraz to end the year as world number one. Sinner must retain his title in winning two more matches after victory opening set while forcing five break points, displaying an impressive mixture of sharp backhand and forehand shots down the line. Auger-Aliassime hung in, smashing eight aces to Sinner's one during



the first set, often at just the right time as he saved four break points,

but the Italian came through when it mattered, breaking to win the set.